

# TOPTIEN ALLERTIJDEN

ABES vzw

## TOPTIEN OUTDOOR tot 28/09/2025

De IAAF-reglementen zijn hier van toepassing!

### Benamins meisjes:

#### 60 meter

|                      |      |          |
|----------------------|------|----------|
| 1. PLINCKE Ines      | 9.0  | 12 05 94 |
| DE WIT Barbara       | 9.0  | 12 05 94 |
| 3. WINTERS Helena    | 9.35 | 29 07 17 |
| 4. HUYSMANS Anouk    | 9.3  | 22 07 95 |
| 5. WUYTS Louise      | 9.67 | 02 07 16 |
| 6. LEQUESNE Marijke  | 9.79 | 14 09 96 |
| 7. SAGON Julie       | 9.80 | 27 08 05 |
| 8. NAGELS Rani       | 9.81 | 12 09 04 |
| 9. DRUANT Frauke     | 9.6  | 05 07 91 |
| 10. AKENZUA Michelle | 9.93 | 13 06 04 |

#### ver

|                        |      |          |
|------------------------|------|----------|
| 1. PLINCKE Ines        | 4,04 | 06 08 94 |
| 2. WINTERS Helena      | 3,91 | 29 07 17 |
| 3. VAN HOYWEGHEN Joyce | 3,73 | 17 05 02 |
| 4. KOZICKA Maya        | 3,68 | 29 06 19 |
| 5. DE WIT Barbara      | 3,66 | 30 04 94 |
| 6. LIEFOOGHE Jo-anne   | 3,64 | 24 08 12 |
| VAN DONINCK Liese      | 3,57 | 23 06 01 |
| 8. CHAULIAC Margot     | 3,55 | 27 07 02 |
| 9. NAGELS Rani         | 3,55 | 12 09 04 |
| 10. AKENZUA Michelle   | 3,54 | 21 05 04 |

#### kogel (1kg)

|                         |       |          |
|-------------------------|-------|----------|
| 1. LIEFOOGHE Jo-anne    | 11,97 | 06 10 12 |
| 2. PLINCKE Ines         | 9,30  | 13 08 94 |
| 3. SAGON Julie          | 8,82  | 15 10 05 |
| 4. V D JONCKHEYD Lisa   | 7,89  | 11 09 05 |
| 5. WINTERS Helena       | 7,26  | 20 05 17 |
| 6. DE WIT Barbara       | 7,14  | 18 09 94 |
| 7. V. HOYWEGHEN Whitley | 7,03  | 27 05 05 |
| 8. DE DOBBELAERE Elke   | 6,91  | 27 07 13 |
| 9. CHAULIAC Margot      | 6,88  | 19 04 02 |
| 10. VAN DEN HEMEL Eline | 6,68  | 24 04 09 |

#### 4-kamp

|                          |       |          |
|--------------------------|-------|----------|
| 1. LIEFOOGHE Jo-anne     | 1747p | 07 07 12 |
| 2. WINTERS Helena        | 1323p | 05 06 17 |
| 3. SAGON Julie           | 1275p | 23 04 05 |
| 4. VAN HOYWEGHEN Joyce   | 1184p | 05 10 02 |
| GODDEN Elke              | 1156p | 13 08 05 |
| 6. V D JONCKHEYD Lisa    | 1152p | 13 08 05 |
| 7. CHAULIAC Margot       | 1152p | 11 08 02 |
| 8. DE DOBBELAERE Elke    | 1066p | 15 09 13 |
| 9. NAGELS Rani           | 1060p | 24 04 04 |
| 10. VAN DEN BOSCH Debbie | 1053p | 02 08 97 |

#### 600 meter (vanaf 2009)

|                        |         |          |
|------------------------|---------|----------|
| 1. WINTERS Helena      | 2.05.41 | 20 05 17 |
| 2. DE JONGHE Yael      | 2.05.50 | 02 06 13 |
| 3. DE DOBBELAERE Elke  | 2.06.70 | 03 08 13 |
| 4. MEUKENS Britt       | 2.07.24 | 02 05 10 |
| 5. DAEMS Silke         | 2.07.55 | 18 06 11 |
| LIEFOOGHE Jo-anne      | 2.07.55 | 30 09 12 |
| 7. VANHOVE Noor        | 2.08.70 | 29 09 13 |
| 8. VAN DEN BUYS Jitske | 2.09.05 | 23 07 18 |
| 9. HELLEMANS Marie     | 2.10.53 | 02 10 09 |
| 10. HORREVORST Noor    | 2.10.70 | 29 09 13 |

#### hoog

|                      |      |          |
|----------------------|------|----------|
| 1. PLINCKE Ines      | 1,31 | 17 06 94 |
| 2. LIEFOOGHE Jo-anne | 1,30 | 07 07 12 |
| 3. SAGON Julie       | 1,17 | 31 07 05 |
| 4. DE WIT Barbara    | 1,10 | 21 08 94 |
| 5. WINTERS Helena    | 1,08 | 17 06 17 |
| 6. VANHOVE Noor      | 1,06 | 02 06 13 |
| 7. HUYSMANS Anouk    | 1,05 | 22 07 95 |
| 8. DE GREEF Nina     | 1,03 | 14 04 18 |
| 9. DENISSEN Caroline | 1,00 | 22 07 95 |
| LEQUESNE Marijke     | 1,00 | 06 07 96 |
| MASELIS Amber        | 1,00 | 21 09 08 |
| VAN DEN BUYS Jitske  | 1,00 | 14 04 18 |
| LEMMENS Eline        | 1,00 | 07 04 19 |
| THYS Eline           | 1,00 | 12 05 19 |

#### hockey

|                        |       |          |
|------------------------|-------|----------|
| 1. LIEFOOGHE Jo-anne   | 30,80 | 17 06 12 |
| 2. DE WIT Barbara      | 24,06 | 02 07 94 |
| 3. PLINCKE Ines        | 23,98 | 31 07 94 |
| 4. V D JONCKHEYD Lisa  | 23,67 | 04 09 05 |
| 5. SAGON Julie         | 23,51 | 15 10 05 |
| 6. VAN HOYWEGHEN Joyce | 22,91 | 05 10 02 |
| 7. DAEMS Silke         | 21,11 | 14 08 11 |
| 8. WINTERS Helena      | 20,52 | 29 07 17 |
| 9. MASELIS Amber       | 19,18 | 12 09 08 |
| 10. DE CLIPPELEIR Rani | 19,16 | 08 09 06 |

#### 1000 meter (tot en met 2008)

|                        |         |          |
|------------------------|---------|----------|
| 1. DE WIT Barbara      | 3.40.25 | 04 06 94 |
| 2. LEQUESNE Marijke    | 3.47.1  | 14 07 96 |
| 3. MASELIS Amber       | 3.48.27 | 21 09 08 |
| 4. HUYSMANS Anouk      | 3.51.2  | 23 09 95 |
| 5. GODDEN Elke         | 3.51.78 | 04 09 05 |
| 6. NAGELS Rani         | 3.52.37 | 05 06 04 |
| 7. BRIERS Katleen      | 3.52.42 | 14 09 96 |
| 8. PLINCKE Ines        | 3.53.03 | 04 06 94 |
| 9. VAN DE VEL Sara     | 3.53.42 | 16 05 03 |
| 10. CORNELISSENS Julie | 3.55.75 | 20 05 07 |

**4 x 60 meter**

|                                                                             |       |          |
|-----------------------------------------------------------------------------|-------|----------|
| 1. Lauren VANSLUYS, Anouk HUYSMANS, Ines PLINCKE, Barbara DE WIT            | 39.4  | 12 05 94 |
| 2. Elke GODDEN, Iris MASELIS, Lisa Van Der JONCKHEID, Julie SAGON           | 40.39 | 07 08 05 |
| 3. Eliza VAN DYCK, Eline LEMMENS, Ella LEMMENS, Maya KOZICKA                | 40.48 | 21 09 19 |
| 4. Olivia THYS, Hannelore VAN ELSEN, Nina DE GREEF, Helena WINTERS          | 41.82 | 27 08 17 |
| 5. Silke DAEMS, Janne BICKER, Elif BUYTAERT, Jo-anne LIEFOOGHE              | 41.91 | 18 06 11 |
| 6. Jitske VAN DEN BUYS, Nina DE GREEF, Hannelore VAN ELSEN, Eline THYS      | 41.95 | 02 09 18 |
| 7. Elke GODDEN, Whitley Van HOYWEGHEN, Iris MASELIS, Lisa Van Der JONCKHEID | 42.01 | 04 09 05 |
| 8. Iris KNORS, Marijke LEQUESNE, Debbie VAN DEN BOSCH, Katleen BRIERS       | 42.13 | 25 08 96 |
| 9. Roxanne MATTELE, Ellis MEEUSEN, Sara VAN DE VEL, Joyce VAN HOYWEGHEN     | 42.57 | 15 09 02 |
| 10. Elke DE DOBBELAERE, Noor VANHOVE, Joline BRUYNDONCKX, Shirley DE BRUYN  | 42.60 | 01 05 13 |

**3 x 600 meter**

|                                                             |         |          |
|-------------------------------------------------------------|---------|----------|
| 1. Shirley DE BRUYN, Joline BRUYNDONCKX, Elke DE DOBBELAERE | 6.46.71 | 18 08 13 |
| 2. Noor HORREVORST, Joline BRUYNDONCKX, Elke DE DOBBELAERE  | 6.51.49 | 26 05 13 |
| 3. Jitske VAN DEN BUYS, Hannelore VAN ELSEN, Eline THYS     | 7.01.87 | 02 09 18 |
| 4. Olivia THYS, Hannelore VAN ELSEN, Helena WINTERS         | 7.17.45 | 27 08 17 |
| 5. Nina DE GREEF, Ella LEMMENS, Eline LEMMENS               | 7.22.10 | 02 09 18 |
| 6. Nina DE GREEF, Jitske VAN DEN BUYS, Lize SMETS           | 7.26.24 | 10 05 18 |
| 7. Aline PEIFFER, Eliza VAN DYCK, Juliet SMOUT              | 7.28.21 | 30 05 19 |

## Benamins jongens:

### 60 meter

|                     |      |          |
|---------------------|------|----------|
| 1. BRIERS Kristof   | 9.23 | 23 09 95 |
| 2. PALINCKX David   | 9.0  | 03 10 97 |
| 3. AKENZUA Neil     | 9.27 | 27 09 02 |
| 4. BISSCHOPS Yaron  | 9.37 | 27 06 15 |
| 5. TERLAEKEN Arthur | 9.46 | 27 06 15 |
| 6. GODDEN Tom       | 9.49 | 23 09 05 |
| 7. COLLIER Quinten  | 9.3  | 09 05 97 |
| 8. WILLEMSSENS Sam  | 9.56 | 16 06 00 |
| VAN EYNDHOVEN Peter | 9.56 | 30 06 02 |
| DE KEYZER Bob       | 9.56 | 28 09 24 |

### ver

|                         |      |          |
|-------------------------|------|----------|
| 1. COLLIER Quinten      | 4,20 | 03 10 97 |
| 2. VAN DYCK Floris      | 4,00 | 05 09 20 |
| 3. PALINCKX David       | 3,93 | 21 07 97 |
| 4. VAN WOUWE Tom        | 3,92 | 14 04 01 |
| VERVOORT Wouter         | 3,82 | 15 08 92 |
| 6. V. LANGENDONCK Johan | 3,77 | 21 05 99 |
| 7. VAN EYNDHOVEN Peter  | 3,77 | 27 09 02 |
| 8. AKENZUA Neil         | 3,76 | 22 07 01 |
| 9. ROMBOUTS Ruben       | 3,75 | 22 07 01 |
| 10. LATTE Jan-Willem    | 3,73 | 28 06 14 |

### kogel

|                          |       |          |
|--------------------------|-------|----------|
| 1. STRUYF Wouter         | 11,97 | 30 05 93 |
| 2. VERDUYN Lennert       | 10,58 | 24 09 11 |
| 3. DESMET Milan          | 9,80  | 27 09 15 |
| 4. GEYSKENS Kobe         | 9,50  | 30 07 11 |
| 5. V. LANGENDONCK Stefan | 9,40  | 20 06 98 |
| 6. MOONS Dennis          | 9,29  | 12 05 94 |
| 7. VAN DYCK Floris       | 9,25  | 05 09 20 |
| 8. LATTE Jan-Willem      | 8,98  | 28 06 14 |
| 9. VERVOORT Wouter       | 8,54  | 26 07 92 |
| 10. BERKMANS Taro        | 8,48  | 15 06 13 |

### 4-kamp

|                        |       |          |
|------------------------|-------|----------|
| 1. DESMET Milan        | 1585p | 25 07 15 |
| 2. COLLIER Quinten     | 1578p | 02 08 97 |
| 3. VAN EYNDHOVEN Peter | 1576p | 05 05 02 |
| 4. VERDUYN Lennert     | 1541p | 21 05 11 |
| 5. BOONEN Jannes       | 1470p | 24 04 05 |
| 6. ROMBOUTS Koen       | 1466p | 02 08 97 |
| 7. PALINCKX David      | 1377p | 02 08 97 |
| 8. VEROFT Reidar       | 1360p | 31 07 10 |
| 9. GEYSKENS Kobe       | 1334p | 31 07 11 |
| 10. MASELIS Jonas      | 1328p | 19 09 04 |

### 600 meter (vanaf 2009)

|                        |                |                 |
|------------------------|----------------|-----------------|
| 1. <b>SEGHERS Loek</b> | <b>1.57.27</b> | <b>27 09 25</b> |
| 2. GEYSKENS Kobe       | 2.00.58        | 30 07 11        |
| 3. VEROFT Reidar       | 2.03.86        | 31 07 10        |
| 4. VANDURME Bob        | 2.04.08        | 12 06 11        |
| 5. JANSSENS Leon       | 2.05.37        | 28 07 18        |
| 6. TERLAEKEN Arthur    | 2.05.58        | 27 06 15        |
| 7. DE VOS Bas          | 2.06.06        | 25 08 17        |
| 8. VERDUYN Lennert     | 2.06.84        | 12 06 11        |
| 9. DESMET Milan        | 2.08.64        | 13 09 15        |
| 10. DE GREEF Mats      | 2.08.99        | 20 08 16        |

### hoog

|                      |      |          |
|----------------------|------|----------|
| 1. VERVOORT Wouter   | 1,27 | 15 08 92 |
| 2. VAN DYCK Floris   | 1,23 | 27 09 20 |
| 3. DESMET Milan      | 1,22 | 27 09 15 |
| MOONS Dennis         | 1,21 | 17 06 94 |
| 5. VERDUYN Lennert   | 1,21 | 20 08 11 |
| 6. STRUYF Wouter     | 1,18 | 03 10 93 |
| 7. UYTENHOVE Stef    | 1,15 | 08 07 12 |
| PALINCKX David       | 1,10 | 07 09 97 |
| 9. JANSSENS Stef     | 1,05 | 02 07 97 |
| SELS Milan           | 1,05 | 26 08 00 |
| ROMBOUTS Ruben       | 1,05 | 22 04 01 |
| VAN HOORENBEECK Alec | 1,05 | 09 06 07 |
| VAN DAMME Samy       | 1,05 | 25 06 11 |

### hockey

|                    |       |          |
|--------------------|-------|----------|
| 1. STRUYF Wouter   | 39,96 | 03 10 93 |
| 2. LACANTE Vincent | 33.35 | 23 09 05 |
| 3. VAN DAMME Samy  | 33.16 | 05 06 11 |
| 4. ROMBOUTS Ruben  | 33.10 | 10 08 01 |
| 5. TUYTELEERS Roel | 32,13 | 02 04 00 |
| 6. VAN DYCK Floris | 32,04 | 04 10 20 |
| 7. MOONS Dennis    | 31,67 | 02 07 94 |
| 8. VERVOORT Wouter | 31,44 | 23 05 92 |
| 9. MEEUSEN Dries   | 31,02 | 18 09 05 |
| 10. MEEUSEN Mats   | 30,72 | 02 04 00 |

### 1000 meter (tot 2008)

|                        |         |          |
|------------------------|---------|----------|
| 1. VAN EYNDHOVEN Peter | 3.31.57 | 30 06 02 |
| 2. BERTELS Brecht      | 3.33.06 | 16 05 03 |
| 3. MASELIS Jonas       | 3.33.09 | 24 04 04 |
| VAN HOORENBEECK Alec   | 3.33.09 | 22 09 07 |
| 5. BOONEN Jannes       | 3.33.57 | 01 10 05 |
| 6. ROMBOUTS Koen       | 3.34.91 | 07 09 97 |
| 7. WILLEKENS Rob       | 3.37.86 | 05 10 07 |
| 8. TUYTELEERS Roel     | 3.39.49 | 03 06 00 |
| 9. VAN WOUWE Tom       | 3.40.44 | 14 04 01 |
| 10. KENNES Niels       | 3.41.68 | 01 05 95 |

**4 x 60 meter**

|                                                                        |       |          |
|------------------------------------------------------------------------|-------|----------|
| 1. Tom GODDEN, Dries MEEUSEN, Vincent VAN REETH, Jannes BOONEN         | 38.26 | 04 09 05 |
| 2. Ruben ROMBOUTS, Peter V.EYNDHOVEN, Dieter VAN DE SANDE, Tom V.WOUWE | 39.33 | 23 06 01 |
| 3. Kristof BRIERS, Kevin DECKX, Wim NAVEAU, Toon CRAEN                 | 39.65 | 23 09 95 |
| 4. Jelle BICKER, Lennert VERDUYN, Evert STIENEN, Kobe GEYSKENS         | 39.77 | 30 04 11 |
| 5. Jelle BICKER, Evert STIENEN, VAN DAMME Sammy, Kobe GEYSKENS         | 39.89 | 17 09 11 |
| 6. Tijs DELBEKE, Niels VAN CAMP, Wouter STRUYF, Dennis MOONS           | 39.96 | 01 05 93 |
| 7. Jannes BOONEN, Nikolas DOM, Arno VERDUYN, Tom GODDEN                | 40.00 | 07 08 05 |
| 8. Samy VAN DAMME, Evert STIENEN, KOOLS Jitse, GEYSKENS Kobe           | 40.14 | 09 04 11 |
| 9. Stef JANSSENS, Wouter STRUYF, Dennis MOONS, Tys DELBEKE             | 40.33 | 12 09 93 |
| 10. Evert STIENEN, Kobe GEYSKENS, Samy VAN DAMME, Lennert VERDUYN,     | 40.47 | 31 07 11 |

**3 x 600 meter**

|                                                           |         |          |
|-----------------------------------------------------------|---------|----------|
| 1. Bob VERDURME, Kobe GEYSKENS, Lennert VERDUYN           | 6.23.33 | 21 08 11 |
| 2. Kobe GEYSKENS, Lennert VERDUYN, Reidar VEROFT          | 6.36.70 | 22 08 10 |
| 3. Milan DESMET, Arthur TERLAEKEN, Yaron Bisschops        | 6.37.37 | 30 08 15 |
| 4. Alex Janssens, Pär Van Der Haegen, Mats DE GREEF       | 6.52.74 | 28 08 16 |
| 5. Floris VAN DYCK, Jack VAN COTTHEM, Thibo VAN GAVER     | 7.20.42 | 25 08 19 |
| 6. Hannes BELLENS, Lennert VERDUYN, Floris MEEUSEN        | 7.31.14 | 23 08 09 |
| 7. Arthur Beernaert, Nand Van Regenmortel, Yoshi Berkmans | 7.43.15 | 28 08 16 |

## Pupillen meisjes:

### 60 meter

|                      |             |                 |
|----------------------|-------------|-----------------|
| 1. KOZICKA Maya      | 8.65        | 18 09 21        |
| 2. WINTERS Helena    | 8.74        | 29 06 19        |
| DRIES Evie           | 8.6         | 28 04 91        |
| PLINCKE Ines         | 8.6         | 02 08 96        |
| 5. DE VLEGELAER Jill | 9.03        | 25 05 17        |
| 6. DE WIT Barbara    | 8.8         | 06 04 96        |
| LEQUESNE Marijke     | 8.8         | 24 07 98        |
| 8. <b>DRUYTS Eef</b> | <b>9.05</b> | <b>11 05 25</b> |
| 9. WUYTS Louise      | 9.08        | 21 04 18        |
| 10. KEGELEERS Ninte  | 9.12        | 17 04 17        |

### 60m horden (0.76)

|                      |       |          |
|----------------------|-------|----------|
| 1. PLINCKE Ines      | 11.2  | 06 07 96 |
| 2. WINTERS Helena    | 11.45 | 27 04 19 |
| 3. DE VLEGELAER Jill | 11.46 | 16 07 17 |
| 4. LIEFOOGHE Jo-anne | 11.60 | 22 06 14 |
| 5. WUYTS Louise      | 11.72 | 23 06 18 |
| 6. DRIES Evie        | 11.5  | 02 08 91 |
| 7. DE GREEF Nina     | 11.84 | 06 09 20 |
| 8. HELLEMANS Marie   | 11.94 | 18 06 11 |
| DAEMS Silke          | 11.94 | 29 09 13 |
| 10. DEWAELE Betti    | 12.03 | 16 04 16 |

### hoog

|                      |             |                 |
|----------------------|-------------|-----------------|
| 1. PLINCKE Ines      | 1,51        | 01 05 96        |
| 2. DE VLEGELAER Jill | 1,45        | 23 09 17        |
| 3. WINTERS Helena    | 1,42        | 15 06 19        |
| 4. LIEFOOGHE Jo-anne | 1,40        | 31 05 14        |
| 5. REYNIERS Sally    | 1,39        | 12 04 86        |
| 6. DE BRUIJN Anouck  | 1,37        | 25 06 05        |
| 7. <b>DRUYTS Eef</b> | <b>1,36</b> | <b>20 09 25</b> |
| 8. DEWAELE Betti     | 1,35        | 21 05 16        |
| 9. LEUE Lee          | 1,30        | 23 09 23        |
| 10. THYS Eline       | 1,28        | 15 08 21        |
| KOZICKA Maya         | 1,28        | 03 07 21        |

### kogel (2kg)

|                          |       |          |
|--------------------------|-------|----------|
| 1. LIEFOOGHE Jo-anne     | 10,85 | 25 05 14 |
| 2. SAGON Julie           | 10,66 | 09 09 07 |
| 3. PLINCKE Ines          | 9,88  | 20 09 96 |
| 4. SCHOOFS Manou         | 9,79  | 21 09 24 |
| 5. KOZICKA Maya          | 8,93  | 18 09 21 |
| 6. WINTERS Helena        | 8,19  | 10 06 19 |
| 7. GULDENTOPS Ilse       | 8,02  | 09 09 88 |
| 8. VAN HOYWEGHEN Whitley | 7,41  | 30 09 07 |
| 9. DE VLEGELAER Jill     | 7,39  | 17 04 17 |
| 10. COP Cindy            | 7,34  | 15 08 92 |

### 1km snelwandelen

|                  |        |          |
|------------------|--------|----------|
| 1. NAVEAU Laurie | 7.39.8 | 12 05 99 |
|------------------|--------|----------|

### 1000 meter

|                      |         |          |
|----------------------|---------|----------|
| 1. DE WIT Barbara    | 3.22.7  | 21 06 96 |
| 2. BRIERS Katleen    | 3.29.62 | 01 06 98 |
| 3. MASELIS Amber     | 3.31.0  | 26 09 10 |
| 4. MEUKENS Britt     | 3.31.41 | 01 05 12 |
| 5. KEGELEERS Ninte   | 3.32.18 | 16 07 17 |
| 6. BICKER Janne      | 3.32.43 | 15 09 13 |
| 7. GODDEN Elke       | 3.32.51 | 30 09 07 |
| 8. VAN DE VEL Sara   | 3.34.23 | 13 08 05 |
| 9. LIEFOOGHE Jo-anne | 3.34.46 | 05 07 14 |
| 10. NAGELS Rani      | 3.36.40 | 12 05 06 |

### 60m horden (0.68m)

|                            |              |                 |
|----------------------------|--------------|-----------------|
| 1. KOZICKA Maya            | 11.09        | 26 06 21        |
| 2. LEUE Lee                | 11.32        | 30 09 23        |
| 3. SCHOOFS Manou           | 11.80        | 22 06 24        |
| 4. <b>DRUYTS Eef</b>       | <b>12.05</b> | <b>11 05 25</b> |
| 5. <b>GUNS Paulien</b>     | <b>12.12</b> | <b>20 09 25</b> |
| 6. GUNS Hanne              | 12.30        | 21 09 24        |
| 7. <b>WEVERs Rie</b>       | <b>12.53</b> | <b>03 05 25</b> |
| 8. <b>BISSCHOPS Margot</b> | <b>12.56</b> | <b>11 05 25</b> |
| 9. VRANKEN Linde           | 13.35        | 24 09 22        |
| 10. SMOUT Juliet           | 13.40        | 09 04 22        |

### ver

|                       |             |                 |
|-----------------------|-------------|-----------------|
| 1. PLINCKE Ines       | 4,68        | 31 05 96        |
| 2. WINTERS Helena     | 4,28        | 31 03 19        |
| 3. DE WIT Barbara     | 4,19        | 31 05 96        |
| 4. LIEFOOGHE Jo-anne  | 4,17        | 26 04 14        |
| 5. DRIES Evie         | 4,11        | 02 08 91        |
| 6. DE VLEGELAER Jill  | 4,10        | 05 06 17        |
| 7. LEUE Mona Fay      | 4,07        | 09 09 23        |
| 8. SCHOOFS Manou      | 4,05        | 05 10 24        |
| 9. DE BRUIJN Anouck   | 4,00        | 14 05 05        |
| 10. <b>DRUYTS Eef</b> | <b>3,98</b> | <b>11 05 25</b> |

### vortex

|                                      |              |                 |
|--------------------------------------|--------------|-----------------|
| 1. SCHOOFS Manou                     | 34,89        | 05 10 24        |
| 2. DUBOIS Charlie                    | 31,14        | 05 05 24        |
| 3. <b>LUYTEN Nora</b>                | <b>26,68</b> | <b>03 05 25</b> |
| 4. THEUNISSEN Marit                  | 25,52        | 05 05 24        |
| 5. <b>WEVERs Rie</b>                 | <b>25,04</b> | <b>20 09 25</b> |
| 6. <b>GUNS Paulien</b>               | <b>21,83</b> | <b>07 09 25</b> |
| 7. SMOUT Renée                       | 16,33        | 05 05 24        |
| 8. <b>AERTS VAN DEN BRANDE Eline</b> | <b>15,15</b> | <b>01 06 25</b> |
| 9. <b>ROELANTS Manon</b>             | <b>15,14</b> | <b>20 09 25</b> |
| 10. GOOSSENS Melanie                 | 13,94        | 05 05 24        |

### hockey

|                         |       |          |
|-------------------------|-------|----------|
| 1. LIEFOOGHE Jo-Anne    | 36,06 | 17 05 14 |
| 2. SAGON Julie          | 33,83 | 01 09 07 |
| 3. DE WIT Barbara       | 32,98 | 02 08 96 |
| 4. KOZICKA Maya         | 32,80 | 26 06 21 |
| 5. PLINCKE Ines         | 30,88 | 02 08 96 |
| 6. DE VLEGELAER Jill    | 27,68 | 17 06 17 |
| 7. V D JONCKHEYD Lisa   | 27,38 | 08 09 06 |
| 8. KEGELEERS Ninte      | 27,24 | 28 05 17 |
| 9. BONGERS Yara         | 25,79 | 14 08 11 |
| 10. VAN HOYWEGHEN Joyce | 25,14 | 24 04 04 |

**4-kamp**

|                      |       |          |
|----------------------|-------|----------|
| 1. LIEFOOGHE Jo-anne | 2257p | 31 05 14 |
| 2. WINTERS Helena    | 2015p | 10 06 19 |
| 3. DE VLEGELAER Jill | 1874p | 05 06 17 |
| 4. SCHOOFS Manou     | 1708p | 10 08 24 |
| 5. KEGELEERS Ninte   | 1640p | 05 06 17 |
| 6. THYS Eline        | 1633p | 15 08 21 |
| 7. LEUE Mona Fay     | 1607p | 29 05 23 |
| 8. DAEMS Silke       | 1546p | 27 04 13 |
| 9. BONGERS Yara      | 1497p | 02 07 11 |
| 10. BRIERS Katleen   | 1488p | 01 05 98 |

**discus (0,600kg)**

|                      |       |          |
|----------------------|-------|----------|
| 1. LIEFOOGHE Jo-anne | 31.37 | 30 08 14 |
| 2. SAGON Julie       | 26.66 | 14 07 07 |
| 3. SCHOOFS Manou     | 25.65 | 21 08 24 |
| 4. DE VLEGELAER Jill | 21.17 | 20 05 17 |
| 5. DUBOIS Charlie    | 20.62 | 08 06 24 |
| 6. WINTERS Helena    | 18.50 | 15 06 19 |
| THEUNISSEN Marit     | 15.96 | 18 05 24 |
| 8. KEGELEERS Ninte   | 15.96 | 17 04 17 |
| 9. AZZOUZ Yasmine    | 15.90 | 14 05 11 |
| 10. DAEMS Silke      | 15.62 | 27 04 13 |

**4 x 60 meter**

|                                                                                     |              |                 |
|-------------------------------------------------------------------------------------|--------------|-----------------|
| 1. Ines PLINCKE, Caroline DENISSEN, Anouk HUYSMANS, Barbara DE WIT                  | 36.13        | 01 05 96        |
| 2. Manou SCHOOFS, Flo VAN DYCK, Lee LEUE, Mona Fay LEUE                             | 36.44        | 23 09 23        |
| 3. Aline PEIFFER, Eliza VAN DYCK, Pauline LANDTMETERS, Maya KOZICKA                 | 36.62        | 28 08 21        |
| 4. Hanne GUNS, Manou SCHOOFS, Margot BISSCHOPS, Charlie DUBOIS                      | 36.73        | 21 09 24        |
| 5. <b>Rie WEVERS, Paulien GUNS, Margot BISSCHOPS, Eef DRUYTS</b>                    | <b>37.01</b> | <b>20 09 25</b> |
| 6. Zoraida NTI, BONGERS Yara, Yasmine AZZOUZ, Marie HELLEMANS                       | 37.13        | 18 06 11        |
| 7. <b>Bo VERSCHOREN, Eline AERTS VAN DEN BRANDE, Margot BISSCHOPS, Paulien GUNS</b> | <b>37.21</b> | <b>28 09 25</b> |
| 8. <b>Rie WEVERS, Ida LEENAARDS, Margot BISSCHOPS, Eef DRUYTS</b>                   | <b>37.23</b> | <b>24 08 25</b> |
| 9. Yara BONGERS, Yasmine AZZOUZ, Zoraida NTI, Marie HELLEMANS                       | 37.28        | 17 09 11        |
| 10. Ninte KEGELEERS, Zoë WILLEMYNS, Sofie WOUTERS, Jill DE VLEGELAER                | 37.39        | 29 04 17        |

**3 x 600 meter**

|                                                       |         |          |
|-------------------------------------------------------|---------|----------|
| 1. Silke DAEMS, Joke LIEFOOGHE, Janne BICKER          | 6.04.38 | 18.08.13 |
| 2. Jill DE VLEGELAER, Zoë WILLEMIJNS, Ninte KEGELEERS | 6.08.43 | 30 10 17 |
| 3. Betti DEWAELE, Noor HORREVORST, Noor VANHOVE       | 6.21.48 | 30 08 15 |
| 4. Maya KOZICKA, Pauline LANDTMETERS, Aline PEIFFER   | 6.23.49 | 28 08 21 |
| 5. Lotta VAN HERCK, Ninte KEGELEERS, Sofie WOUTERS    | 6.26.78 | 25 08 17 |
| 6. Silke DAEMS, Lies VANAUTRYVE, Janne BICKER         | 6.31.84 | 19 08 12 |
| 7. Noor HORREVORST, Noor VANHOVE, Nora HENDRIX        | 6.36.52 | 14 05 15 |
| 8. Joke DOBBELAERE, Amber MASELIS, Laurien BELLENS    | 6.36.61 | 23 08 09 |
| 9. To SEGHERS, Hanne GUNS, Charlie DUBOIS             | 6.38.94 | 24 08 24 |
| 10. Louise WUYTS, Yara MEES, Helena WINTERS           | 6.40.01 | 02 09 18 |

## Pupillen jongens:

### 60 meter

|                        |             |                 |
|------------------------|-------------|-----------------|
| 1. <b>DAENEN Vic</b>   | <b>8.38</b> | <b>11 05 25</b> |
| 2. BRIERS Kristof      | 8.3         | 12 09 97        |
| 3. VAN HOYWEGHEN Nigel | 8.59        | 08 06 02        |
| PREAUX Maxim           | 8.59        | 05 06 10        |
| 5. LEENAARDS Mil       | 8.74        | 26 05 24        |
| 6. AKENZUA Neil        | 8.77        | 13 06 04        |
| 7. PALINCKX David      | 8.85        | 04 09 99        |
| 8. BADEGE Sammy        | 8.87        | 02 10 05        |
| GOBBAERT Maarten       | 8.87        | 23 09 11        |
| WOUTERS Robbe          | 8.87        | 29 05 23        |

### 60m horden (0,76m)

|                        |       |          |
|------------------------|-------|----------|
| 1. DE GREEF Mats       | 10.68 | 23 09 18 |
| 2. BISSCHOPS Ilan      | 11.32 | 28 09 14 |
| 3. EYCKMANS Fedde      | 11.53 | 28 06 14 |
| 4. VERDUYN Lennert     | 11.55 | 10 08 13 |
| 5. VAN HOYWEGHEN Nigel | 11.58 | 17 05 02 |
| 6. DESMET Milan        | 11.58 | 30 04 17 |
| 7. VERBRAEKEN Ward     | 11.64 | 11 05 13 |
| 8. MOONS Dennis        | 11.81 | 14 09 96 |
| 9. BRIERS Kristof      | 11.7  | 12 09 97 |
| 10. BOONEN Jannes      | 12.16 | 20 05 07 |
| PREAUX Maxim           | 12.16 | 18 04 10 |

### 60m horden (0,68m)

|                            |              |                 |
|----------------------------|--------------|-----------------|
| 1. VAN DYCK Floris         | 10.24        | 25 06 22        |
| 2. WOUTERS Robbe           | 10.26        | 09 09 23        |
| 3. <b>CLAESSENS Jasper</b> | <b>10.29</b> | <b>07 09 25</b> |
| 4. DE MOOR Richard         | 10.36        | 21 05 23        |
| 5. <b>DAENEN Vic</b>       | <b>10.45</b> | <b>07 09 25</b> |
| 6. HUYSMANS Alek           | 10.60        | 13 05 23        |
| 7. BAELE Tirso             | 11.06        | 30 09 23        |
| 8. <b>SCHOOFs Teo</b>      | <b>11.09</b> | <b>28 09 25</b> |
| 9. DE KEYZER Pol           | 11.51        | 01 09 24        |
| 10. <b>DEGROOTE Felix</b>  | <b>11.53</b> | <b>11 05 25</b> |

### hoog

|                         |             |                 |
|-------------------------|-------------|-----------------|
| 1. VERDUYN Lennert      | 1,49        | 27 07 13        |
| 2. VERVOORT Wouter      | 1,40        | 09 09 94        |
| BRIERS Kristof          | 1,40        | 26 07 97        |
| 4. MOONS Dennis         | 1,38        | 19 04 96        |
| BOONEN Jannes           | 1,38        | 05 10 07        |
| 6. DAENEN Vic           | 1,37        | 14 09 24        |
| 7. DESMET Milan         | 1,36        | 09 07 17        |
| 8. VAN DYCK Floris      | 1,35        | 18 09 22        |
| DE MOOR Richard         | 1,35        | 23 09 23        |
| <b>CLAESSENS Jasper</b> | <b>1,35</b> | <b>03 05 25</b> |

### kogel (2kg)

|                            |             |                 |
|----------------------------|-------------|-----------------|
| 1. GEYSKENS Kobe           | 9,95        | 22 09 13        |
| 2. STRUYF Maarten          | 9,68        | 28 09 93        |
| 3. <b>DE KEYZER Bob</b>    | <b>9,45</b> | <b>27 09 25</b> |
| 4. VAN DAMME Samy          | 9,33        | 29 06 13        |
| 5. BAELE Tirso             | 9,28        | 04 06 23        |
| 6. MEEUSEN Dries           | 9,15        | 05 10 07        |
| 7. MOONS Dennis            | 9,08        | 14 09 96        |
| 8. VAN DYCK Floris         | 9,02        | 03 09 22        |
| 9. <b>CLAESSENS Jasper</b> | <b>8,98</b> | <b>25 05 25</b> |
| 10. VERDUYN Lennert        | 8,96        | 09 05 13        |

### 1000 meter

|                          |                |                 |
|--------------------------|----------------|-----------------|
| 1. MORTELMANS Maarten    | 3.09.36        | 01 07 00        |
| 2. VAN HOYWEGHEN Nigel   | 3.09.54        | 17 05 02        |
| 3. BOONEN Jannes         | 3.10.11        | 28 07 07        |
| 4. MASELIS Jonas         | 3.10.37        | 22 07 06        |
| 5. <b>KENNES Karel</b>   | <b>3.13.98</b> | <b>20 09 25</b> |
| 6. BERTELS Brecht        | 3.14.74        | 01 10 05        |
| 7. <b>DE MOOR Romain</b> | <b>3.15.13</b> | <b>25 05 25</b> |
| 8. HUYSMANS Alek         | 3.15.74        | 07 05 23        |
| 9. GEYSKENS Kobe         | 3.16.23        | 22 09 13        |
| 10. VAN EYNDHOVEN Peter  | 3.17.69        | 13 06 04        |

### ver

|                            |             |                 |
|----------------------------|-------------|-----------------|
| 1. BRIERS Kristof          | 4,63        | 07 09 97        |
| 2. <b>DAENEN Vic</b>       | <b>4,55</b> | <b>11 05 25</b> |
| 3. <b>CLAESSENS Jasper</b> | <b>4,46</b> | <b>11 05 25</b> |
| <b>DEGROOTE Felix</b>      | <b>4,46</b> | <b>28 09 25</b> |
| 5. VAN DYCK Floris         | 4,45        | 18 09 22        |
| 6. <b>SCHOOFs Teo</b>      | <b>4,27</b> | <b>28 09 25</b> |
| 7. VAN HOYWEGHEN Nigel     | 4,26        | 08 06 02        |
| <b>DE MOOR Romain</b>      | <b>4,26</b> | <b>13 09 25</b> |
| 9. PREAUX Maxim            | 4,25        | 11 06 10        |
| 10. DE MOOR Richard        | 4,25        | 23 09 23        |

### hockey

|                    |       |          |
|--------------------|-------|----------|
| 1. VERVOORT Wouter | 50,98 | 04 09 94 |
| 2. STRUYF Wouter   | 47,32 | 04 09 94 |
| 3. MOONS Dennis    | 42,10 | 01 05 96 |
| 4. LACANTE Vincent | 41,65 | 22 04 07 |
| 5. BERKMANS Taro   | 41,34 | 01 05 15 |
| 6. MEEUSEN Dries   | 41,22 | 20 09 07 |
| 7. BRIERS Kristof  | 40,92 | 07 09 97 |
| 8. VAN BAARLE Ides | 39,27 | 22 04 18 |
| 9. VAN WOUWE Tom   | 39,25 | 26 09 03 |
| 10. GEYSKENS Kobe  | 39,20 | 27 07 13 |

### vortex

|                            |              |                 |
|----------------------------|--------------|-----------------|
| 1. <b>BJURSTRÖM Mats</b>   | <b>41,72</b> | <b>09 06 25</b> |
| 2. DE KEYZER Pol           | 40,48        | 05 10 24        |
| 3. <b>SCHOOFs Teo</b>      | <b>38,41</b> | <b>29 06 25</b> |
| 4. <b>KENNES Karel</b>     | <b>36,56</b> | <b>09 06 25</b> |
| 5. BAELE Tirso             | 35,77        | 23 09 23        |
| 6. <b>BROUWERS Kor</b>     | <b>35,16</b> | <b>21 04 25</b> |
| 7. <b>CLAESSENS Jasper</b> | <b>34,07</b> | <b>01 05 25</b> |
| 8. <b>DE KEYZER Bob</b>    | <b>33,40</b> | <b>01 06 25</b> |
| 9. THEUNISSEN Niels        | 32,77        | 21 05 23        |
| 10. <b>DAENEN Vic</b>      | <b>31,60</b> | <b>09 06 25</b> |

### discus (600g)

|                         |              |                 |
|-------------------------|--------------|-----------------|
| 1. VAN HOYWEGHEN Nigel  | 33,02        | 16 06 01        |
| 2. DE GREEF Mats        | 25,12        | 08 09 18        |
| 3. <b>SCHOOFs Teo</b>   | <b>24,18</b> | <b>27 09 25</b> |
| 4. BAELE Tirso          | 23,14        | 30 09 23        |
| 5. <b>De KEYZER Bob</b> | <b>22,41</b> | <b>13 08 25</b> |
| 6. TUYTELEERS Ben       | 22,37        | 21 05 99        |
| 7. BERKMANS Taro        | 22,29        | 10 05 15        |
| 8. WOUTERS Robbe        | 21,77        | 16 08 23        |
| 9. VERDUYN Lennert      | 21,73        | 27 04 13        |
| 10. COLLIER Quinten     | 21,70        | 04 09 99        |

**1km snelwandelen**

|                   |        |          |
|-------------------|--------|----------|
| 1. TUYTELEERS Ben | 7.14.2 | 12 05 99 |
| 2. CRAEN Jens     | 7.24.5 | 12 05 99 |

**4-kamp**

|                            |              |                 |
|----------------------------|--------------|-----------------|
| 1. BRIERS Kristof          | 2338p        | 26 07 97        |
| 2. GEYSKENS Kobe           | 2045p        | 15 09 13        |
| 3. PREAUX Maxim            | 2024p        | 31 07 10        |
| COLLIER Quinten            | 1998p        | 04 09 99        |
| 5. RAMET Yoran             | 1998p        | 09 05 09        |
| 6. <b>KENNES Karel</b>     | <b>1983p</b> | <b>09 06 25</b> |
| 7. VAN HOORENBEECK Alec    | 1948p        | 13 06 09        |
| 8. <b>CLAESSENS Jasper</b> | <b>1932p</b> | <b>09 06 25</b> |
| 9. VAN DEN BROECK Bram     | 1912p        | 26 07 97        |
| 10. BAELE Tirso            | 1907p        | 04 06 23        |

**4 x 60 meter**

|                                                                           |              |                 |
|---------------------------------------------------------------------------|--------------|-----------------|
| 1. <b>Teo SCHOOFs, Mats BJURSTRÖM, Jasper CLAESSENS, Vic DAENEN</b>       | <b>33.51</b> | <b>28 09 25</b> |
| 2. <b>Teo SCHOOFs, Bob DE KEYZER, Jasper CLAESSENS, Vic DAENEN</b>        | <b>33.61</b> | <b>24 08 25</b> |
| 3. <b>Cisse CROMHEECKE, Karel KENNES, Jasper CLAESSENS, Vic DAENEN</b>    | <b>33.91</b> | <b>03 05 25</b> |
| 4. Cisse CROMHEECKE, Mil LEENAARDS, Jasper CLAESSENS, Vic DAENEN          | 34.12        | 14 09 24        |
| 5. Xander BET-BENJAMIN, Mil LEENAARDS, Jasper CLAESSENS, Vic DAENEN       | 34.37        | 21 09 24        |
| 6. Willem HENDRICKX, Mil LEENAARDS, Jasper CLAESSENS, Vic DAENEN          | 34.63        | 24 08 24        |
| 7. Robbe WOUTERS, Alek HUYSMANS, Cyril DE MOOR, Richard DE MOOR           | 34.86        | 13 05 23        |
| 8. Quinten COLLIER, Koen ROMBOUTS, Stefan VAN LANGENDONCK, David PALINCKX | 34.92        | 26 06 99        |
| 9. Richard DE MOOR, Cedric DE GREEF, Tirso BAELE, Robbe WOUTERS           | 34.95        | 23 09 23        |
| 10. Mil LEENAARDS, Jasper CLAESSENS, Pol DE KEYZER, Vic DAENEN            | 35.48        | 27 04 24        |

**3 x 600 meter**

|                                                           |                |                 |
|-----------------------------------------------------------|----------------|-----------------|
| 1. <b>Romain DE MOOR, Kas VAN ASSCHE, Karel KENNES</b>    | <b>5.43.21</b> | <b>24 08 25</b> |
| 2. Jelle BICKER, Kobe GEYSKENS, Bob VERDURME              | 5.49.29        | 18.08.13        |
| 3. Cyril DE MOOR, Robbe WOUTERS, Alek HUYSMANS            | 5.54.35        | 24 06 23        |
| 4. Kobe GEYSKENS, Reidar VEROFT, Jelle BICKER             | 6.00.29        | 19.08.12        |
| 4. Karel KENNES, Pol DE KEYZER, Louis DE CUYPER           | 6.07.29        | 22 06 24        |
| 5. Alek HUYSMANS, Richard DE MOOR, Cyril DE MOOR          | 6.09.85        | 26 08 23        |
| 6. Jasper CLAESSENS, Jelte MERKET, Mil LEENAARDS          | 6.09.89        | 22 06 24        |
| 7. <b>Mats BJURSTRÖM, Teo SCHOOFs, Romain DE MOOR</b>     | <b>6.12.58</b> | <b>26 08 25</b> |
| 8. <b>Jasper CLAESSENS, Mats BJURSTRÖM, Bob DE KEYZER</b> | <b>6.13.28</b> | <b>24.08.25</b> |
| 9. Robbe WOUTERS, Alek HUYSMANS, Mattias PEETERS          | 6.14.19        | 27.08.22        |
| Joppe EYCKMANS, Thijs DE CAUWER, Abel BUYTAERT            | 6.18.43        | 30.08.15        |

## Miniemen meisjes:

### 80 meter

|                          |       |          |
|--------------------------|-------|----------|
| 1. DRIES Evie            | 10.3  | 08 08 93 |
| 2. WINTERS Helena        | 10.58 | 26 06 21 |
| 3. WILLEMYNS Zoë         | 10.80 | 08 09 19 |
| 4. ROELS Ilse            | 10.6  | 08 07 87 |
| 5. KOZICKA Maya          | 10.86 | 01 05 22 |
| 6. LANDUYDT Ella         | 10.94 | 23 06 01 |
| 7. DE VLEGELAER Jill     | 11.01 | 10 06 19 |
| 8. DE WITTE Rehka        | 10.8  | 05 06 95 |
| 9. VANDERHAEGHEN Lauryne | 11.08 | 06 06 22 |
| 10. SAGON Julie          | 11.11 | 02 10 09 |

### 100 meter

|                    |       |          |
|--------------------|-------|----------|
| 1. DE CAUWER Britt | 14.80 | 20 04 16 |
| 2. LATTE Rosemarie | 15.22 | 20 04 16 |

### 300 meter

|                          |       |          |
|--------------------------|-------|----------|
| 1. WILLEMYNS Zoë         | 44.82 | 14 09 19 |
| 2. DE WIT Barbara        | 44.90 | 08 05 98 |
| 3. NAGELS Rani           | 45.34 | 31 05 08 |
| 4. LEUE Mona Fay         | 45.81 | 26 05 24 |
| 5. VANDERHAEGHEN Lauryne | 45.98 | 21 05 22 |
| 6. PLINCKE Ines          | 45.9  | 09 05 97 |
| 7. VAN DEN BUYS Jitske   | 46.46 | 21 05 22 |
| 8. KEGELEERS Ninte       | 46.72 | 08 09 19 |
| 9. VAN HOYWEGHEN Joyce   | 46.77 | 08 10 06 |
| 10. LEQUESNE Marijke     | 47.14 | 19 08 00 |

### 60m horden (0,76m)

|                       |       |          |
|-----------------------|-------|----------|
| 1. DRIES Evie         | 9.88  | 18 08 93 |
| 2. DE VLEGELAER Jill  | 10.10 | 29 06 19 |
| 3. ROELS Ilse         | 10.0  | 23 08 87 |
| 4. DILS Camille       | 10.74 | 23 09 06 |
| 5. KEGELEERS Ninte    | 10.77 | 12 05 19 |
| 6. REYNIEERS Sally    | 10.6  | 18 06 88 |
| 7. COP Cindy          | 10.89 | 02 07 94 |
| 8. BUELENS Charlotte  | 10.92 | 19 06 10 |
| 9. DE BRUIJN Severine | 11.09 | 26 06 04 |
| 10. DAEMS Silke       | 11.13 | 20 06 15 |

### ver

|                          |      |          |
|--------------------------|------|----------|
| 1. WINTERS Helena        | 5,33 | 26 06 21 |
| 2. KOZICKA Maya          | 4,93 | 23 09 23 |
| 3. DRIES Evie            | 4,77 | 15 08 93 |
| 4. LANDUYDT Ella         | 4,71 | 16 06 01 |
| PLINCKE Ines             | 4,69 | 20 06 97 |
| 6. DE WIT Barbara        | 4,62 | 27 09 98 |
| 7. DE VLEGELAER Jill     | 4,57 | 15 06 19 |
| 8. VAN HOYWEGHEN Joyce   | 4,56 | 24 06 06 |
| 9. VANDERHAEGHEN Lauryne | 4,52 | 03 09 22 |
| 10. DE BRUIJN Severine   | 4,50 | 21 05 04 |

### kogel (2kg)

|                        |              |                 |
|------------------------|--------------|-----------------|
| 1. Julie SAGON         | 14,59        | 17 10 09        |
| 2. <b>SCHOOF Manou</b> | <b>12,88</b> | <b>06 09 25</b> |
| 3. PLINCKE Ines        | 12,59        | 12 09 97        |
| 4. VERBIST Dominique   | 12,00        | 22 09 90        |
| 5. DE VLEGELAER Jill   | 11,20        | 12 05 19        |
| 6. KOZICKA Maya        | 11,13        | 01 05 22        |
| 7. WINTERS Helena      | 10,27        | 26 09 21        |
| 8. LANDUYDT Ella       | 9,68         | 16 06 01        |
| 9. COP Cindy           | 9,52         | 12 05 94        |
| 10. LEMMENS Eline      | 9,52         | 01 05 23        |

### 150 meter

|                          |       |          |
|--------------------------|-------|----------|
| 1. DRIES Evie            | 20.01 | 01 05 93 |
| 2. KOZICKA Maya          | 20.41 | 21 05 22 |
| 3. LANDUYDT Ella         | 20.48 | 23 06 01 |
| 4. SAGON Julie           | 20.56 | 27 09 09 |
| 5. WILLEMYNS Zoë         | 20.57 | 07 09 19 |
| 6. LEQUESNE Marijke      | 20.83 | 25 06 00 |
| 7. DEWAELE Betti         | 20.90 | 23 06 18 |
| 8. VANDERHAEGHEN Lauryne | 20.93 | 18 04 22 |
| 9. DE WITTE Rehka        | 20.7  | 28 07 95 |
| 10. DE VLEGELAER Jill    | 21.00 | 15 06 19 |

### 1000 meter

|                               |         |          |
|-------------------------------|---------|----------|
| 1. DE WIT Barbara             | 3.15.23 | 01 06 98 |
| 2. VANDENLINDENLOOF Charlotte | 3.17.69 | 28 09 13 |
| 3. GODDEN Elke                | 3.19.06 | 19 09 09 |
| 4. VAN DE VEL Sara            | 3.20.12 | 30 06 07 |
| 5. BICKER Janne               | 3.20.43 | 27 06 15 |
| 6. KEGELEERS Ninte            | 3.20.54 | 27 04 19 |
| 7. MASELIS Amber              | 3.23.67 | 07 07 12 |
| 8. DEWICKERE Danielle         | 3.23.70 | 24 04 04 |
| 9. BELLENS Laurien            | 3.25.41 | 05 06 11 |
| 10. CORNELISSENS Julie        | 3.26.79 | 14 05 11 |

### 1500 meter

|                 |         |          |
|-----------------|---------|----------|
| 1. BICKER Janne | 5.27.16 | 20 05 15 |
|-----------------|---------|----------|

### 60m horden (0,68m)

|                          |              |                 |
|--------------------------|--------------|-----------------|
| 1. KOZICKA Maya          | 9.76         | 18 06 22        |
| 2. DE GREEF Nina         | 10.18        | 11 07 22        |
| 3. WINTERS Helena        | 10.21        | 21 08 21        |
| 4. VANDERHAEGHEN Lauryne | 10.46        | 03 09 22        |
| 5. VAN DEN BUYS Jitske   | 10.54        | 21 05 22        |
| 6. TORFS Noa             | 10.64        | 13 05 23        |
| 7. <b>LEUE Lee</b>       | <b>10.79</b> | <b>03 05 25</b> |
| 8. KELLENS Rosalie       | 10.96        | 09 04 22        |
| LEUE Mona Fay            | 10.96        | 14 09 24        |
| 10. THYS Eline           | 11.04        | 23 09 23        |

### 150m horden (0,76m)

|                          |       |          |
|--------------------------|-------|----------|
| 1. DE VLEGELAER Jill     | 21.92 | 30 05 19 |
| 2. KOZICKA Maya          | 22.26 | 24 06 23 |
| 3. LEUE Mona Fay         | 22.83 | 08 06 24 |
| 4. DE GREEF Nina         | 22.96 | 26 06 22 |
| 5. VANDERHAEGHEN Lauryne | 23.05 | 26 06 22 |
| 6. VAN DEN BUYS Jitske   | 23.58 | 26 06 22 |
| 7. KEGELEERS Ninte       | 23.45 | 31 03 19 |
| 8. DEWAELE Betti         | 23.50 | 30 09 17 |
| 9. VAN HOYWEGHEN Joyce   | 23.73 | 08 10 06 |
| 10. DILS Camille         | 24.09 | 03 09 06 |

### speer (400g)

|                        |              |                 |
|------------------------|--------------|-----------------|
| 1. SAGON Julie         | 27,77        | 24 04 09        |
| 2. WOUTERS Ine         | 26,92        | 21 06 03        |
| 3. <b>SCHOOF Manou</b> | <b>25,14</b> | <b>09 08 25</b> |
| 4. KOZICKA Maya        | 25,09        | 23 09 23        |
| 5. DE WIT Barbara      | 24,53        | 30 08 98        |
| 6. BRUNEEL An          | 24,20        | 02 04 94        |
| 7. DE VLEGELAER Jill   | 23,73        | 08 09 19        |
| 8. VERBIST Dominique   | 23,66        | 14 10 90        |
| 9. SCHRAUWEN Ilona     | 22,67        | 15 09 18        |
| 10. PLINCKE Ines       | 21,08        | 16 08 97        |

**hoog**

|                      |             |                 |
|----------------------|-------------|-----------------|
| 1. DE VLEGELAER Jill | 1,53        | 22 06 19        |
| 2. PLINCKE Ines      | 1,51        | 01 05 97        |
| 3. DAEMS Silke       | 1,49        | 10 05 15        |
| 4. WINTERS Helena    | 1,46        | 26 06 21        |
| 5. DE WIT Barbara    | 1,45        | 11 09 98        |
| 6. DE BRUIJN Anouck  | 1,44        | 21 04 07        |
| 7. THYS Eline        | 1,41        | 13 05 23        |
| 8. KOZICKA Maya      | 1,41        | 29 05 23        |
| 9. REYNIERS Sally    | 1,40        | 03 07 88        |
| VAN BILSEN Katrien   | 1,40        | 15 10 88        |
| WUYTS Eva            | 1,40        | 12 09 92        |
| <b>SCHOOFS Manou</b> | <b>1,40</b> | <b>21 06 25</b> |

**5-kamp**

|                          |              |                 |
|--------------------------|--------------|-----------------|
| 1. KOZICKA Maya          | 2996p        | 29 05 23        |
| 2. DE VLEGELAER Jill     | 2859p        | 26 05 19        |
| 3. PLINCKE Ines          | 2808p        | 01 05 97        |
| 4. <b>SCHOOFS Manou</b>  | <b>2684p</b> | <b>09 06 25</b> |
| 5. DE WIT Barbara        | 2631p        | 01 05 98        |
| 6. LANDTMETERS Pauline   | 2448p        | 29 05 23        |
| 7. TAMBA Amelie          | 2432p        | 29 05 23        |
| 8. DE GREEF Nina         | 2407p        | 11 07 22        |
| 9. VANDERHAEGHEN Lauryne | 2358p        | 06 06 22        |
| 10. LEMMENS Eline        | 2277p        | 29 05 23        |

**4 x 80 meter**

|                                                                             |       |          |
|-----------------------------------------------------------------------------|-------|----------|
| 1. Ninte KEGELEERS, Sofie WOUTERS, Jill DE VLEGELAER, Zoë WILLEMYNS         | 43.51 | 21 09 19 |
| 2. Lauryne VANDERHAEGHEN, Hannelore VAN ELSSEN, Nina DE GREEF, Maya KOZICKA | 43.57 | 25 06 22 |
| 3. Lauryne VANDERHAEGHEN, Nina DE GREEF, Jitske VAN DEN BUYS, Maya KOZICKA  | 43.64 | 24 09 22 |
| 4. Lauryne VANDERHAEGHEN, Milou BOERJAN, Jitske VAN DEN BUYS, Maya KOZICKA  | 43.78 | 01 05 22 |
| 5. Pauline LANDTMETERS, Noa TORFS, Eline THYS, Maya KOZICKA                 | 43.85 | 13 05 23 |
| 6. Pauline LANDTMETERS, Amelie TAMBA, Eline THYS, Maya KOZICKA              | 44.03 | 01 05 23 |
| 7. Pauline LANDTMETERS, Amelie TAMBA, Noa TORFS, Maya KOZICKA               | 44.33 | 30 09 23 |
| 8. Janine MEIJER, Kristin CEULEMANS, Katrien VAN BILSEN, Ilse ROELS         | 44.5  | 20 06 87 |
| 9. Karen DE PRIJCK, Anouck DE BRUIJN, Camille DILS, Joyce VAN HOYWEGHEN     | 45.07 | 03 09 06 |
| 10. Ninte KEGELEERS, Zoë WILLEMYNS, Betti DEWAELE, Jill DE VLEGELAER        | 45.16 | 02 09 18 |

**3 x 600 meter**

|                                                             |                |                 |
|-------------------------------------------------------------|----------------|-----------------|
| 1. Zoë WILLEMYNS, Jill DE VLEGELAER, Ninte KEGELEERS        | 5.37.50        | 30 05 19        |
| 2. Zoë WILLEMYNS, Sofie WOUTERS, Ninte KEGELEERS            | 5.42.27        | 25 08 19        |
| 3. Joke DOBBELAERE, Laurien BELLENS, Amber MASELIS          | 5.43.78        | 28 05 11        |
| 4. Jitske VAN DEN BUYS, Eline THYS, Nina DE GREEF           | 5.50.40        | 27 08 22        |
| 5. <b>Flo VAN DYCK, Abbygail VAN LISHOUT, To SEGHERS</b>    | <b>6.01.17</b> | <b>21 06 25</b> |
| 6. Betti DEWAELE, Noor VANHOVE, Noor HORREVORST             | 6.02.97        | 30 09 17        |
| 7. <b>Abbygail VAN LISHOUT, Noor DE BRUYN, To SEGHERS</b>   | <b>6.09.53</b> | <b>24 08 25</b> |
| 8. Lauryne VANDERHAEGHEN, Milou BOERJAN, Maya KOZICKA       | 6.11.29        | 27 08 22        |
| 9. <b>Flo VAN DYCK, Noor DE BRUYN, Abbygail VAN LISHOUT</b> | <b>6.13.53</b> | <b>01 06 25</b> |
| 10. Maya KOZICKA, Pauline LANDTMETERS, Amelie TAMBA         | 6.14.87        | 24 06 23        |

**discus (750g)**

|                          |              |                 |
|--------------------------|--------------|-----------------|
| 1. SAGON Julie           | 31,20        | 06 08 09        |
| 2. <b>SCHOOFS Manou</b>  | <b>30,96</b> | <b>30 08 25</b> |
| 3. KOZICKA Maya          | 26,12        | 09 09 23        |
| 4. DE VLEGELAER Jill     | 23,01        | 05 05 19        |
| 5. WINTERS Helena        | 22,95        | 27 09 20        |
| 6. VAN HOYWEGHEN Whitley | 22,85        | 06 06 09        |
| 7. AZZOUZ Yasmine        | 22,55        | 22 06 13        |
| 8. BOERJAN Milou         | 19,02        | 18 09 22        |
| 9. DE GREEF Nina         | 18,95        | 26 05 22        |
| 10. KEGELEERS Ninte      | 18,67        | 17 08 19        |

**polstok**

|                        |      |          |
|------------------------|------|----------|
| 1. MASELIS Iris        | 2,30 | 26 09 09 |
| 2. VAN HOYWEGHEN Joyce | 2,01 | 01 10 05 |
| 3. BONGERS Yara        | 2,00 | 22 09 13 |
| 4. DE PRIJCK Karen     | 1,90 | 24 06 06 |
| 5. DEWICKERE Danielle  | 1,80 | 26 09 04 |
| 6. MEEUSEN Ellis       | 1,70 | 24 06 06 |
| 7. DE WIT Barbara      | 1,60 | 27 09 98 |

**discus (600g)**

|                      |       |          |
|----------------------|-------|----------|
| 1. VERBIST Dominique | 33,14 | 14 09 90 |
| 2. SAGON Julie       | 32,55 | 26 09 09 |

## Miniemen jongens:

### 80 meter

|                       |              |                 |
|-----------------------|--------------|-----------------|
| 1. SCHEERDER Kobe     | 10.31        | 28 09 13        |
| 2. AGBONZE Samuel     | 10.41        | 25 08 17        |
| 3. COLLIGNON Jonathan | 10.58        | 03 06 94        |
| 4. COLLIER QUINTEN    | 10.60        | 05 05 01        |
| PREAUX Maxim          | 10.60        | 27 05 12        |
| 6. BRIERS Kristof     | 10.4         | 03 04 99        |
| 7. PALINCKX David     | 10.66        | 28 09 01        |
| 8. BELIS Steven       | 10.6         | 04 09 92        |
| 9. DESMET Milan       | 10.89        | 05 10 19        |
| <b>LEENAARDS Mil</b>  | <b>10.89</b> | <b>09 06 25</b> |
| <b>WOUTERS Robbe</b>  | <b>10.89</b> | <b>13 06 25</b> |

### 300 meter

|                        |       |          |
|------------------------|-------|----------|
| 1. SCHEERDER Kobe      | 42.53 | 22 09 13 |
| 2. BRIERS Kristof      | 42.9  | 10 09 99 |
| 3. BOONEN Jannes       | 43.18 | 04 09 09 |
| 4. PALINCKX David      | 43.27 | 10 08 01 |
| 5. VAN EYNDHOVEN Peter | 43.67 | 08 10 06 |
| 6. DESMET Milan        | 44.02 | 08 09 19 |
| 7. COLLIER Quinten     | 44.20 | 05 05 01 |
| VAN DEN BROECK Bram    | 44.21 | 26 06 99 |
| 9. BERTELS Thomas      | 44.21 | 01 10 05 |
| 10. BERKMANS Taro      | 44.22 | 13 05 17 |

### 800 meter

|                         |                |                 |
|-------------------------|----------------|-----------------|
| 1. <b>HUYSMANS Alek</b> | <b>2.30.38</b> | <b>17 08 25</b> |
| 2. SNIJDERS Wiebe       | 2.48.41        | 20 05 15        |
| 3. VERDURME Bob         | 2.56.91        | 22 04 15        |

### 1500 meter

|                         |                |                 |
|-------------------------|----------------|-----------------|
| 1. <b>HUYSMANS Alek</b> | <b>5.01.49</b> | <b>04 07 25</b> |
| 2. BICKER Jelle         | 5.22.11        | 22 04 15        |

### 1 mijl

|                         |                |                 |
|-------------------------|----------------|-----------------|
| 1. <b>HUYSMANS Alek</b> | <b>5.31.64</b> | <b>20 08 22</b> |
|-------------------------|----------------|-----------------|

### 80m horden (0,84m)

|                        |       |          |
|------------------------|-------|----------|
| 1. SCHEERDER Kobe      | 12.68 | 28 09 13 |
| 2. DESMET Milan        | 13.37 | 28 09 19 |
| 3. AGBONZE Samuel      | 13.60 | 24 06 17 |
| 4. BISSCHOPS Ilan      | 13.73 | 18 04 16 |
| 5. DE GREEF Mats       | 13.96 | 16 08 20 |
| 6. PALINCKX David      | 14.30 | 17 06 01 |
| 7. EYCKMANS Fedde      | 14.25 | 04 09 16 |
| 8. BOONEN Jannes       | 14.44 | 22 08 09 |
| 9. V.MINNEBRUGGEN Ewan | 14.50 | 18 09 94 |
| 10. VERDUYN Lennert    | 14.58 | 06 04 15 |

### discus (1kg)

|                     |       |          |
|---------------------|-------|----------|
| 1. HOOGEWIJS Johnny | 27,86 | 10 09 86 |
| 2. BAL Tim          | 25,30 | 07 09 97 |

### discus (750g)

|                            |              |                 |
|----------------------------|--------------|-----------------|
| 1. DESMET Milan            | 31,32        | 15 06 19        |
| 2. <b>BAELE Tirso</b>      | <b>30,74</b> | <b>28 09 25</b> |
| 3. BERKMANS Taro           | 30,27        | 12 08 17        |
| 4. VERDUYN Lennert         | 30,18        | 27 06 15        |
| 5. DE GREEF Mats           | 27,42        | 04 10 20        |
| 6. <b>THEUNISSEN Niels</b> | <b>26,86</b> | <b>28 09 25</b> |
| 7. DOM Nikolas             | 25,56        | 15 05 10        |
| 8. SCHEERDER Kobe          | 24,10        | 01 05 13        |
| 9. BROUWERS Piet           | 23,94        | 18 06 16        |
| 10. <b>WOUTERS Robbe</b>   | <b>23,56</b> | <b>01 06 25</b> |

### 100 meter

|                   |       |          |
|-------------------|-------|----------|
| 1. BISSCHOPS Ilan | 13.51 | 18 05 16 |
|-------------------|-------|----------|

### 150 meter

|                         |              |                 |
|-------------------------|--------------|-----------------|
| 1. SCHEERDER Kobe       | 19.15        | 29 06 13        |
| 2. AGBONZE Samuel       | 19.29        | 09 09 17        |
| 3. BELIS Steven         | 19.3         | 12 09 92        |
| 4. PALINCKX David       | 19.60        | 23 09 01        |
| 5. COLLIGNON Jonathan   | 19.78        | 18 09 94        |
| 6. COLLIER Quinten      | 19.96        | 23 06 01        |
| 7. PREAUX Maxim         | 20.04        | 24 06 12        |
| 8. V.MINNEBRUGGEN Ewan  | 19.8         | 09 09 94        |
| 9. <b>LEENAARDS Mil</b> | <b>20.08</b> | <b>25 05 25</b> |
| 10. BISSCHOPS Ilan      | 20.13        | 17 04 16        |

### 1000 meter

|                         |                |                 |
|-------------------------|----------------|-----------------|
| 1. VAN EYNDHOVEN Peter  | 2.55.50        | 22 07 06        |
| 2. MORTELMANS Maarten   | 2.57.27        | 20 07 02        |
| 3. <b>HUYSMANS Alek</b> | <b>2.58.12</b> | <b>27 09 25</b> |
| 4. MASELIS Jonas        | 2.59.88        | 27 09 08        |
| 5. LOFGREN Bjarne       | 3.02.31        | 15 09 12        |
| 6. ROMBOUTS Koen        | 3.02.98        | 07 07 01        |
| 7. BERKMANS Taro        | 3.05.43        | 20 05 17        |
| 8. <b>VAN ROY Mauro</b> | <b>3.06.53</b> | <b>20 09 25</b> |
| 9. BERTELS Brecht       | 3.06.76        | 23 04 06        |
| 10. MORTELMANS Stijn    | 3.08.10        | 27 08 02        |

### 80m horden (0,76m)

|                            |              |                 |
|----------------------------|--------------|-----------------|
| 1. <b>THEUNISSEN Niels</b> | <b>12.81</b> | <b>28 09 25</b> |
| 2. <b>DE MOOR Richard</b>  | <b>12.87</b> | <b>25 05 25</b> |
| 3. <b>WOUTERS Robbe</b>    | <b>12.88</b> | <b>11 05 25</b> |
| 4. VAN DYCK Floris         | 13.20        | 21 05 23        |
| 5. <b>BAELE Tirso</b>      | <b>14.13</b> | <b>11 05 25</b> |
| 6. <b>DE MOOR Cyril</b>    | <b>14.20</b> | <b>03 05 25</b> |
| 7. VANDERHAEGHEN Elémiah   | 14.36        | 30 09 23        |
| 8. <b>LEENAARDS Mil</b>    | <b>14.50</b> | <b>21 05 25</b> |
| 9. VAN REGENMORTEL Nand    | 14.91        | 21 08 21        |
| 10. DE JONGHE Kobe         | 14.94        | 30 09 23        |

### 150m horden

|                            |              |                 |
|----------------------------|--------------|-----------------|
| 1. <b>DE MOOR Richard</b>  | <b>21.66</b> | <b>25 05 25</b> |
| 2. SCHEERDER Kobe          | 21.88        | 11 08 13        |
| 3. <b>WOUTERS Robbe</b>    | <b>22.19</b> | <b>01 06 25</b> |
| 4. <b>THEUNISSEN Niels</b> | <b>22.21</b> | <b>13 09 25</b> |
| 5. DESMET Milan            | 22.37        | 22 09 19        |
| 6. BOONEN Jannes           | 22.38        | 29 08 09        |
| 7. BERKMANS Taro           | 22.58        | 30 09 17        |
| 8. <b>LEENAARDS Mil</b>    | <b>22.73</b> | <b>07 06 25</b> |
| 9. BOUCKAERT Joren         | 22.90        | 08 10 06        |
| 10. <b>HUYSMANS Alek</b>   | <b>22.93</b> | <b>01 06 25</b> |

### kogel (3kg)

|                          |              |                 |
|--------------------------|--------------|-----------------|
| 1. TUYTELEERS Ben        | 10,99        | 29 09 01        |
| 2. SCHEERDER Kobe        | 10,77        | 11 08 13        |
| 3. BERKMANS Taro         | 10,65        | 09 09 17        |
| 4. <b>TOEBOSCH Raf</b>   | <b>10,41</b> | <b>20 09 25</b> |
| 5. V.MINNEBRUGGEN Ewan   | 10,40        | 25 08 94        |
| 6. VERDUYN Lennert       | 10,00        | 08 08 15        |
| 7. DESMET Milan          | 9,92         | 12 10 19        |
| 8. <b>BAELE Tirso</b>    | <b>9,91</b>  | <b>07 06 25</b> |
| 9. <b>VAN OLMEN Milo</b> | <b>9,89</b>  | <b>13 09 25</b> |
| 10. MEEUSEN Dries        | 9,76         | 02 10 09        |

**hoog**

|                           |             |                 |
|---------------------------|-------------|-----------------|
| 1. VERDUYN Lennert        | 1,70        | 12 09 15        |
| 2. DE HOON Stefan         | 1,60        | 28 06 87        |
| 3. <b>VAN OLMEN Milo</b>  | <b>1,58</b> | <b>07 09 25</b> |
| 4. BRIERS Kristof         | 1,57        | 25 04 99        |
| 5. <b>DE MOOR Richard</b> | <b>1,55</b> | <b>07 06 25</b> |
| 6. VAN DYCK Floris        | 1,54        | 07 09 24        |
| 7. VAN VLASSELAER Mike    | 1,52        | 11 06 89        |
| VAN EYNDHOVEN Peter       | 1,52        | 13 08 06        |
| DESMET Milan              | 1,52        | 05 10 19        |
| VANDERHAEGHEN Elémiah     | 1,52        | 03 09 23        |

**polsstok**

|                        |      |          |
|------------------------|------|----------|
| 1. DESMET Milan        | 3,10 | 28 09 19 |
| 2. SCHEERDER Kobe      | 2,90 | 01 09 13 |
| 3. RAMSDOCK Toon       | 2,80 | 23 09 06 |
| 4. BOONEN Jannes       | 2,63 | 19 09 09 |
| 5. COENEGRACHT Bob     | 2,25 | 02 08 03 |
| 6. CRAEN Toon          | 2,23 | 21 07 99 |
| 7. DE GREEF Mats       | 2,15 | 18 08 20 |
| 8. DE PRIJCK Daan      | 2,10 | 23 08 08 |
| 9. SELS Rik            | 2,05 | 23 08 08 |
| 10. VAN CAMPFORT Jesse | 2,00 | 10 09 06 |

**speer (400g)**

|                             |              |                 |
|-----------------------------|--------------|-----------------|
| 1. BERKMANS Taro            | 41,18        | 23 09 17        |
| 2. MEEUSEN Dries            | 37,08        | 17 10 09        |
| 3. VERVOORT Wouter          | 35,42        | 06 09 96        |
| 4. BRACKE Roel              | 34,72        | 13 10 96        |
| 5. <b>BAELE Tirso</b>       | <b>34,19</b> | <b>25 05 25</b> |
| 6. VAN GHIJSEGHEM Kris      | 33,76        | 29 09 90        |
| 7. SCHEERDER Kobe           | 33,61        | 25 08 13        |
| 8. VERCUYSSSE Olivier       | 32,72        | 05 05 24        |
| 9. COENEGRACHT Bob          | 31,96        | 14 09 03        |
| 10. <b>THEUNISSEN Niels</b> | <b>31,63</b> | <b>13 09 25</b> |

**ver**

|                          |             |                 |
|--------------------------|-------------|-----------------|
| 1. BRIERS Kristof        | 5,24        | 10 09 99        |
| 2. SCHEERDER Kobe        | 5,20        | 21 09 13        |
| 3. <b>VAN OLMEN Milo</b> | <b>5,13</b> | <b>13 09 25</b> |
| 4. BELIS Steven          | 5,03        | 02 10 92        |
| 5. VAN DYCK Floris       | 5,02        | 28 09 25        |
| 6. <b>WOUTERS Robbe</b>  | <b>5,00</b> | <b>13 09 25</b> |
| 7. BRACKE Roel           | 4,99        | 05 10 96        |
| 8. DESMET Milan          | 4,97        | 12 10 19        |
| 9. COLLIER Quinten       | 4,92        | 04 08 01        |
| 10. VAN VLASSELAER Mike  | 4,89        | 07 07 89        |

**5-kamp**

|                            |              |                 |
|----------------------------|--------------|-----------------|
| 1. SCHEERDER Kobe          | 3503p        | 13 07 13        |
| 2. DESMET Milan            | 3248p        | 05 10 19        |
| 3. BOONEN Jannes           | 3185p        | 13 06 09        |
| 4. ROMBOUTS Koen           | 3174p        | 29 07 01        |
| 5. VERDUYN Lennert         | 3145p        | 22 08 15        |
| 6. BERKMANS Taro           | 3060p        | 12 08 17        |
| 7. BRIERS Kristof          | 3091p        | 29 08 99        |
| 8. COLLIER Quinten         | 2951p        | 29 07 01        |
| 9. <b>WOUTERS Robe</b>     | <b>2923p</b> | <b>09 06 25</b> |
| 10. <b>DE MOOR Richard</b> | <b>2922p</b> | <b>09 06 25</b> |

**1 km snelwandelen**

|                  |         |          |
|------------------|---------|----------|
| 1. BOONEN Pieter | 6.46.66 | 30 07 07 |
| 2. MATYSEN Robin | 7.25.7  | 12 05 99 |

**4 x 80 meter**

|                                                                            |              |                 |
|----------------------------------------------------------------------------|--------------|-----------------|
| 1. Quinten COLLIER, David PALINCKX, Koen ROMBOUTS, Ben TUYTELEERS          | 41.64        | 07 07 01        |
| 2. Emiel BUYTAERT, Robbe VANHOVE, Kobe SCHEERDER en Maxim PREAUX           | 42.43        | 30 09 12        |
| 3. <b>Niels THEUNISSEN, Tirso BAELE, Robbe WOUTERS, Mil LEENAARDS</b>      | <b>42.68</b> | <b>28 09 25</b> |
| 4. <b>Cyril DE MOOR, Tirso BAELE, Robbe WOUTERS, Mil LEENAARDS</b>         | <b>42.73</b> | <b>08 09 25</b> |
| 5. <b>Mil LEENAARDS, Cyril DE MOOR, Richard DE MOOR, Robbe WOUTERS</b>     | <b>42.78</b> | <b>01 05 25</b> |
| 6. Quinten COLLIER, David PALINCKX, Pieter VAN WOUWE, Ben TUYTELEERS       | 42.79        | 23 06 01        |
| 7. <b>Milo VAN OLMEN, Cedric DE GREEF, Niels THEUNISSEN, Tirso BAELE</b>   | <b>43.26</b> | <b>24 08 25</b> |
| 8. <b>Milo VAN OLMEN, Cedric DE GREEF, Niels THEUNISSEN, Alek HUYSMANS</b> | <b>43.28</b> | <b>20 09 25</b> |
| 9. Kobe DE JONGHE, Jens THEUNISSEN, Elémiah VANDERHAEGHEN, Kamiel DESART   | 43.33        | 30 09 23        |
| 10. Steven BELIS, Ben DE WIT, Geert en Bart SOMERS                         | 43.4         | 15 08 92        |

**3 x 600 meter**

|                                                           |                |                 |
|-----------------------------------------------------------|----------------|-----------------|
| 1. <b>Richard DE MOOR, Cyril DE MOOR, Alek HUYSMANS</b>   | <b>5.23.25</b> | <b>24 08 25</b> |
| 2. Nicolai SAKE, Arno VERDUYN, Jannes BOONEN              | 5.27.88        | 23 08 09        |
| 3. <b>Victor VAN Roye, Cedric DE GREEF, Alek HUYSMANS</b> | <b>5.35.44</b> | <b>01 06 25</b> |
| 4. <b>Cedric DE GREEF, Jelte MERKET, Mil LEENAARDS</b>    | <b>5.38.54</b> | <b>24 08 25</b> |
| 5. <b>Cedric DE GREEF, Cyril DE MOOR, Mil LEENAARDS</b>   | <b>5.39.87</b> | <b>21 04 25</b> |
| 6. Jelle BICKER, Louis VANROY, Wiebe SNIJDERS             | 5.41.03        | 30 08 15        |
| 7. Zakaria ALLAMI, Milan DESMET, Alex JANSSENS            | 5.44.56        | 30 05 19        |
| 8. <b>Mil LEENAARDS, Richard DE MOOR, Cyril DE MOOR</b>   | <b>5.46.66</b> | <b>29 06 25</b> |
| 9. Louis VAN GILS, Jonas SCHEDEMAN, Thijs DE CAUWER       | 5.50.50        | 28 08 16        |
| 10. Alek HUYSMANS, Cyril DE MOOR, Richard DE MOOR         | 5.52.12        | 24 08 24        |

## Cadetten meisjes

### 100 meter

|                      |       |          |
|----------------------|-------|----------|
| 1. WINTERS Helena    | 12.31 | 20 05 23 |
| 2. LEQUESNE Marijke  | 12.60 | 08 09 02 |
| NAGELS Rani          | 12.60 | 05 09 10 |
| 4. CEULEMANS Kristin | 12.6  | 28 04 90 |
| 5. DE WITTE Rehka    | 12.91 | 08 06 96 |
| 6. SUY Ellen         | 12.93 | 15 09 89 |
| 7. LANDUYDT Ella     | 12.96 | 15 06 02 |
| 8. WILLEMYNS Zoë     | 12.96 | 15 08 21 |
| 9. WINTERS Helena    | 12.97 | 16 04 22 |
| 10. ROELS Ilse       | 12.8  | 24 06 89 |

### 300 meter

|                        |              |                 |
|------------------------|--------------|-----------------|
| 1. NAGELS Rani         | 41.02        | 18 09 10        |
| 2. DE WIT Barbara      | 42.76        | 28 04 00        |
| 3. DE GREEF Nina       | 43.14        | 20 08 24        |
| 4. WILLEMYNS Zoë       | 43.61        | 29 08 21        |
| 5. DRIES Evie          | 43.70        | 05 06 94        |
| 6. KEGELEERS Ninte     | 43.77        | 07 08 21        |
| 7. <b>KOZICKA Maya</b> | <b>44.12</b> | <b>13 09 25</b> |
| 8. LANDUYDT Ella       | 44.45        | 01 06 03        |
| 9. VAN DEN BUYS Jitske | 45.28        | 20 05 24        |
| 10. DE WITTE Rehka     | 45.5         | 05 04 96        |

### 800 meter

|                                |                |                 |
|--------------------------------|----------------|-----------------|
| 1. KEGELEERS Ninte             | 2.16.44        | 03 07 21        |
| 2. VAN DE VEL Sara             | 2.22.09        | 21 08 09        |
| 3. DE WIT Barbara              | 2.22.84        | 02 06 00        |
| 4. BICKER Janne                | 2.22.91        | 29 07 17        |
| 5. DEWICKERE Danielle          | 2.23.00        | 01 07 06        |
| 6. GODDEN Elke                 | 2.24.93        | 02 07 11        |
| 7. FIVEZ Lotte                 | 2.25.93        | 30 05 99        |
| 8. JOLY Vanessa                | 2.26.73        | 23 07 97        |
| 9. <b>VAN DYCK Ellis</b>       | <b>2.29.16</b> | <b>18 05 25</b> |
| 10. Vandenlindenloof Charlotte | 2.29.19        | 25 05 15        |

### 1000 meter

|                               |         |          |
|-------------------------------|---------|----------|
| 1. GODDEN Elke                | 3.05.50 | 26 07 11 |
| 2. BICKER Janne               | 3.06.27 | 09 08 17 |
| 3. DEWICKERE Danielle         | 3.09.22 | 19 05 06 |
| 4. Vandenlindenloof Charlotte | 3.14.57 | 06 09 15 |
| 5. VAN DEN BROECK Ann         | 3.15.1  | 24 08 90 |
| 6. BEROETS Stien              | 3.20.07 | 27 05 16 |
| 7. VAN DE VEL Sara            | 3.20.14 | 22 08 08 |
| 8. HORREVORST Roos            | 3.24.03 | 13 05 15 |
| 9. BAETENS Sara               | 3.24.63 | 06 09 15 |
| 10. VANHOVE Kaat              | 3.26.55 | 06 09 15 |

### 3000 meter

|                         |          |          |
|-------------------------|----------|----------|
| 1. VERSCHAEREN Annelien | 12.37.92 | 24 06 23 |
| 2. LENIE Jolien         | 12.00.82 | 24 06 23 |

### 80m horden (0,762)

|                               |              |                 |
|-------------------------------|--------------|-----------------|
| 1. DRIES Evie                 | 12.08        | 15 08 94        |
| 2. <b>KOZICKA Maya</b>        | <b>12.55</b> | <b>24 05 25</b> |
| 3. DE GREEF Nina              | 12.58        | 26 05 24        |
| 4. DAEMS Silke                | 12.99        | 29 07 17        |
| 5. ROELS Ilse                 | 12.8         | 17 05 89        |
| 6. CEULEMANS Kristin          | 12.9         | 05 09 90        |
| 7. BUELENS Charlotte          | 13.15        | 28 04 12        |
| 8. WUYTS Eva                  | 13.0         | 18 07 93        |
| 9. <b>LANDTMETERS Pauline</b> | <b>13.38</b> | <b>24 05 25</b> |
| 10. VAN DEN BUYS Jitske       | 13.47        | 28 09 24        |

### 150 meter

|                         |              |                 |
|-------------------------|--------------|-----------------|
| 1. WILLEMYNS Zoë        | 19.60        | 10 07 21        |
| 2. <b>KOZICKA Maya</b>  | <b>20.31</b> | <b>13 09 25</b> |
| 3. <b>MELIS Jolien</b>  | <b>21.06</b> | <b>13 09 25</b> |
| 4. <b>CLAESSENS Isa</b> | <b>21.93</b> | <b>13 09 25</b> |
| 5. <b>PETER Pauline</b> | <b>22.43</b> | <b>13 09 25</b> |

### 200 meter

|                      |       |          |
|----------------------|-------|----------|
| 1. WINTERS Helena    | 25.34 | 24 06 23 |
| 2. NAGELS Rani       | 25.92 | 05 06 10 |
| 3. CEULEMANS Kristin | 26.31 | 19 05 90 |
| 4. WILLEMYNS Zoë     | 26.49 | 17 07 21 |
| 5. ROELS Ilse        | 26.3  | 19 05 89 |
| 6. LEQUESNE Marijke  | 26.60 | 15 06 02 |
| 7. DE WIT Barbara    | 26.62 | 21 05 00 |
| 8. DE VOEGHT Karen   | 26.8  | 09 09 89 |
| 9. DE WITTE Rehka    | 27.17 | 19 05 96 |
| 10. DAEMS Silke      | 27.18 | 24 09 17 |

### 400 meter

|                        |       |          |
|------------------------|-------|----------|
| 1. NAGELS Rani         | 57.69 | 15 08 10 |
| 2. KEGELEERS Ninte     | 60.36 | 19 09 21 |
| 3. ROELS Ilse          | 61.14 | 01 07 89 |
| 4. DE GREEF Nina       | 61.46 | 12 05 24 |
| 5. DE WIT Barbara      | 61.70 | 20 08 00 |
| 6. DRIES Evie          | 63.37 | 22 05 94 |
| 7. CEULEMANS Kristin   | 63.74 | 14 04 90 |
| 8. VAN DEN BUYS Jitske | 64.14 | 15 08 23 |
| 9. VAN DE VEL Sara     | 64.32 | 25 04 09 |
| 10. LEEMANS Elke       | 64.2  | 25 09 82 |

### 1500 meter

|                               |                |                 |
|-------------------------------|----------------|-----------------|
| 1. VAN DE VEL Sara            | 4.51.73        | 29 08 09        |
| 2. BICKER Janne               | 4.53.78        | 09 09 17        |
| 3. GODDEN Elke                | 4.57.26        | 15 08 11        |
| 4. DEWICKERE Danielle         | 5.02.29        | 02 06 06        |
| 5. KEGELEERS Ninte            | 5.03.15        | 29 08 20        |
| 6. FIVEZ Lotte                | 5.03.79        | 03 07 98        |
| 7. Vandenlindenloof Charlotte | 5.08.24        | 25 04 15        |
| 8. VAN DEN BROECK Ann         | 5.12.0         | 27 07 90        |
| 9. JOLY Vanessa               | 5.13.0         | 20 09 96        |
| 10. <b>VAN DYCK Ellis</b>     | <b>5.18.27</b> | <b>27 04 25</b> |

### 1 mijl

|                       |         |          |
|-----------------------|---------|----------|
| 1. GODDEN Elke        | 5.22.18 | 14 09 11 |
| 2. BICKER Janne       | 5.25.50 | 19 08 17 |
| 3. DEWICKERE Danielle | 5.42.49 | 20 05 05 |
| 4. BEROETS Stien      | 5.50.59 | 09 07 16 |

### 2000 meter

|                    |         |          |
|--------------------|---------|----------|
| 1. BICKER Janne    | 6.58.74 | 24 09 17 |
| 2. GODDEN Elke     | 6.59.37 | 25 08 11 |
| 3. VAN DE VEL Sara | 7.07.9  | 12 09 09 |

### 300m horden (0,762)

|                               |              |                 |
|-------------------------------|--------------|-----------------|
| 1. ROELS Ilse                 | 45.08        | 10 09 89        |
| 2. DRIES Evie                 | 45.88        | 11 09 94        |
| 3. DE GREEF Nina              | 47.00        | 28 04 24        |
| 4. VAN DEN BUYS Jitske        | 48.50        | 20 04 24        |
| 5. WILLEMYNS Zoë              | 48.67        | 07 07 21        |
| 6. COP Cindy                  | 49.1         | 05 04 96        |
| 7. <b>LANDTMETERS Pauline</b> | <b>49.67</b> | <b>27 04 25</b> |
| 8. VAN HOYWEGHEN Joyce        | 51.67        | 05 05 07        |
| 9. VAN DE NEUCKER Noor        | 51.87        | 05 05 18        |
| 10. KOZICKA Maya              | 51.92        | 26 06 24        |

**ver**

|                        |             |                 |
|------------------------|-------------|-----------------|
| 1. WINTERS Helena      | 5,54        | 15 08 23        |
| 2. CEULEMANS Kristin   | 5,28        | 28 04 90        |
| 3. <b>KOZICKA Maya</b> | <b>5,24</b> | <b>13 09 25</b> |
| 4. DE WIT Barbara      | 5,21        | 09 09 00        |
| 5. DAEMS Silke         | 5,18        | 24 09 17        |
| 6. ROELS Ilse          | 4,99        | 09 07 88        |
| 7. DE VOEGHT Karen     | 4,98        | 22 04 89        |
| 8. VAN HOYWEGHEN Joyce | 4,87        | 29 09 07        |
| 9. DILS Camille        | 4,84        | 25 05 08        |
| 10. DRIES Evie         | 4,82        | 01 09 95        |

**hoog**

|                               |             |                 |
|-------------------------------|-------------|-----------------|
| 1. DAEMS Silke                | 1,58        | 01 05 17        |
| 2. DE PRIJCK Karen            | 1,56        | 04 05 08        |
| 3. VAN ROMPAEY Michèle        | 1,50        | 19 05 90        |
| WUYTS Eva                     | 1,50        | 29 08 93        |
| LENIE Jolien                  | 1,50        | 14 05 23        |
| 6. DE WIT Barbara             | 1,48        | 20 08 00        |
| 7. <b>LANDTMETERS Pauline</b> | <b>1,46</b> | <b>25 06 25</b> |
| 8. REYNIERS Sally             | 1,45        | 30 06 89        |
| CEULEMANS Kristin             | 1,45        | 23 06 90        |
| KOZICKA Maya                  | 1,45        | 28 09 24        |

**5-kamp**

|                        |       |          |
|------------------------|-------|----------|
| 1. VAN DEN BUYS Jitske | 2555p | 17 09 23 |
| 2. DE GREEF Nina       | 2544p | 17 09 23 |
| 3. CEULEMANS Kristin   | 2413p | 23 06 90 |
| 4. WUYTS Eva           | 2022p | 18 07 93 |
| 5. REYNIERS Sally      | 1902p | 05 09 90 |

**6-kamp**

|                               |              |                 |
|-------------------------------|--------------|-----------------|
| 1. <b>KOZICKA Maya</b>        | <b>3477p</b> | <b>25 05 25</b> |
| 2. DAEMS Silke                | 3204p        | 30 07 17        |
| 3. <b>LANDTMETERS Pauline</b> | <b>3034p</b> | <b>25 05 25</b> |
| 4. DE GREEF Nina              | 2948p        | 29 09 24        |
| 5. VAN DEN BUYS Jitske        | 2699p        | 26 05 24        |
| 6. DEWAELE Betti              | 2445p        | 12 05 19        |
| 7. BONGERS Yara               | 2101p        | 03 08 14        |

**kogel (3kg)**

|                        |              |                 |
|------------------------|--------------|-----------------|
| 1. SAGON Julie         | 13,28        | 11 09 10        |
| 2. <b>KOZICKA Maya</b> | <b>11,54</b> | <b>30 08 25</b> |
| 3. VERBIST Dominique   | 10,95        | 31 05 91        |
| 4. WINTERS Helena      | 10,23        | 15 05 22        |
| 5. VERDUYN Isabelle    | 10,04        | 12 09 09        |
| 6. DE BRUIJN Severine  | 9,94         | 24 06 05        |
| 7. BRUNEEL An          | 9,92         | 13 10 96        |
| 8. AZZOUZ Yasmine      | 9,88         | 03 05 14        |
| 9. DAEMS Silke         | 9,48         | 27 04 17        |
| 10. LANDUYDT Ella      | 9,37         | 24 05 03        |

**4 x 100 meter**

|                                                                            |              |                 |
|----------------------------------------------------------------------------|--------------|-----------------|
| 1. Ellen SUY, Kristin CEULEMANS, Karen DE VOEGHT, Ilse ROELS               | 50.21        | 17 09 89        |
| 2. Helena WINTERS, Anaïs LANDTMETERS, Liv ENGELS, Nina DE GREEF            | 51.64        | 14 05 23        |
| 3. Joyce V HOYWEGHEN, Karen DE PRIJCK, Camille DILS, Charlotte COENEGRACHT | 52.58        | 19 08 07        |
| 4. Sofie WOUTERS, Zoë WILLEMYNS, Louise WUYTS, Jill DE VLEGELAER           | 52.62        | 28 08 21        |
| 5. Marijke LEQUESNE, Anouk MERTENS, Debbie VAN DEN BOSCH, Ella LANDUYDT    | 52.64        | 11 05 02        |
| 6. Maya KOZICKA, Pauline LANDTMETERS, Jitske VAN DEN BUYS, Nina DE GREEF   | 53.03        | 24 08 24        |
| 7. Karen DE PRIJCK, Anouck DE BRUIJN, Camille DILS, Joyce VAN HOYWEGHEN    | 53.49        | 03 05 08        |
| 8. Sally REYNIERS, Michèle VAN ROMPAEY, Ann V.D.BROECK, Kristin CEULEMANS  | 53.91        | 23 09 90        |
| 9. <b>Pauline LANDTMETERS, Maya KOZICKA, Jolien MELIS, Isa CLAESSENS</b>   | <b>53.91</b> | <b>23 09 90</b> |
| 10. <b>Pauline LANDTMETERS, Maya KOZICKA, Pauline PETER, Isa CLAESSENS</b> | <b>54.20</b> | <b>04 05 25</b> |

**200m horden (0,762)**

|                 |       |          |
|-----------------|-------|----------|
| 1. DILS Camille | 34.03 | 14 10 07 |
| 2. BONGERS Yara | 38,75 | 25 07 14 |

**1500m steeple**

|                      |         |          |
|----------------------|---------|----------|
| 1. BERVOETS Stien    | 5.45.92 | 26 07 16 |
| 2. VAN DAMME Yasmine | 5.56.78 | 31 05 15 |

**600**

|                        |         |          |
|------------------------|---------|----------|
| 1. VAN DEN BUYS Jitske | 1.49.50 | 14 07 24 |
| 2. LANDTMETERS Pauline | 1.54.4  | 28 06 24 |
| 3. KOZICKA Maya        | 1.57.1  | 28 06 24 |

**hinkstap**

|                         |       |          |
|-------------------------|-------|----------|
| 1. DAEMS Silke          | 10,84 | 09 09 17 |
| 2. DRIES Evie           | 10,50 | 09 09 95 |
| 3. VAN DEN BUYS Jitske  | 10,11 | 31 08 24 |
| 3. VAN HOYWEGHEN Joyce  | 9,75  | 16 08 08 |
| 4. DE BRUIJN Severine   | 9,38  | 07 08 05 |
| 5. DILS Renee           | 8,90  | 29 04 06 |
| 6. VANMEENEN Lieselotte | 8,03  | 19 04 13 |
| 7. COP Cindy            | 7,38  | 08 09 95 |

**polssstok**

|                      |      |          |
|----------------------|------|----------|
| 1. DE PRIJCK Karen   | 2,90 | 15 08 08 |
| 2. VAN EYNDHOVEN Els | 2,84 | 08 08 10 |
| 3. MASELIS Iris      | 2,50 | 05 09 10 |
| 4. BONGERS Yara      | 2,17 | 27 09 14 |

**speer (500g)**

|                               |              |                 |
|-------------------------------|--------------|-----------------|
| 1. BRUNEEL An                 | 38,82        | 13 10 96        |
| 2. WOUTERS Ine                | 32,79        | 07 08 05        |
| 3. <b>KOZICKA Maya</b>        | <b>29,27</b> | <b>19 04 25</b> |
| 4. VAN HOYWEGHEN Joyce        | 27,61        | 20 09 08        |
| 5. SAGON Julie                | 23,98        | 18 10 10        |
| 6. <b>LANDTMETERS Pauline</b> | <b>22,57</b> | <b>25 05 25</b> |
| 7. SCHRAUWEN Ilona            | 21,34        | 04 05 19        |
| 8. MASELIS Iris               | 21,28        | 08 05 10        |
| MEIJER Janine                 | 21,22        | 26 08 89        |
| 10. DE WIT Barbara            | 21,22        | 29 08 99        |

**discus (1kg)**

|                      |       |          |
|----------------------|-------|----------|
| 1. SAGON Julie       | 33,23 | 03 09 11 |
| 2. VERBIST Dominique | 28,92 | 15 05 91 |
| 3. SUY Ellen         | 27,74 | 29 09 89 |
| 4. BRUNEEL An        | 26,78 | 13 10 96 |
| 5. AZZOUZ Yasmine    | 24,00 | 25 07 14 |
| 6. VERDUYN Isabelle  | 23,18 | 17 10 09 |
| 7. WINTERS Helena    | 23,00 | 15 05 22 |
| 8. DE CEULAER Julie  | 22,49 | 21 06 14 |
| 9. TEUGHELIS Eline   | 21,50 | 04 07 09 |
| 10. GESTELS Vanessa  | 20,88 | 21 04 84 |

**4 x 200 meter**

- |                                                                    |         |          |
|--------------------------------------------------------------------|---------|----------|
| 1. Jitske VANDENBUYS, Anaïs LANDTMETERS, Liv ENGELS, Nina DE GREEF | 1.58.45 | 26 08 23 |
|--------------------------------------------------------------------|---------|----------|

**4 x 800 meter**

- |                                                                             |          |          |
|-----------------------------------------------------------------------------|----------|----------|
| 1. Kaat VANHOVE, Janne BICKER, Stien BERVOETS, Roos HORREVORST              | 10.36.54 | 28 08 16 |
| 2. Yasmine VAN DAMME, Charlotte VDLINDENLOOF, Sara BAETENS, Roos HORREVORST | 10.50.73 | 30 08 15 |
| Vanessa JOLY, Ann BRUNEEL, Sara DENISSEN, Cindy COP                         | 11.51.18 | 28 08 96 |

## Cadetten jongens:

### 100 meter

|                         |       |          |
|-------------------------|-------|----------|
| 1. SORTINO Jeremi       | 11.38 | 15 08 09 |
| 2. ROSIERS Peter        | 11.72 | 12 09 92 |
| 3. PALINCKX David       | 11.73 | 30 05 03 |
| 4. COLLIGNON Jonathan   | 11.75 | 07 09 96 |
| 5. PREAUX Maxim         | 11.79 | 30 08 14 |
| 6. BELIS Steven         | 11.84 | 29 04 94 |
| 7. VERCRUYSE Carl       | 11.85 | 23 05 98 |
| 8. AKENZUA Neil         | 11.87 | 30 08 08 |
| 9. SNIJERS Nico         | 11.89 | 21 07 95 |
| 10. V.MINNEBRUGGEN Ewan | 11.93 | 07 06 96 |
| JACOBS Joe              | 11.93 | 26 04 17 |

### 300 meter

|                        |       |          |
|------------------------|-------|----------|
| 1. ROSIERS Peter       | 37.36 | 03 10 92 |
| 2. AKENZUA Neil        | 37.90 | 22 08 08 |
| 3. PREAUX Maxim        | 38.26 | 07 09 14 |
| 4. BOUCKAERT Jente     | 38.45 | 07 08 05 |
| 5. BELIS Steven        | 38.50 | 05 06 94 |
| 6. BERTELS Thomas      | 38.59 | 05 07 07 |
| 7. COLLIGNON Jonathan  | 38.6  | 27 09 96 |
| 8. V.MINNEBRUGGEN Ewan | 38.8  | 05 04 96 |
| 9. LEUE Louie          | 39.56 | 31 05 15 |
| 10. PARIDAEN Stefan    | 39.71 | 04 09 02 |

### 600 meter

|                   |         |          |
|-------------------|---------|----------|
| 1. VAN GILS Louis | 1.34.02 | 03 06 18 |
| 2. HENDRIX Ward   | 1.42.05 | 25 05 17 |

### 1000 meter

|                        |         |          |
|------------------------|---------|----------|
| 1. BERTELS Brecht      | 2.38.69 | 19 09 09 |
| 2. ROMBOUTS Koen       | 2.43.49 | 08 06 03 |
| 3. MASELIS Jonas       | 2.44.07 | 21 08 10 |
| 4. BOUCKAERT Joren     | 2.45.47 | 22 08 08 |
| 5. FRANS Dave          | 2.46.65 | 28 06 00 |
| 6. FONTAINE Andy       | 2.47.9  | 30 07 88 |
| 7. VAN CAMPFORT Bert   | 2.48.1  | 29 09 89 |
| 8. VAN EYNDHOVEN Peter | 2.51.58 | 13 07 08 |
| 9. BOONEN Jannes       | 2.53.30 | 24 09 11 |
| 10. BOUCKAERT Jente    | 2.54.05 | 09 09 05 |

### 1500 meter

|                       |         |          |
|-----------------------|---------|----------|
| 1. MASELIS Jonas      | 4.11.64 | 05 09 10 |
| 2. BERTELS Brecht     | 4.13.81 | 26 07 09 |
| 3. LOFGREN Bjarne     | 4.15.91 | 31 08 14 |
| 4. VANROY Louis       | 4.19.19 | 10 06 17 |
| 5. MORTELMANS Maarten | 4.21.83 | 12 06 04 |
| 6. ROMBOUTS Koen      | 4.22.02 | 31 05 03 |
| 7. FONTAINE Andy      | 4.24.21 | 05 08 88 |
| 8. LEUNCKENS Ward     | 4.31.83 | 31 05 15 |
| 9. VAN LENT Jonas     | 4.33.97 | 10 09 10 |
| 10. FRANS Dave        | 4.40.22 | 15 05 99 |

### 1 mijl

|                        |         |          |
|------------------------|---------|----------|
| 1. MASELIS Jonas       | 4.36.42 | 08 09 10 |
| 2. VAN EYNDHOVEN Peter | 4.50.97 | 28 09 08 |
| 3. VANROY Louis        | 4.58.36 | 09 07 16 |
| 4. MORTELMANS Maarten  | 4.59.7  | 17 09 03 |
| 5. ROMBOUTS Koen       | 5.00.66 | 05 07 03 |
| 6. LEUNCKENS Ward      | 5.09.96 | 12 07 14 |
| 7. BICKER Jelle        | 5.20.12 | 19 08 17 |
| 8. SAKE Nicolaï        | 5.27.98 | 18 08 11 |
| 9. GOETHALS Jack       | 5.49.48 | 13 07 19 |

### 150 meter

|                           |              |                 |
|---------------------------|--------------|-----------------|
| 1. <b>THEUNISSEN Jens</b> | <b>18.54</b> | <b>13 09 25</b> |
| 2. <b>DE JONGHE Kobe</b>  | <b>19.02</b> | <b>13 09 25</b> |
| 3. <b>MELIS Xander</b>    | <b>19.28</b> | <b>13 09 25</b> |
| 4. <b>VAN DYCK Floris</b> | <b>20.00</b> | <b>27 06 25</b> |
| 5. <b>DEWIT Castor</b>    | <b>20.13</b> | <b>13 09 25</b> |
| 6. <b>MEIRE Nio</b>       | <b>20.35</b> | <b>13 09 25</b> |
| 7. <b>BELMANS Simon</b>   | <b>21.75</b> | <b>13 09 25</b> |
| 8. <b>KOZICKI Adam</b>    | <b>22.58</b> | <b>13 09 25</b> |
| 9. <b>BRYN Otto</b>       | <b>22.90</b> | <b>13 09 25</b> |
| 9. <b>VAN GOMPEL Leon</b> | <b>23.59</b> | <b>13 09 25</b> |

### 200 meter

|                        |       |          |
|------------------------|-------|----------|
| 1. ROSIERS Peter       | 23.72 | 13 09 92 |
| 2. PALINCKX David      | 23.89 | 09 06 03 |
| 3. PREAUX Maxim        | 23.95 | 04 10 14 |
| 4. AKENZUA Neil        | 23.97 | 07 09 08 |
| 5. FONTAINE Andy       | 23.8  | 23 09 88 |
| 6. SORTINO Jeremi      | 24.14 | 26 07 09 |
| 7. BELIS Steven        | 24.30 | 02 10 94 |
| 8. HOOGEWIJS Johnny    | 24.2  | 23 09 88 |
| 9. BRIERS KRISTOF      | 24.50 | 31 08 01 |
| 10. COLLIGNON Jonathan | 24.55 | 08 09 96 |

### 400 meter

|                    |       |          |
|--------------------|-------|----------|
| 1. ROSIERS Peter   | 52.2  | 17 10 92 |
| 2. LEUE Louie      | 53.38 | 15 08 15 |
| 3. BERTELS Thomas  | 53.53 | 08 07 07 |
| 4. BERTELS Brecht  | 53.71 | 12 09 09 |
| 5. BOUCKAERT Jente | 53.85 | 03 09 05 |
| 6. BRIERS Kristof  | 54.13 | 15 08 01 |
| 7. FONTAINE Andy   | 54.45 | 27 08 88 |
| 8. BOUCKAERT Joren | 54.47 | 15 08 08 |
| 9. LEUNCKENS Ward  | 54.93 | 12 06 15 |
| 10. DE WIT Ben     | 54.99 | 02 10 94 |

### 800 meter

|                        |         |          |
|------------------------|---------|----------|
| 1. BERTELS Brecht      | 1.59.28 | 06 09 09 |
| 2. BOUCKAERT Joren     | 2.01.71 | 07 09 08 |
| 3. FONTAINE Andy       | 2.02.5  | 07 08 88 |
| 4. LEUNCKENS Ward      | 2.03.19 | 18 07 15 |
| 5. LOFGREN Bjarne      | 2.04.45 | 21 06 14 |
| 6. MASELIS Jonas       | 2.05.17 | 11 09 10 |
| 7. FRANS Dave          | 2.05.90 | 09 09 00 |
| 8. VAN EYNDHOVEN Peter | 2.06.19 | 20 07 08 |
| 9. ROMBOUTS Koen       | 2.07.11 | 02 08 03 |
| 10. VAN LENT Jonas     | 2.07.95 | 04 09 10 |

### 2000 meter

|                        |         |          |
|------------------------|---------|----------|
| 1. MASELIS Jonas       | 6.15.54 | 12 09 09 |
| 2. VAN EYNDHOVEN Peter | 6.20.76 | 05 10 08 |
| 3. BICKER Jelle        | 6.47.61 | 24 09 17 |
| 4. KERREMANS Ben       | 7.03.17 | 28 08 07 |

### 1500m steeple (0,76)

|                          |                |                 |
|--------------------------|----------------|-----------------|
| 1. LEUNCKENS Ward        | 4.35.94        | 06 09 15        |
| 2. ROMBOUTS Koen         | 4.38.21        | 22 08 03        |
| 3. MORTELMANS Maarten    | 4.42.92        | 02 05 04        |
| 4. MASELIS Jonas         | 5.00.85        | 22 08 09        |
| 5. <b>WYCKMANS Aster</b> | <b>5.09.42</b> | <b>05 07 25</b> |
| 6. BREUGELMANS Roel      | 5.13.97        | 12 09 97        |
| 7. VAN PUT Fabio         | 5.15.41        | 04 06 00        |
| 8. BOVRE Johan           | 5.22.38        | 06 09 98        |
| 9. VAN LENT Jonas        | 5.22.51        | 20 06 10        |
| 10. DESMET Milan         | 5.37.06        | 02 08 20        |

**100m horden (0,914)**

|                           |              |                 |
|---------------------------|--------------|-----------------|
| 1. BELIS Steven           | 14.53        | 11 09 94        |
| 2. V.MINNEBRUGGEN Ewan    | 15.09        | 08 09 96        |
| 3. DE GREEF Mats          | 15.26        | 20 08 22        |
| 4. DRIEGHE Davy           | 15.65        | 17 09 94        |
| 5. BOONEN Jannes          | 15.70        | 24 09 11        |
| 6. HOOGEWIJS Johnny       | 16.08        | 20 08 88        |
| 7. <b>VAN DYCK Floris</b> | <b>16.17</b> | <b>11 05 25</b> |
| 8. VERDUYN Lennert        | 16.31        | 28 05 17        |
| 9. EYCKMANS Fedde         | 16.35        | 18 08 18        |
| 10. SCHEERDER Kobe        | 16.48        | 24 08 14        |

**ver**

|                     |      |          |
|---------------------|------|----------|
| 1. BRIERS Kristof   | 6,38 | 06 10 01 |
| 2. PALINCKX David   | 6,32 | 04 10 03 |
| 3. DRIEGHE Davy     | 6,18 | 11 09 94 |
| 4. JACOBS Joe       | 5,87 | 21 05 17 |
| AKENZUA Neil        | 5,87 | 19 07 08 |
| 6. DE PAEPE Bernard | 5,83 | 27 05 89 |
| 7. BERTELS Thomas   | 5,84 | 29 09 07 |
| 8. DESMET Milan     | 5,79 | 25 08 21 |
| 9. PREAUX Maxim     | 5,77 | 02 08 14 |
| VERDUYN Lennert     | 5,77 | 02 04 17 |

**kogel (4kg)**

|                        |       |          |
|------------------------|-------|----------|
| 1. VERDUYN Lennert     | 13,12 | 24 09 17 |
| HAAZEN Stefaan         | 13,12 | 06 10 01 |
| 3. BERKMANS Taro       | 13,00 | 19 10 19 |
| 4. VAN HOOFF Stijn     | 12,46 | 05 09 99 |
| 5. V.MINNEBRUGGEN Ewan | 12,16 | 03 05 96 |
| 6. SOMERS Geert        | 12,12 | 05 06 94 |
| 7. VERVOORT Joeri      | 11,90 | 20 05 02 |
| 8. BROUWERS Piet       | 11,67 | 23 09 18 |
| 9. DRIEGHE Davy        | 11,49 | 15 04 94 |
| 10. DE CONINCK Peter   | 11,40 | 15 08 86 |

**hoog**

|                        |      |          |
|------------------------|------|----------|
| 1. BEULEN Peter        | 1,85 | 25 06 89 |
| 2. VERDUYN Lennert     | 1,84 | 15 08 17 |
| 3. DESMET Milan        | 1,75 | 22 08 21 |
| 4. VERCUYSE Carl       | 1,74 | 16 05 98 |
| 5. DE HOON Stefan      | 1,73 | 01 05 89 |
| 6. VAN VLASSELAER Mike | 1,65 | 25 05 91 |
| DRIEGHE Davy           | 1,65 | 17 09 94 |
| BRIERS Kristof         | 1,65 | 06 10 01 |
| PALINCKX David         | 1,65 | 15 08 02 |
| VAN WOUWE Tom          | 1,65 | 20 04 07 |
| BOONEN Jannes          | 1,65 | 30 07 11 |
| PEETERS Lander         | 1,65 | 28 08 22 |

**speer (600g)**

|                    |       |          |
|--------------------|-------|----------|
| 1. BERKMANS Taro   | 52,89 | 22 06 19 |
| 2. MEEUSEN Dries   | 45,38 | 29 07 11 |
| 3. TUYTELEERS Ben  | 41,81 | 25 04 03 |
| 4. BOONEN Jannes   | 41,22 | 15 10 11 |
| 5. VERDUYN Lennert | 39,95 | 08 10 17 |
| 6. SCHEERDER Kobe  | 38,18 | 04 10 14 |
| 7. DESMET Milan    | 37,90 | 22 08 21 |
| 8. ROMBOUTS Koen   | 36,17 | 21 09 03 |
| 9. WOUTERS Stijn   | 33,22 | 01 07 07 |
| 10. DE GREEF Mats  | 32,92 | 22 10 22 |

**100m horden (0,84m)**

|                  |       |          |
|------------------|-------|----------|
| 1. DESMET Milan  | 14.46 | 15 08 21 |
| 2. JARVIS Tibo   | 16.24 | 13 09 20 |
| 3. DE GREEF Mats | 18.23 | 31 07 21 |

**200m horden (0,76m)**

|                        |       |          |
|------------------------|-------|----------|
| 1. SCHEERDER Kobe      | 30.06 | 10 08 14 |
| 2. VAN EYNDHOVEN Peter | 30.24 | 12 10 08 |
| 3. PREAUX Maxim        | 30.32 | 10 08 14 |
| 4. MEEUSEN Dries       | 30.74 | 21 05 10 |
| 5. BOONEN Jannes       | 31.05 | 21 05 10 |

**300m horden (0,762)**

|                        |       |          |
|------------------------|-------|----------|
| 1. DRIEGHE Davy        | 40.93 | 11 09 94 |
| 2. BOUCKAERT Joren     | 42.52 | 13 09 08 |
| 3. BOONEN Jannes       | 43.21 | 08 05 11 |
| 4. VAN OOSTVELDT Oscar | 43.53 | 14 09 19 |
| 5. HOOGEWIJS Johnny    | 43.3  | 15 10 88 |
| 6. ROSIERS Peter       | 43.4  | 10 10 92 |
| 7. VERDUYN Lennert     | 43.75 | 07 05 17 |
| 8. DE GREEF Mats       | 44.17 | 15 08 22 |
| 9. BOUCKAERT Jente     | 44.34 | 28 08 05 |
| 10. SCHEERDER Kobe     | 44.87 | 27 04 14 |

**hinkstap**

|                           |              |                 |
|---------------------------|--------------|-----------------|
| 1. DOUCOURÉ Abdallah      | 12,48        | 24 09 89        |
| 2. AKENZUA Neil           | 12,28        | 15 08 08        |
| 3. VERDUYN Lennert        | 11,85        | 14 05 17        |
| 4. HOOGEWIJS Johnny       | 11,80        | 28 05 88        |
| 5. BOONEN Jannes          | 11,76        | 15 08 11        |
| 6. <b>VAN DYCK Floris</b> | <b>11,60</b> | <b>15 08 25</b> |
| 7. BELIS Steven           | 11,52        | 29 04 94        |
| 8. BERKMANS Taro          | 11,50        | 22 04 19        |
| 9. DRIEGHE Davy           | 11,49        | 29 04 94        |
| 10. V.MINNEBRUGGEN Ewan   | 11,47        | 19 05 96        |

**discus (1kg)**

|                           |              |                 |
|---------------------------|--------------|-----------------|
| 1. DEPECKER Lucas         | 43,61        | 27 09 20        |
| 2. VAN DAMME Steven       | 42,66        | 16 10 94        |
| 3. SOMERS Geert           | 39,74        | 01 10 94        |
| 4. DRIEGHE Davy           | 38,72        | 01 10 94        |
| 5. DESMET Milan           | 38,66        | 31 07 21        |
| 6. DE GREEF Mats          | 38,46        | 22 10 22        |
| 7. BOONEN Jannes          | 37,78        | 15 10 11        |
| 8. BERKMANS Taro          | 36,68        | 20 06 19        |
| 9. <b>THEUNISSEN Jens</b> | <b>36,23</b> | <b>17 08 25</b> |
| 10. VERVOORT Joeri        | 36,15        | 13 09 02        |

**polsstok**

|                       |      |          |
|-----------------------|------|----------|
| 1. DESMET Milan       | 3,60 | 15 08 21 |
| 2. SCHEERDER Kobe     | 3,50 | 06 07 14 |
| 3. RAMSDONCK Toon     | 3,23 | 27 09 08 |
| COENEGRACHT Bob       | 3,20 | 03 09 05 |
| 5. BOONEN Jannes      | 3,20 | 03 09 11 |
| 6. VAN CAMPFORT Jesse | 3,13 | 27 09 08 |
| 7. CRAEN Roel         | 3,10 | 09 08 98 |
| 8. VERDUYN Lennert    | 2,90 | 19 08 17 |
| VERCRUYSE Carl        | 2,83 | 26 07 98 |
| 10. BROUX Sander      | 2,70 | 01 10 05 |

**hamer (4kg)**

|                     |       |          |
|---------------------|-------|----------|
| 1. GULDENTOPS Wim   | 36,18 | 28 10 90 |
| 2. BOONEN Jannes    | 25,13 | 15 10 11 |
| 3. GULDENTOPS Bart  | 25,00 | 15 10 88 |
| 4. MEEUSEN Dries    | 16,78 | 15 10 11 |
| 5. HOOGEWIJS Johnny | 16,54 | 23 07 88 |

**5-kamp**

|                    |       |          |
|--------------------|-------|----------|
| 1. VERDUYN Lennert | 2699p | 29 07 17 |
| 2. BOONEN Jannes   | 2653p | 02 10 11 |
| 3. DESMET Milan    | 2568p | 31 08 21 |
| 4. SCHEERDER Kobe  | 2444p | 04 10 14 |
| 5. MEEUSEN Dries   | 2378p | 11 09 11 |
| 6. BOUCKAERT Jente | 2313p | 18 09 05 |
| 7. TUYTELEERS Ben  | 2129p | 21 09 03 |
| 8. SEGERS Emile    | 2106p | 15 09 13 |
| 9. ROMBOUTS Koen   | 2065p | 05 10 02 |
| 10. DELHEM Rik     | 1997p | 21 09 03 |

**8-kamp**

|                            |              |                 |
|----------------------------|--------------|-----------------|
| 1. DESMET Milan            | 4415p        | 25 08 21        |
| 2. VERDUYN Lennert         | 4239p        | 28 05 17        |
| 3. BOONEN Jannes           | 4202p        | 25 09 11        |
| 4. DRIEGHE Davy            | 4051p        | 17 09 94        |
| 5. SCHEERDER Kobe          | 3900p        | 06 07 14        |
| 6. BERKMANS Taro           | 3770p        | 12 05 19        |
| 7. MEEUSEN Dries           | 3562p        | 25 09 11        |
| 8. DE GREEF Mats           | 3499p        | 20 08 08        |
| 9. VAN EYNDHOVEN Peter     | 3429p        | 13 07 08        |
| 10. <b>VAN DYCK Floris</b> | <b>3191p</b> | <b>25 05 25</b> |

**4 x 100 meter**

|                                                                          |              |                 |
|--------------------------------------------------------------------------|--------------|-----------------|
| 1. Egwin VAN MINNEBRUGGEN, Geert SOMERS, Davy DRIEGHE, Steven BELIS      | 48.11        | 24 08 94        |
| 2. Nico SNIJERS, Ewan VAN MINNEBRUGGEN, Filip STRUYF, Jonathan COLLIGNON | 48.20        | 01 10 95        |
| 3. Tom GODDEN, Vincent VAN REETH, Dries MEEUSEN, Jannes BOONEN           | 48.26        | 26 06 11        |
| 4. Joren BOUCKAERT, Brecht BERTELS, Peter VAN EYNDHOVEN, Neil AKENZUA    | 48.49        | 04 05 08        |
| 5. Tom GODDEN, Arno VERDUYN, Dries MEEUSEN, Jannes BOONEN                | 48.58        | 21 08 11        |
| 6. Quinten COLLIER, Koen ROMBOUTS, Ben TUYTELEERS, David PALINCKX        | 48.75        | 03 05 03        |
| 7. Taro BERKMANS, Samuel AGBONZE, Mats DE VOS, Oscar VAN OOSTVELDT       | 48.99        | 25 08 19        |
| 8. Nico SNIJERS, Steven VAN DAMME, Geert SOMERS, Davy DRIEGHE            | 49.46        | 31 07 94        |
| 9. <b>Kobe DE JONGHE, Jens THEUNISSEN, Floris VAN DYCK, Xander MELIS</b> | <b>49.48</b> | <b>24 08 25</b> |
| 10. Rob WILLEKENS, Laurens DE VOS, Emile SEGERS, BeauDEBULPAEP           | 49.66        | 05 05 13        |

**4 x 200 meter**

|                                                                          |                |                 |
|--------------------------------------------------------------------------|----------------|-----------------|
| 1. <b>Kobe DE JONGHE, Jens THEUNISSEN, Floris VAN DYCK, Xander MELIS</b> | <b>1.45.00</b> | <b>24 08 25</b> |
|--------------------------------------------------------------------------|----------------|-----------------|

**4 x 800 meter**

|                                                                            |         |          |
|----------------------------------------------------------------------------|---------|----------|
| 1. Kristof VAN OLMEN, Peter VAN EYNDHOVEN, Brecht BERTELS, Joren BOUCKAERT | 8.50.26 | 21 09 08 |
| 2. Jonas MASELIS, Jannes BOONEN, Jonas VAN LENT, Nicolaï SAKE              | 8.54.45 | 18 09 10 |
| 3. Rik DELHEM, Stijn MORTELMANS, Koen ROMBOUTS, Maarten MORTELMANS         | 9.08.38 | 27 08 03 |
| 4. Ben DE WIT, Egwin VAN MINNEBRUGGEN, Steven BELIS, Steven VAN DAMME      | 9.18.14 | 24 08 94 |
| 5. Kobe SCHEERDER, Bjarne LOFGREN, Lorenz STREFFER, Louie LEUE             | 9.19.06 | 17 08 14 |
| 6. Thibaut TIMMERMANS, Niels KENNES, Niels PELLEGRONS, Seb. MORTELMANS     | 9.39.32 | 22 08 01 |
| 7. Jens CRAEN, Thibaut TIMMERMANS, Rik DELHEM, Koen ROMBOUTS               | 9.39.67 | 28 08 02 |
| 8. Peter VAN ROMPAEY, Bert VAN CAMPFORT, Bert SLAETS, Stefan VAN GHYSEGHEM | 9.44.41 | 29 08 90 |
| 9. Sven SOLY, Nortwin DILS, Luc VAN RIEL, Bert VAN BILSEN                  | 11.36.9 | 24 09 86 |

## Scholieren meisjes:

### 100 meter

|                          |              |                 |
|--------------------------|--------------|-----------------|
| 1. WINTERS Helena        | 12.08        | 18 05 24        |
| 2. NAGELS Rani           | 12.32        | 02 09 12        |
| 3. SUY Ellen             | 12.34        | 25 05 91        |
| 4. WILLEMYNS Zoë         | 12.44        | 07 05 23        |
| 5. <b>ENGELS Liv</b>     | <b>12.70</b> | <b>04 05 25</b> |
| 6. ROELS Ilse            | 12.7         | 05 07 91        |
| 7. CEULEMANS Kristin     | 13.16        | 11 04 92        |
| 8. SUY Jorinde           | 13.16        | 05 05 96        |
| 9. WUYTS Eva             | 13.20        | 02 06 95        |
| 10. <b>DE GREEF Nina</b> | <b>13.28</b> | <b>27 06 25</b> |

### 300 meter

|                       |       |          |
|-----------------------|-------|----------|
| 1. WINTERS Helena     | 40.21 | 20 05 24 |
| 2. NAGELS Rani        | 40.28 | 29 05 11 |
| 3. OFFERGELD Kim      | 43.00 | 08 08 97 |
| 4. DAEMS Silke        | 43.15 | 15 04 18 |
| 5. DE WIT Barbara     | 43.41 | 27 04 01 |
| 6. WOUTERS Ine        | 44.62 | 01 06 07 |
| 7. VAN MENSEL Greet   | 45.59 | 20 08 99 |
| 8. VANHOVE Kaat       | 45.62 | 15 04 18 |
| 9. DEWICKERE Daniëlle | 45.91 | 22 06 08 |
| 10. WUYTS Eva         | 45.8  | 29 09 95 |

### 800 meter

|                            |         |          |
|----------------------------|---------|----------|
| 1. NAGELS Rani             | 2.08.27 | 02 06 12 |
| 2. OFFERGELD Kim           | 2.11.55 | 30 08 97 |
| 3. GODDEN Elke             | 2.17.31 | 13 07 13 |
| 4. BICKER Janne            | 2.20.03 | 25 05 19 |
| 5. VAN DE VEL Sara         | 2.20.18 | 21 05 11 |
| 6. DEWICKERE Danielle      | 2.20.68 | 24 05 08 |
| 7. V.D. BROECK Katleen     | 2.20.7  | 04 08 89 |
| 8. HORREVORST Roos         | 2.22.57 | 12 05 18 |
| 9. VANDENLINDENLOOF Margot | 2.23.34 | 31 08 13 |
| 10. WOUTERS Ine            | 2.23.49 | 17 06 07 |

### 1500 meter

|                               |         |          |
|-------------------------------|---------|----------|
| 1. OFFERGELD Kim              | 4.25.76 | 17 09 97 |
| 2. VAN DE VEL Sara            | 4.39.16 | 30 07 11 |
| 3. GODDEN Elke                | 4.44.22 | 10 08 13 |
| 4. V.D. BROECK Katleen        | 4.45.68 | 09 09 89 |
| 5. BICKER Janne               | 4.47.42 | 15 08 18 |
| 6. Vandenlindenloof Charlotte | 4.58.22 | 09 09 17 |
| 7. CHAULIAC Margot            | 4.58.95 | 29 08 09 |
| 8. FIVEZ Lotte                | 4.59.60 | 30 04 99 |
| 9. VAN DEN BROECK Ann         | 5.08.0  | 10 05 92 |
| 10. MEIJER Janine             | 5.12.7  | 07 09 90 |

### 150 meter

|                               |              |                 |
|-------------------------------|--------------|-----------------|
| 1. WILLEMYNS Zoë              | 18.67        | 08 07 23        |
| 2. DAEMS Silke                | 20.00        | 29 09 19        |
| 3. <b>DE GREEF Nina</b>       | <b>20.01</b> | <b>13 09 25</b> |
| 4. <b>VAN DEN BUYS Jitske</b> | <b>20.71</b> | <b>13 09 25</b> |

### 600 meter

|                         |                |                 |
|-------------------------|----------------|-----------------|
| 1. NAGELS Rani          | 1.31.16        | 05 07 12        |
| 2. BICKER Janne         | 1.42.68        | 03 08 19        |
| 3. <b>DE GREEF Nina</b> | <b>1.49.41</b> | <b>27 06 25</b> |

### 2000 meter

|                    |         |          |
|--------------------|---------|----------|
| 1. GODDEN Elke     | 6.41.42 | 24 08 12 |
| 2. CHAULIAC Margot | 6.57.67 | 12 09 10 |

### 200 meter

|                         |              |                 |
|-------------------------|--------------|-----------------|
| 1. NAGELS Rani          | 24.62        | 01 09 12        |
| 2. WILLEMYNS Zoë        | 25.50        | 01 05 23        |
| 3. WINTERS Helena       | 25.51        | 21 04 24        |
| 4. <b>ENGELS Liv</b>    | <b>26.17</b> | <b>04 05 25</b> |
| 5. ROELS Ilse           | 26.24        | 18 09 91        |
| 6. DE PRINS Maud        | 26.34        | 19 05 90        |
| 7. DAEMS Silke          | 26.36        | 26 05 18        |
| 8. SUY Ellen            | 26.49        | 18 09 91        |
| 9. <b>DE GREEF Nina</b> | <b>26.81</b> | <b>21 06 25</b> |
| 10. DE PRIJCK Karen     | 27.19        | 09 05 09        |

### 400 meter

|                         |              |                 |
|-------------------------|--------------|-----------------|
| 1. NAGELS Rani          | 54.69        | 18 08 12        |
| 2. ROELS Ilse           | 59.81        | 08 09 91        |
| 3. OFFERGELD Kim        | 61.00        | 26 04 97        |
| 4. WOUTERS Ine          | 61.33        | 02 09 06        |
| 5. <b>DE GREEF Nina</b> | <b>62.15</b> | <b>04 05 25</b> |
| 6. <b>ENGELS Liv</b>    | <b>62.41</b> | <b>18 05 25</b> |
| 7. DEWICKERE Danielle   | 62.77        | 15 08 08        |
| 8. V.D. BROECK Katleen  | 62.80        | 22 09 89        |
| 9. VANHOVE Kaat         | 63.66        | 12 05 18        |
| 10. FONTAINE Wendy      | 63.8         | 21 08 87        |

### 1000 meter

|                            |         |          |
|----------------------------|---------|----------|
| 1. OFFERGELD Kim           | 2.49.96 | 22 08 97 |
| 2. NAGELS Rani             | 2.50.77 | 07 09 12 |
| 3. V.D. BROECK Katleen     | 3.01.10 | 25 08 89 |
| 4. GODDEN Elke             | 3.02.21 | 06 09 13 |
| 5. VAN DE VEL Sara         | 3.03.00 | 16 09 11 |
| 6. VANDENLINDENLOOF Margot | 3.05.35 | 25 08 14 |
| 7. MEIJER Janine           | 3.11.10 | 05 09 90 |
| 8. VAN MENSEL Greet        | 3.12.19 | 17 09 99 |
| 9. CHAULIAC Margot         | 3.12.97 | 21 08 10 |
| 10. DEWICKERE Danielle     | 3.13.83 | 22 08 08 |

### 3000 meter

|                        |          |          |
|------------------------|----------|----------|
| 1. OFFERGELD Kim       | 10.00.30 | 02 08 97 |
| 2. OFFERGELD Elke      | 10.05.31 | 31 05 98 |
| 3. GODDEN Elke         | 10.20.11 | 15 08 13 |
| 4. V.D. BROECK Katleen | 10.37.5  | 01 10 89 |
| 5. VAN DE VEL Sara     | 10.47.41 | 26 06 11 |
| 6. CHAULIAC Margot     | 10.47.75 | 04 09 10 |
| 7. BICKER Janne        | 10.48.13 | 25 08 18 |
| 8. VAN DEN BROECK Ann  | 11.02.7  | 14 08 92 |
| 9. MEIJER Janine       | 11.29.54 | 29 09 90 |
| 10. BAETENS Sara       | 11.48.25 | 13 05 17 |

### 1 mijl

|                               |         |          |
|-------------------------------|---------|----------|
| 1. GODDEN Elke                | 5.11.59 | 22 08 13 |
| 2. BICKER Janne               | 5.32.27 | 30 06 19 |
| 3. CHAULIAC Margot            | 5.33.07 | 10 08 10 |
| 4. DEWICKERE Danielle         | 5.45.02 | 10 08 07 |
| 5. VANDENLINDENLOOF Charlotte | 5.45.02 | 09 07 16 |
| 6. BAETENS Sara               | 5.50.50 | 19 08 17 |
| 7. HORREVORST Roos            | 6.08.26 | 19 08 17 |

### 2000m steeple

|                       |         |          |
|-----------------------|---------|----------|
| 1. GODDEN Elke        | 7.56.54 | 14 09 12 |
| 2. DEWICKERE Danielle | 8.12.41 | 25 06 08 |

**100m horden (0,762)**

|                              |              |                 |
|------------------------------|--------------|-----------------|
| 1. DAEMS Silke               | 15.12        | 26 05 18        |
| 2. <b>DE GREEF Nina</b>      | <b>15.73</b> | <b>21 06 25</b> |
| 3. <b>VAN DE BUYS Jitske</b> | <b>15.77</b> | <b>21 06 25</b> |
| 4. CEULEMANS Kristin         | 15.84        | 13 06 92        |
| 5. DILS Camille              | 15.96        | 05 06 10        |
| 6. WUYTS Eva                 | 15.9         | 14 04 95        |
| 7. DE PRIJCK Karen           | 16.45        | 25 04 10        |
| 8. BUELENS Charlotte         | 17.00        | 30 06 13        |
| 9. DILS Renee                | 17.21        | 20 04 07        |
| 10. <b>LANDTMETERS Anaïs</b> | <b>17.54</b> | <b>24 05 25</b> |

**ver**

|                              |             |                 |
|------------------------------|-------------|-----------------|
| 1. WINTERS Helena            | 5,69        | 28 04 24        |
| 2. DAEMS Silke               | 5,26        | 18 05 19        |
| 3. CEULEMANS Kristin         | 5,09        | 20 04 92        |
| 4. DILS Camille              | 5,08        | 20 06 10        |
| 5. DE PRIJCK Karen           | 4,99        | 08 05 10        |
| <b>LANDTMETERS Anaïs</b>     | <b>4,99</b> | <b>27 04 25</b> |
| 7. ROELS Ilse                | 4,90        | 27 04 90        |
| 8. <b>VAN DE BUYS Jitske</b> | <b>4,77</b> | <b>21 06 25</b> |
| 9. DE WIT Barbara            | 4,76        | 13 09 02        |
| 10. DECKX Kristel            | 4,69        | 05 06 87        |

**hoog**

|                             |             |                 |
|-----------------------------|-------------|-----------------|
| 1. DE PRIJCK Karen          | 1,63        | 25 04 10        |
| 2. DAEMS Silke              | 1,61        | 26 05 18        |
| 3. DE PRINS Maud            | 1,55        | 19 05 90        |
| DE WIT Barbara              | 1,55        | 06 05 01        |
| 5. <b>LANDTMETERS Anaïs</b> | <b>1,51</b> | <b>25 06 25</b> |
| 6. WUYTS Eva                | 1,50        | 22 04 95        |
| 7. REYNIERS Sally           | 1,48        | 14 06 92        |
| 8. VERSAVEL Ilse            | 1,45        | 12 05 83        |
| DE BRUIJN Anouck            | 1,45        | 29 04 11        |
| DE VLEGELAER Jill           | 1,45        | 15 05 22        |
| ENGELS Liv                  | 1,45        | 12 05 24        |
| <b>LENIE Jolien</b>         | <b>1,45</b> | <b>05 07 25</b> |

**kogel (3kg vr 1999 en verder vanaf 2012)**

|                                |              |                 |
|--------------------------------|--------------|-----------------|
| 1. DAEMS Silke                 | 11,65        | 29 09 19        |
| 2. BRUNEEL An                  | 11,60        | 09 05 98        |
| 3. <b>WINTERS Helena</b>       | <b>10,33</b> | <b>13 09 25</b> |
| 4. DIERKX Els                  | 10,25        | 22 04 95        |
| 5. <b>LANDTMETERS Anaïs</b>    | <b>10,17</b> | <b>17 08 25</b> |
| 6. AZZOUZ Yasmine              | 10,12        | 08 10 17        |
| 7. WOUTERS Sofie               | 9,96         | 28 08 22        |
| 8. SUY Ellen                   | 9,92         | 31 05 91        |
| 9. VAN OPSTAL Kristin          | 9,19         | 23 04 94        |
| 10. <b>VAN DEN BUYS Jitske</b> | <b>9,11</b>  | <b>17 08 25</b> |

**kogel (4kg vanaf 1999 t.e.m. 2012)**

|                        |      |          |
|------------------------|------|----------|
| 1. SAGON Julie         | 9,82 | 12 05 12 |
| 2. VERDUYN Isabelle    | 8,79 | 30 04 10 |
| 3. THONON Britte       | 8,69 | 12 05 01 |
| 4. TEUGHEL Eline       | 8,38 | 01 05 11 |
| 5. DE BRUIJN Severine  | 8,24 | 18 05 07 |
| 6. LANDUYDT Ella       | 8,18 | 24 04 05 |
| 7. VAN MENDEL Greet    | 7,66 | 15 08 99 |
| 8. DILS Renee          | 6,89 | 16 05 08 |
| 9. VAN HOYWEGHEN Joyce | 6,30 | 09 05 09 |
| 10. FONTAINE Anne      | 5,82 | 18 05 07 |

**7-kamp**

|                               |              |                 |
|-------------------------------|--------------|-----------------|
| 1. DAEMS Silke                | 4478p        | 27 05 18        |
| 2. <b>VAN DEN BUYS Jitske</b> | <b>3644p</b> | <b>21 06 25</b> |
| 3. <b>DE GREEF Nina</b>       | <b>3617p</b> | <b>21 06 25</b> |
| 4. <b>LANDTMETERS Anaïs</b>   | <b>3431p</b> | <b>25 05 25</b> |
| 5. VAN MENDEL Greet           | 3031p        | 26 07 98        |

**200m horden (0,762)**

|                 |       |          |
|-----------------|-------|----------|
| 1. DILS Camille | 31.63 | 07 06 09 |
| 2. DILS Renee   | 34.15 | 14 10 07 |

**400m horden (0,762m)**

|                               |              |                 |
|-------------------------------|--------------|-----------------|
| 1. <b>DE GREEF Nina</b>       | <b>65.97</b> | <b>15 08 25</b> |
| 2. <b>VAN DEN BUYS Jitske</b> | <b>70.16</b> | <b>04 05 25</b> |
| 3. VAN MENDEL Greet           | 70.72        | 08 08 99        |
| 4. FONTAINE Anne              | 71.48        | 03 05 08        |
| 5. DILS Camille               | 74.35        | 09 05 09        |
| 5. VAN DEN NEUCKER Noor       | 75.54        | 04 05 19        |
| 6. KYRIACOU Irini             | 79.76        | 08 05 10        |
| 7. MARCKX Emma                | 80.55        | 05 05 18        |
| 8. VAN DAMME Yasmine          | 81.26        | 07 05 16        |

**hinkstap**

|                              |              |                 |
|------------------------------|--------------|-----------------|
| 1. DAEMS Silke               | 11,46        | 15 08 19        |
| 2. <b>VAN DE BUYS Jitske</b> | <b>10,52</b> | <b>27 04 25</b> |
| 3. CEULEMANS Kristin         | 10,29        | 08 05 92        |
| 4. <b>DE GREEF Nina</b>      | <b>9,23</b>  | <b>05 07 25</b> |
| 5. NUYTS Ann                 | 9,20         | 08 05 92        |
| WUYTS Eva                    | 9,20         | 23 06 95        |
| 7. DE BRUIJN Severine        | 9,18         | 10 07 07        |
| 8. DILS Renee                | 9,08         | 10 08 07        |
| 9. VAN OPSTAL Kristin        | 9,00         | 29 07 94        |
| 10. REYNIERS Sally           | 8,80         | 08 05 92        |

**polsstok**

|                               |             |                 |
|-------------------------------|-------------|-----------------|
| 1. VAN EYNDHOVEN Els          | 2,95        | 29 09 12        |
| 2. DE PRIJCK Karen            | 2,90        | 29 05 09        |
| 3. MASELIS Iris               | 2,60        | 02 06 12        |
| 4. SNIJDERS Loeka             | 2,22        | 19 07 15        |
| 5. <b>VAN DEN BUYS Jitske</b> | <b>2,22</b> | <b>05 07 25</b> |
| 5. <b>DE GREEF Nina</b>       | <b>2,02</b> | <b>05 07 25</b> |
| <b>discus (1kg)</b>           |             |                 |
| 1. BRUNEEL An                 | 31,92       | 24 05 98        |
| 2. SAGON Julie                | 28,92       | 12 05 12        |
| 3. SUY Ellen                  | 27,36       | 02 08 91        |
| 4. AZZOUZ Yasmine             | 25,4        | 13 08 17        |
| 5. VERDUYN Isabelle           | 25,18       | 19 05 10        |
| 6. TEUGHEL Eline              | 24,87       | 26 06 11        |
| 7. VETS Karen                 | 23,68       | 28 04 00        |
| 8. DE BRUIJN Severine         | 22,73       | 10 05 08        |
| 9. DE CEULAER Julie           | 21,98       | 26 04 15        |
| 10. DAEMS Silke               | 21,36       | 31 03 19        |

**speer (500g vanaf 2012)**

|                               |              |                 |
|-------------------------------|--------------|-----------------|
| 1. DAEMS Silke                | 25,27        | 27 05 18        |
| 2. <b>LANDTMETERS Anaïs</b>   | <b>22,30</b> | <b>25 05 25</b> |
| 3. AZZOUZ Yasmine             | 21,25        | 08 10 17        |
| 4. DE CEULAER Julie           | 21,11        | 12 07 15        |
| 5. MARCKX Emma                | 20,70        | 08 10 17        |
| 6. BAETENS Sara               | 20,56        | 06 05 17        |
| 7. VAN DAMME Yasmine          | 20,15        | 08 10 16        |
| 8. <b>WINTERS Helena</b>      | <b>19,74</b> | <b>04 05 25</b> |
| 9. <b>VAN DEN BUYS Jitske</b> | <b>19,46</b> | <b>21 06 25</b> |
| 10. <b>DE GREEF Nina</b>      | <b>19,33</b> | <b>21 06 25</b> |

**speer (600g t.e.m. 2011)**

|                         |       |          |
|-------------------------|-------|----------|
| 1. BRUNEEL An           | 39,64 | 10 08 97 |
| 2. WOUTERS Ine          | 31,25 | 23 10 11 |
| 3. VAN HOYWEGHEN Joyce  | 29,59 | 20 09 10 |
| 4. VAN MENDEL Greet     | 23,53 | 24 04 98 |
| 5. LANDUYDT Ella        | 22,88 | 08 05 05 |
| 6. VAN DEN BOSCH Debbie | 17,67 | 14 05 05 |
| 7. VANLEENE Els         | 17,44 | 23 04 99 |
| 8. DILS Enya            | 13,30 | 03 05 08 |
| 9. TEUGHEL Eline        | 13,24 | 17 10 10 |
| 10. DE PRIJCK Karen     | 11,38 | 04 07 10 |

**hamer (4kg t.e.m. 2011)**

OUD

|                     |       |          |
|---------------------|-------|----------|
| 1. VERDUYN Isabelle | 29,10 | 22 10 11 |
| 2. TEUGHELS Eline   | 15,69 | 19 09 10 |

**4 x 100 meter**

|                                                                              |              |                 |
|------------------------------------------------------------------------------|--------------|-----------------|
| 1. <b>Jitske VAN DEN BUYS, Helena WINTERS, Anaïs LANDTMETERS, Liv ENGELS</b> | <b>49.97</b> | <b>04 05 25</b> |
| 2. <b>Jitske VANDEN BUYS, Helena WINTERS, Nina DE GREEF, Liv ENGELS</b>      | <b>50.50</b> | <b>14 09 25</b> |
| 3. Louise WUYTS, Helena WINTERS, Anaïs LANDTMETERS, Liv ENGELS               | 50.89        | 28 07 24        |
| 4. Ellen SUY, Maud DE PRINS, Karen DE VOEGHT, Ilse ROELS                     | 50.99        | 23 09 90        |
| 5. Ellen SUY, Kristin CEULEMANS, Ann VAN DEN BROECK, Ilse ROELS              | 51.66        | 24 08 91        |
| 6. Lauren MATTHYSEN, Jolien LODEWIJKS, Louise WUYTS, Zoë WILLEMYNS           | 51.79        | 14 05 23        |
| 7. Janine MEIJER, Maud DE PRINS, Karen DE VOEGHT, Ilse ROELS                 | 52.15        | 19 05 90        |
| 8. Ellen SUY, Ann VAN DEN BROECK, Janine MEYER, Ilse ROELS                   | 52.83        | 27 04 91        |
| 9. Sophie CHAMPAGNE, Isabelle VERDUYN, Karen DE PRIJCK, Joyce VAN HOYWEGHEN  | 53.41        | 08 05 10        |
| 10. Silke DAEMS, Roos HORREVORST, Kaat VANHOVE, Emma MARCKX                  | 53.51        | 05 05 18        |

**4 x 800 meter**

|                                                                            |          |          |
|----------------------------------------------------------------------------|----------|----------|
| 1. Charlotte VDLINDENLOOF, Sara Baetens, Roos HORREVORST, Kaat VANHOVE     | 10.20.66 | 27 08 17 |
| 2. Kaat VANHOVE, Silke DAEMS, Roos HORREVORST, Janne BICKER                | 10.41.72 | 01 09 18 |
| 3. Charlotte VDLINDENLOOF, Sara Baetens, Yasmine VAN DAMME, Yasmine AZZOUZ | 12.21.15 | 28 08 16 |

## Scholieren jongens:

### 100 meter

|                    |       |          |
|--------------------|-------|----------|
| 1. AKENZUA Neil    | 11.02 | 04 09 10 |
| 2. SORTINO Jeremi  | 11.11 | 22 05 11 |
| 3. CORNELIS Rudy   | 11.13 | 13 09 87 |
| NTI Anthony        | 11.13 | 15 08 09 |
| 5. GODDEN Tom      | 11.39 | 15 08 13 |
| 6. BRIERS Kristof  | 11.45 | 20 04 02 |
| 7. DE BOECK Ludwig | 11.49 | 08 07 90 |
| WELLENS Gert       | 11.50 | 23 04 99 |
| 9. VERCUYSE Carl   | 11.51 | 09 09 00 |
| PALINCKX David     | 11.51 | 22 05 04 |

### 300 meter

|                          |       |          |
|--------------------------|-------|----------|
| 1. AKENZUA Neil          | 34.87 | 18 09 10 |
| 2. LEUE Louie            | 35.70 | 02 06 17 |
| 3. BOONEN Jannes         | 36.19 | 02 07 13 |
| 4. BOUCKAERT Jente       | 36.25 | 24 06 07 |
| 5. ZAGORSKI Piotr        | 36.96 | 29 08 21 |
| 6. WELLENS Gert          | 36.97 | 30 04 99 |
| 7. ROSIERS Peter         | 37.00 | 20 06 93 |
| 8. VAN ASSCHE Peter      | 37.18 | 16 08 96 |
| 9. LEUNCKENS Ward        | 37.30 | 10 08 16 |
| 10. V.MINNEBRUGGEN Egwin | 37.45 | 16 08 96 |

### 800 meter

|                        |         |          |
|------------------------|---------|----------|
| 1. BERTELS Brecht      | 1.50.87 | 16 07 11 |
| 2. LEUNCKENS Ward      | 1.53.72 | 27 05 17 |
| 3. BOUCKAERT Joren     | 1.53.94 | 31 07 10 |
| 4. LOFGREN Bjarne      | 1.55.55 | 28 05 16 |
| 5. FONTAINE Andy       | 1.56.3  | 20 05 90 |
| 6. DE WIT Ben          | 1.57.42 | 12 05 96 |
| 7. FRANS Dave          | 1.58.27 | 24 07 02 |
| 8. VAN EYNDHOVEN Peter | 1.58.89 | 04 09 10 |
| 9. ROMBOUTS Koen       | 1.59.92 | 31 07 04 |
| 10. VAN DAMME Steven   | 1.59.96 | 06 09 96 |

### 1500 meter

|                     |         |          |
|---------------------|---------|----------|
| 1. BERTELS Brecht   | 3.52.19 | 28 05 11 |
| 2. LEUNCKENS Ward   | 3.59.35 | 10 06 17 |
| 3. LOFGREN Bjarne   | 4.01.81 | 22 05 16 |
| 4. MASELIS Jonas    | 4.07.66 | 05 06 11 |
| 5. DE WIT Ben       | 4.08.35 | 02 08 96 |
| 6. VANROY Louis     | 4.08.97 | 23 06 19 |
| 7. STRUYF Thomas    | 4.13.87 | 15 09 95 |
| 8. VAN DAMME Steven | 4.16.74 | 29 05 96 |
| 9. FRANS Dave       | 4.17.99 | 18 09 02 |
| 10. HORREVORST Kris | 4.18.1  | 18 08 89 |

### 110m horden (0,914m)

|                     |       |          |
|---------------------|-------|----------|
| 1. EYCKMANS Fedde   | 15.44 | 29 08 20 |
| DE GREEF Mats       | 15.44 | 21 04 24 |
| 3. BOONEN Jannes    | 15.70 | 23 06 13 |
| 4. JARVIS Tibo      | 16.06 | 10 09 22 |
| 5. BELIS Steven     | 16.73 | 06 05 95 |
| 6. VERDUYN Lennert  | 17.06 | 03 06 18 |
| 7. HOOGEWIJS Johnny | 17.61 | 15 07 89 |
| 8. BISSCHOPS Ilan   | 17.75 | 12 05 19 |
| 9. BEULEN Peter     | 18.44 | 29 06 91 |
| 10. DE HOON Stefan  | 18.69 | 29 06 91 |

### 200 meter

|                    |       |          |
|--------------------|-------|----------|
| 1. AKENZUA Neil    | 21.94 | 05 09 10 |
| 2. CORNELIS Rudy   | 22.5  | 02 09 87 |
| 3. SORTINO Jeremi  | 23.01 | 05 06 10 |
| 4. WELLENS Gert    | 23.08 | 23 04 99 |
| 5. BRIERS Kristof  | 23.16 | 20 04 02 |
| 6. BOONEN Jannes   | 23.19 | 15 09 13 |
| 7. ROSIERS Peter   | 23.20 | 04 08 93 |
| 8. BOUCKAERT Joren | 23.24 | 26 06 10 |
| 9. GODDEN Tom      | 23.27 | 29 09 13 |
| 10. LEUE Louie     | 23.32 | 10 06 17 |

### 400 meter

|                    |       |          |
|--------------------|-------|----------|
| 1. BERTELS Brecht  | 49.18 | 15 08 11 |
| 2. BOUCKAERT Joren | 49.52 | 29 05 10 |
| 3. BOUCKAERT Jente | 49.85 | 15 08 07 |
| 4. LEUE Louie      | 49.85 | 09 09 17 |
| 5. BOONEN Jannes   | 50.33 | 30 06 13 |
| 6. LEUNCKENS Ward  | 50.79 | 05 08 17 |
| 7. ZAGORSKI Piotr  | 51.06 | 19 09 21 |
| 8. DE WIT Ben      | 51.18 | 25 08 96 |
| 9. ROSIERS Peter   | 51.89 | 09 05 93 |
| 10. FONTAINE Andy  | 51.9  | 04 05 90 |

### 1000 meter

|                     |         |          |
|---------------------|---------|----------|
| 1. LEUNCKENS Ward   | 2.30.23 | 01 09 17 |
| 2. FONTAINE Andy    | 2.31.73 | 10 08 90 |
| 3. BERTELS Brecht   | 2.32.53 | 27 08 10 |
| 4. DE WIT Ben       | 2.34.93 | 23 08 96 |
| 5. LOFGREN Bjarne   | 2.34.96 | 11 09 15 |
| 6. FRANS Dave       | 2.35.93 | 21 08 02 |
| 7. ZAGORSKI Piotr   | 2.36.67 | 03 09 21 |
| 8. ROMBOUTS Koen    | 2.42.39 | 25 06 04 |
| 9. ROMBOUTS Tim     | 2.44.20 | 01 05 02 |
| 10. HORREVORST Kris | 2.45.75 | 02 06 89 |

### 3000 meter

|                      |         |          |
|----------------------|---------|----------|
| 1. LOFGREN Bjarne    | 8.47.53 | 04 06 16 |
| 2. MASELIS Jonas     | 8.53.03 | 02 07 11 |
| 3. VANROY Louis      | 8.56.56 | 14 09 19 |
| 4. HORREVORST Kris   | 9.10.5  | 01 10 89 |
| 5. DE CLERCQ Jan     | 9.27.1  | 18 09 85 |
| 6. ROMBOUTS Tim      | 9.31.15 | 13 09 02 |
| 7. LIEKENS Frederick | 9.39.1  | 04 06 88 |
| 8. FONTAINE Andy     | 9.42.9  | 07 07 89 |
| 9. DE VOLDER Johan   | 9.45.8  | 26 06 83 |
| 10. ROBBERECHT Peter | 9.46.49 | 25 06 99 |

### 400m horden (0,840m)

|                        |       |          |
|------------------------|-------|----------|
| 1. BOONEN Jannes       | 54.85 | 29 09 13 |
| 2. BOUCKAERT Joren     | 55.66 | 11 09 10 |
| 3. LEUNCKENS Ward      | 58.95 | 08 05 16 |
| 4. DE GREEF Mats       | 59.08 | 28 04 24 |
| 5. VAN OOSTVELDT Oscar | 60.67 | 12 09 20 |
| 6. VERDUYN Arno        | 62.49 | 06 05 12 |
| 7. COENEGRACHT Bob     | 63.85 | 07 05 06 |
| 8. DELHEM Rik          | 65.06 | 14 08 05 |
| 9. HORREVORST Dries    | 65.79 | 05 05 19 |
| 10. VAN OLMEN Kristof  | 66.35 | 08 05 11 |

**1 mijl**

|                  |         |          |
|------------------|---------|----------|
| 1. VANROY Louis  | 4.35.95 | 30 06 19 |
| 2. Hendrix Ward  | 4.44.80 | 19 09 20 |
| 3. LEEUWS Wouter | 4.46.96 | 10 08 07 |
| 4. ROMBOUTS Koen | 4.47.25 | 17 07 04 |
| 5. KERREMANS Ben | 5.35.06 | 12 08 08 |

**2000m**

|                     |         |          |
|---------------------|---------|----------|
| 1. LEEUWS Wouter    | 6.06.74 | 28 08 07 |
| 2. ROMBOUTS Koen    | 6.17.74 | 03 10 04 |
| 3. KERREMANS Ben    | 6.48.13 | 21 07 08 |
| 4. VAN LOON Florian | 7.49.67 | 12 09 09 |

**hoog**

|                    |      |          |
|--------------------|------|----------|
| 1. DE HOON Stefan  | 1,96 | 28 04 91 |
| 2. VERDUYN Lennert | 1,94 | 15 08 19 |
| 3. BEULEN Peter    | 1,90 | 25 06 91 |
| VAN WOUWE Tom      | 1,90 | 10 05 09 |
| 5. BOONEN Jannes   | 1,88 | 28 09 13 |
| 6. VRIENS Arne     | 1,80 | 27 09 14 |
| DE GREEF Mats      | 1,80 | 15 08 24 |
| 8. DILS Nortwin    | 1,76 | 09 08 89 |
| 9. LOOTS Pascal    | 1,75 | 19 09 81 |
| BRACKE Roel        | 1,75 | 26 04 00 |

**ver**

|                    |      |          |
|--------------------|------|----------|
| 1. BRIERS Kristof  | 6,86 | 08 09 02 |
| 2. PALINCKX David  | 6,54 | 06 06 04 |
| 3. BOONEN Jannes   | 6,51 | 15 09 13 |
| 4. BRACKE Roel     | 6,49 | 10 09 00 |
| 5. DE HOON Stefan  | 6,44 | 10 08 91 |
| 6. BEULEN Peter    | 6,43 | 28 04 91 |
| 7. JACOBS Joe      | 6,42 | 30 06 19 |
| 8. DRIEGHE Davy    | 6,32 | 06 05 95 |
| 9. AKENZUA Neil    | 6,22 | 26 09 09 |
| 10. BERTELS Thomas | 6,21 | 12 09 09 |

**kogel (5kg)**

|                     |       |          |
|---------------------|-------|----------|
| 1. HAAZEN Stefaan   | 14,57 | 12 09 03 |
| 2. VAN HOOFF Stijn  | 13,41 | 03 08 01 |
| 3. BEULEN Peter     | 13,12 | 19 06 91 |
| 4. VERDUYN Lennert  | 12,76 | 30 06 19 |
| 5. DE CONINCK Peter | 12,70 | 30 09 88 |
| 6. BROUWERS Piet    | 12,68 | 30 06 19 |
| 7. BOONEN Jannes    | 12,16 | 01 06 13 |
| 8. SOMERS Geert     | 12,05 | 23 06 95 |
| 9. HOOGEWIJS Johnny | 12,01 | 14 04 90 |
| 10. DRIEGHE Davy    | 11,66 | 23 09 95 |

**2000m steeple (0,914m)**

|                      |         |          |
|----------------------|---------|----------|
| 1. ROMBOUTS Koen     | 6.34.61 | 01 10 05 |
| 2. THIJS Rob         | 6.41.59 | 08 08 95 |
| 3. VAN PUT Fabio     | 6.47.11 | 09 09 01 |
| 4. VAN LENT Jonas    | 7.06.35 | 25 05 12 |
| 5. BEULEN Peter      | 7.24.7  | 25 06 91 |
| 6. LIEKENS Frederick | 7.26.4  | 29 04 88 |
| 7. BOVRE Johan       | 7.32.18 | 23 05 99 |
| 8. DE WIT Ben        | 7.33.64 | 16 06 95 |
| 9. DE HOON Peter     | 8.09.2  | 25 06 91 |
| 10. VERHOEVEN Peter  | 8.34.98 | 29 07 92 |

**2000m steeple (0,84m)**

|                        |                |                 |
|------------------------|----------------|-----------------|
| 1. <b>RONSYN Elias</b> | <b>7.17.07</b> | <b>06 07 25</b> |
|------------------------|----------------|-----------------|

**polsstok**

|                       |      |          |
|-----------------------|------|----------|
| 1. BOONEN Jannes      | 4,10 | 24 08 13 |
| 2. CRAEN Roel         | 3,91 | 12 08 00 |
| 3. COENEGRACHT Bob    | 3,75 | 18 08 07 |
| 4. VAN CAMPFORT Jesse | 3,74 | 08 08 10 |
| 5. RAMSDONCK Toon     | 3,70 | 26 09 09 |
| 6. DELHEM Jef         | 3,45 | 30 09 06 |
| 7. BEULEN Peter       | 3,30 | 14 09 91 |
| BROUX Sander          | 3,30 | 21 07 07 |
| 9. VERDUYN Lennert    | 3,00 | 12 05 19 |
| 10. BISSCHOPS Ilan    | 2,80 | 12 05 19 |
| EYCKMANS Fedde        | 2,80 | 22 09 19 |

**hinkstap**

|                      |       |          |
|----------------------|-------|----------|
| 1. BOONEN Jannes     | 13,94 | 15 08 13 |
| 2. AKENZUA Neil      | 13,53 | 20 08 10 |
| 3. DOUCOURÉ Abdallah | 13,00 | 26 08 90 |
| DE HOON Stefan       | 13,00 | 12 05 91 |
| 5. VALGAEREN Werther | 12,84 | 15 08 07 |
| 6. BEULEN Peter      | 12,72 | 15 08 91 |
| 7. HOOGEWIJS Johnny  | 12,44 | 29 04 90 |
| 8. EYCKMANS Fedde    | 12,40 | 15 08 19 |
| 9. JARVIS Tibo       | 12,35 | 14 05 22 |
| 10. BELIS Steven     | 12,08 | 12 05 96 |

**discus (1,5kg)**

|                     |       |          |
|---------------------|-------|----------|
| 1. BOONEN Jannes    | 42,28 | 15 09 13 |
| 2. HAAZEN Stefaan   | 41,24 | 07 09 03 |
| 3. VERDONCK Jan     | 39,20 | 20 09 91 |
| 4. BEULEN Peter     | 36,14 | 07 06 91 |
| 5. VAN HOOFF Stijn  | 36,12 | 22 06 01 |
| 6. HOOGEWIJS Johnny | 35,34 | 15 08 90 |
| 7. SOMERS Geert     | 35,20 | 31 05 96 |
| 8. MEEUSEN Dries    | 34,28 | 15 09 13 |
| 9. VERDUYN Lennert  | 33,71 | 23 06 19 |
| 10. JARVIS Tibo     | 33,06 | 26 06 22 |
| DE GREEF Mats       | 33,06 | 19 08 23 |

**speer (700g)**

|                      |       |          |
|----------------------|-------|----------|
| 1. MEEUSEN Dries     | 56,56 | 14 06 13 |
| 2. BEULEN Peter      | 56,26 | 06 07 91 |
| 3. DE CONINCK Peter  | 52,60 | 13 07 88 |
| 4. BOONEN Jannes     | 50,17 | 02 06 13 |
| 5. BRACKE Roel       | 44,91 | 23 06 00 |
| 6. WOUTERS Stijn     | 41,28 | 29 08 09 |
| 7. DE GREEF Mats     | 40,75 | 29 09 24 |
| 8. HOOGHEWIJS Johnny | 40,20 | 14 09 90 |
| 9. LOOTS Pascal      | 39,90 | 26 05 24 |
| 10. VAN DAMME Samy   | 39,73 | 06 05 18 |

**8-kamp**

|                      |       |          |
|----------------------|-------|----------|
| 1. BEULEN Peter      | 4553p | 29 06 91 |
| 2. HOOGHEWIJS Johnny | 4053p | 23 06 90 |
| 3. DE HOON Stefan    | 3647p | 29 06 91 |
| 4. LOOTS Pascal      | 3169p | 20 09 81 |
| 5. SPRIET Christophe | 3099p | 20 09 81 |
| 6. VAN CAMPFORT Bert | 2678p | 29 06 91 |

**9-kamp**

|                  |       |          |
|------------------|-------|----------|
| 1. BOONEN Jannes | 5895p | 24 08 13 |
|------------------|-------|----------|

**10-kamp**

|                    |       |          |
|--------------------|-------|----------|
| 1. DE GREEF Mats   | 5345p | 29 09 24 |
| 2. VERDUYN Lennert | 5304p | 12 05 19 |
| 3. EYCKMANS Fedde  | 4570p | 22 09 19 |
| 4. BISSCHOPS Ilan  | 4485p | 12 05 19 |

**hamer (5kg)**

|                   |       |          |
|-------------------|-------|----------|
| 1. BOONEN Jannes  | 33,13 | 05 10 13 |
| 2. BEULEN Peter   | 22,34 | 13 08 91 |
| 3. DE HOON Stefan | 19,52 | 13 08 91 |

**150m**

|                                |              |                 |
|--------------------------------|--------------|-----------------|
| 1. <b>VAN REGENMORTEL Nand</b> | <b>17.86</b> | <b>13 09 25</b> |
| 2. <b>JANSSENS Mattis</b>      | <b>18.36</b> | <b>13 09 25</b> |
| 3. JARVIS Tibo                 | 18.47        | 09 07 22        |
| 4. EYCKMANS Fedde              | 18.69        | 13 07 19        |

**600m**

|                     |         |          |
|---------------------|---------|----------|
| 1. THIELMAN Marnix  | 1.29.31 | 03 06 18 |
| 2. VERDUYN Lennert  | 1.32.19 | 22 06 19 |
| 3. HORREVORST Dries | 1.35.65 | 03 06 18 |

**5-kamp**

|                   |       |          |
|-------------------|-------|----------|
| 1. BOONEN Jannes  | 3499p | 15 09 13 |
| 2. DE HOON Stefan | 2794p | 23 06 90 |
| 3. ROMBOUTS Koen  | 2581p | 19 09 04 |
| 4. MEEUSEN Dries  | 2576p | 23 09 12 |
| 5. BRACKE Roel    | 2519p | 16 07 00 |
| 6. EYCKMANS Fedde | 2284p | 05 10 19 |
| 7. DELHEM Rik     | 2120p | 19 09 04 |
| 8. SEGERS Emile   | 2069p | 04 10 14 |
| 9. DEBULPAEP Beau | 2019p | 04 10 14 |
| 10. TRIOEN Tom    | 1871p | 15 09 13 |

**4 x 100 meter**

|                                                                            |       |          |
|----------------------------------------------------------------------------|-------|----------|
| 1. Anthony NTI, Thomas BERTELS, Anton TANGHE, Neil AKENZUA                 | 43.69 | 31 05 09 |
| 2. Jeremi SORTINO, Peter VAN EYNDHOVEN, Joren BOUCKAERT, Neil AKENZUA      | 44.01 | 09 05 10 |
| 3. Tom GODDEN, Vincent VAN REETH, Dries MEEUSEN, Jannes BOONEN             | 45.30 | 18 08 13 |
| 4. Peter VAN ASSCHE, Egwin VAN MINNEBRUGGEN, Steven BELIS, Davy DRIEGHE    | 45.31 | 28 08 96 |
| 5. Roel en Egwin VAN MINNEBRUGGEN, Peter VAN ASSCHE, Steven BELIS          | 45.87 | 30 08 95 |
| 6. Ludwig DE BOECK, Johnny HOOGHEWIJS, Peter BEULEN, Andy FONTAINE         | 45.89 | 29 08 90 |
| 7. Roel en Egwin VAN MINNEBRUGGEN, Davy DRIEGHE, Steven BELIS              | 46.28 | 30 08 95 |
| 8. Bart VAN CRIEKINGE, Peter DE CONINCK, Sven SOLY, Alain VAN KOEVERINGE   | 46.7  | 07 09 88 |
| 9. Bram VAN DEN BROECK, Nick V HOORENBEECK, Stefaan HAAZEN, Kristof BRIERS | 47.06 | 03 05 03 |
| 10. Nand VAN REGENMORTEL, Lander PEETERS, Mats DE GREEF, Wannes DAELEMANS  | 47.15 | 28 04 24 |

**4 x 200 meter**

|                                                                         |         |          |
|-------------------------------------------------------------------------|---------|----------|
| 1. Tom GODDEN, Vincent VAN REETH, Dries MEEUSEN, Jannes BOONEN          | 1.33.28 | 22 09 13 |
| 2. Anthony NTI, Thomas BERTELS, Anton TANGHE, Neil AKENZUA              | 1.33.79 | 23 08 09 |
| 3. Peter VAN ASSCHE, Egwin VAN MINNEBRUGGEN, Steven BELIS, Davy DRIEGHE | 1.35.55 | 28 08 96 |
| 4. Fedde EYCKMANS, Joe JACOBS, Dries HORREVORST, Piet BROUWERS          | 1.40.93 | 25 08 19 |
| 5. Lander PEETERS, Stan ALLAERTS, Mats DE GREEF, Wannes DAELEMANS       | 1.42.91 | 26 08 23 |

**4 x 400 meter**

|                                                                  |         |          |
|------------------------------------------------------------------|---------|----------|
| 1. Arno VERDUYN, Vincent VAN REETH, Dries MEEUSEN, Jannes BOONEN | 3.34.94 | 12 05 13 |
| 2.                                                               |         |          |

**4 x 800 meter**

|                                                                             |         |          |
|-----------------------------------------------------------------------------|---------|----------|
| 1. Steve MATTHYSSSENS, Peter VAN EYNDHOVEN, Joren BOUCKAERT, Brecht BERTELS | 7.57.88 | 19 09 10 |
| 2. Steven VAN DAMME, Rob THIJS, Ben DE WIT, Thomas STRUYF                   | 8.24.80 | 01 10 95 |

## Juniors meisjes:

### 100 meter

|                          |              |                 |
|--------------------------|--------------|-----------------|
| 1. DANIELS Rienske       | 12.22        | 03 09 00        |
| 2. <b>WILLEMYNS Zoë</b>  | <b>12.25</b> | <b>29 06 25</b> |
| 3. SUY Ellen             | 12.62        | 16 05 92        |
| 4. ROELS Ilse            | 12.8         | 10 05 92        |
| 5. COENEGRACHT Charlotte | 13.20        | 15 05 10        |
| 6. WIWA Faith            | 13.20        | 10 08 24        |
| 7. CEULEMANS Kristin     | 13.29        | 30 04 93        |
| 8. SUY Jorinde           | 13.41        | 17 05 97        |
| 9. LANDUYDT Ella         | 13.44        | 21 04 06        |
| 10. DE PRINS Maud        | 13.3         | 17 05 91        |

### 300 meter

|                               |       |          |
|-------------------------------|-------|----------|
| 1. DANIELS Rienske            | 40.08 | 17 06 00 |
| 2. DAEMS Silke                | 42.51 | 29 08 21 |
| 3. ROELS Ilse                 | 43.1  | 04 07 92 |
| 4. DEWICKERE Danielle         | 46.24 | 16 08 09 |
| 5. SUY Ellen                  | 46.1  | 04 07 92 |
| 6. VANHOVE Kaat               | 46.84 | 31 03 19 |
| 7. Vandenlindenloof Charlotte | 46.94 | 30 06 19 |
| 8. VAN BAUWEL Véronique       | 47.63 | 31 05 91 |
| 9. HORREVORST Roos            | 47.82 | 31 03 19 |
| 10. BAETENS Sara              | 48.13 | 31 03 19 |

### 600 meter

|                               |         |          |
|-------------------------------|---------|----------|
| 1. BICKER Janne               | 1.45.76 | 30 06 21 |
| 2. BAETENS Sara               | 1.47.56 | 03 08 19 |
| 3. Vandenlindenloof Charlotte | 1.49.04 | 28 07 18 |
| 4. BELLENS Laurien            | 1.49.19 | 03 07 16 |

### 800 meter

|                                |         |          |
|--------------------------------|---------|----------|
| 1. GODDEN Elke                 | 2.16.07 | 09 08 14 |
| 2. VAN D. BROECK Katleen       | 2.17.6  | 12 08 90 |
| 3. BICKER Janne                | 2.18.75 | 08 09 21 |
| 4. VAN DE VEL Sara             | 2.19.95 | 17 05 12 |
| 5. DEWICKERE Danielle          | 2.20.12 | 13 09 09 |
| 6. VAN MENSEL Greet            | 2.22.36 | 13 08 00 |
| 7. GOOSSENS Katleen            | 2.23.35 | 15 08 89 |
| 8. WOUTERS Ine                 | 2.24.48 | 24 05 08 |
| 9. Vandenlindenloof Margot     | 2.27.52 | 29 08 15 |
| 10. Vandenlindenloof Charlotte | 2.27.77 | 18 08 18 |

### 1000 meter

|                            |         |          |
|----------------------------|---------|----------|
| 2. GODDEN Elke             | 3.00.76 | 18 04 15 |
| 3. VAN D. BROECK Katleen   | 3.03.83 | 20 07 90 |
| 4. BICKER Janne            | 3.06.35 | 28 08 21 |
| 5. VAN MENSEL Greet        | 3.13.27 | 21 07 00 |
| 6. Vandenlindenloof Margot | 3.13.95 | 06 09 15 |
| 7. BELLENS Laurien         | 3.15.26 | 09 08 17 |
| 8. GOOSSENS Katleen        | 3.15.66 | 02 06 89 |
| 9. CHAULIAC Margot         | 3.16.44 | 26 07 11 |
| 10. MEIJER Janine          | 3.23.3  | 11 09 92 |

### 2000 meter

|                           |         |          |
|---------------------------|---------|----------|
| 2. GODDEN Elke            | 6.27.41 | 21 08 15 |
| 3. VAN DEN BROECK Katleen | 6.41.3  | 12 09 90 |
| VAN HOVE Hannah           | 7.28.27 | 27 07 11 |

### 3000m steeple(0,762m)

|                  |          |          |
|------------------|----------|----------|
| 2. GODDEN Elke   | 11.13.42 | 23 05 14 |
| VAN MENSEL Greet | 13.39.34 | 16 07 00 |

### 200 meter

|                         |              |                 |
|-------------------------|--------------|-----------------|
| 1. DANIELS Rienske      | 24.74        | 03 09 00        |
| 2. <b>WILLEMYNS Zoë</b> | <b>25.03</b> | <b>07 06 25</b> |
| 3. SUY Ellen            | 26.93        | 21 07 92        |
| 4. DAEMS Silke          | 27.00        | 09 10 21        |
| 5. LANDUYDT Ella        | 27.18        | 13 05 06        |
| 6. WIWA Faith           | 27.21        | 10 08 24        |
| 7. VAN AERSCHOT Riet    | 27.32        | 20 05 23        |
| 8. CEULEMANS Kristin    | 27.78        | 08 07 94        |
| 9. GOOSSENS Katleen     | 28.13        | 02 08 89        |
| 10. BOEYE Stien         | 28.42        | 25 04 10        |

### 400 meter

|                                |       |          |
|--------------------------------|-------|----------|
| 1. DAEMS Silke                 | 59.84 | 10 10 21 |
| 2. GOOSSENS Katleen            | 61.7  | 08 09 89 |
| 3. ROELS Ilse                  | 62.11 | 08 05 92 |
| 4. VAN MENSEL Greet            | 63.11 | 04 08 00 |
| 5. VAN DEN BROECK Katleen      | 63.5  | 05 09 90 |
| 6. HORREVORST Roos             | 64.55 | 20 04 19 |
| 7. VANHOVE Kaat                | 64.90 | 20 04 19 |
| 8. VANDENLINDENLOOF Margot     | 65.31 | 17 05 15 |
| 9. LOVENIERS Heidi             | 65.7  | 28 06 85 |
| 10. Vandenlindenloof Charlotte | 65.93 | 11 05 19 |

### 1500 meter

|                               |         |          |
|-------------------------------|---------|----------|
| 1. GODDEN Elke                | 4.34.67 | 20 08 14 |
| 2. VAN DE VEL Sara            | 4.39.76 | 07 07 12 |
| 3. V.D. BROECK Katleen        | 4.42.1  | 08 08 90 |
| 4. BICKER Janne               | 4.50.31 | 21 08 21 |
| 5. OFFERGELD Kim              | 4.53.97 | 10 05 98 |
| 6. VAN MENSEL Greet           | 4.58.12 | 09 09 00 |
| 7. DEWICKERE Danielle         | 4.59.27 | 29 08 09 |
| 8. Vandenlindenloof Margot    | 5.02.48 | 13 09 15 |
| 9. Vandenlindenloof Charlotte | 5.06.58 | 26 08 18 |
| 10. GOOSSENS Katleen          | 5.08.8  | 18 08 89 |

### 1 mijl

|                          |         |          |
|--------------------------|---------|----------|
| 1. GODDEN Elke           | 5.14.57 | 09 08 15 |
| 2. VAN D. BROECK Katleen | 5.26.2  | 22 06 90 |
| 3. CHAULIAC Margot       | 5.41.53 | 15 07 12 |
| 4. VAN MENSEL Greet      | 5.42.55 | 03 08 01 |
| 5. VAN DEN BROECK Ann    | 5.59.0  | 22 08 93 |

### 3000 meter

|                               |          |          |
|-------------------------------|----------|----------|
| 1. VAN DE VEL Sara            | 10.14.06 | 28 04 12 |
| 2. GODDEN Elke                | 10.14.61 | 09 05 15 |
| 3. VAN D. BROECK Katleen      | 10.30.3  | 07 09 90 |
| 4. CHAULIAC Margot            | 10.44.53 | 12 05 12 |
| 5. Vandenlindenloof Charlotte | 11.12.86 | 12 05 18 |
| 6. VAN DEN BROECK Ann         | 11.39.07 | 29 08 93 |
| 7. SANUA Valerie              | 11.50.45 | 03 06 94 |
| 8. VAN HOVE Hannah            | 11.59.95 | 07 07 11 |

### 5000 meter

|                           |          |          |
|---------------------------|----------|----------|
| 1. GODDEN Elke            | 17.27.24 | 13 09 15 |
| 2. VAN DE VEL Sara        | 17.33.47 | 02 06 12 |
| 3. GODDEN Elke            | 17.56.43 | 31 05 14 |
| 4. VAN DEN BROECK Katleen | 18.30.9  | 28 09 90 |
| 5. CHAULIAC Margot        | 19.29.83 | 01 05 12 |

### 150 meter

|                         |              |                 |
|-------------------------|--------------|-----------------|
| 1. <b>WILLEMYNS Zoë</b> | <b>18.33</b> | <b>29 06 25</b> |
|-------------------------|--------------|-----------------|

**100m horden (0,84m)**

|                      |       |          |
|----------------------|-------|----------|
| 1. CEULEMANS Kristin | 16.51 | 02 07 94 |
| 2. DE PRIJCK Karen   | 16.82 | 27 08 11 |
| 3. BUELENS Charlotte | 17.41 | 09 05 15 |
| 4. DILS Renee        | 17.72 | 15 05 10 |
| 5. WUYTS Eva         | 18.3  | 04 05 97 |
| 6. LOVENIERS Heidi   | 19.8  | 12 07 85 |
| 7. DE PROOST Nicole  | 21.3  | 28 05 83 |

**hoog**

|                    |      |          |
|--------------------|------|----------|
| 1. DE PRIJCK Karen | 1,60 | 12 06 11 |
| 2. DAEMS Silke     | 1,55 | 20 09 20 |
| 3. LOVENIERS Heidi | 1,50 | 13 07 85 |
| DE PRINS Maud      | 1,50 | 05 05 91 |
| 5. REYNIERS Sally  | 1,45 | 16 05 93 |
| GOOSSENS Annechien | 1,45 | 23 05 14 |
| 7. WUYTS Eva       | 1,35 | 18 04 97 |
| BRUNEEL An         | 1,35 | 09 05 99 |
| 9. DECKX Patsy     | 1,30 | 27 04 86 |
| LEEMANS Elke       | 1,30 | 30 05 86 |
| PINXTEREN Tine     | 1,30 | 31 03 19 |

**ver**

|                      |      |          |
|----------------------|------|----------|
| 1. DAEMS Silke       | 5,18 | 20 05 20 |
| 2. CEULEMANS Kristin | 5,14 | 08 05 94 |
| 3. DILS Camille      | 5,02 | 08 05 11 |
| 4. DE PRIJCK Karen   | 4,99 | 26 06 11 |
| 5. LEEMANS Elke      | 4,83 | 18 04 86 |
| 6. DE PRINS Maud     | 4,82 | 31 05 91 |
| 7. DE BACKER Nele    | 4,81 | 25 09 82 |
| 8. LOVENIERS Heidi   | 4,77 | 02 06 85 |
| 9. ROELS Ilse        | 4,72 | 10 05 92 |
| 10. SUY Ellen        | 4,62 | 21 08 92 |

**kogel (4kg)**

|                       |       |          |
|-----------------------|-------|----------|
| 1. DAEMS Silke        | 10,80 | 18 07 21 |
| 2. DIERKX Els         | 10,66 | 18 04 97 |
| 3. BRUNEEL An         | 10,37 | 04 07 99 |
| 4. SUY Ellen          | 8,65  | 02 04 93 |
| 5. AZZOUZ Yasmine     | 8,25  | 05 08 18 |
| 6. VAN MENDEL Greet   | 8,07  | 03 08 01 |
| 7. LANDUYDT Ella      | 8,06  | 13 05 06 |
| 8. DE BRUIJN Severine | 7,95  | 15 05 09 |
| 9. UYTENDALE Eva      | 7,86  | 10 05 14 |
| 10. CEULEMANS Kristin | 7,76  | 29 04 94 |

**7-kamp**

|                |       |          |
|----------------|-------|----------|
| 1. DAEMS Silke | 4007p | 27 09 20 |
|----------------|-------|----------|

**4 x 400 meter**

|                                                                            |         |          |
|----------------------------------------------------------------------------|---------|----------|
| 1. Charlotte Vandenlindenloof, Kaat VANHOVE, Roos HORREVORST, Sara BAETENS | 4.31.93 | 25 08 19 |
|----------------------------------------------------------------------------|---------|----------|

**4 x 800 meter**

|                                                                            |          |          |
|----------------------------------------------------------------------------|----------|----------|
| 1. Charlotte Vandenlindenloof, Kaat VANHOVE, Roos HORREVORST, Sara BAETENS | 10.48.47 | 05 10 19 |
|----------------------------------------------------------------------------|----------|----------|

**400m horden (0,762m)**

|                         |       |          |
|-------------------------|-------|----------|
| 1. ROELS Ilse           | 68.36 | 31 05 92 |
| 2. VAN MENDEL Greet     | 72.23 | 16 07 00 |
| 3. LEEMANS Elke         | 78.1  | 30 05 86 |
| 4. VAN BAUWEL Véronique | 80.69 | 26 05 91 |

**polsstok**

|                      |      |          |
|----------------------|------|----------|
| 1. VAN EYNDHOVEN Els | 2,93 | 27 04 14 |
| 2. DE PRIJCK Karen   | 2,70 | 26 06 11 |

**hamer (4kg)**

|                     |       |          |
|---------------------|-------|----------|
| 1. VERDUYN Isabelle | 29,40 | 25 07 12 |
|---------------------|-------|----------|

**hinkstap****speer (600g)**

|                        |       |          |
|------------------------|-------|----------|
| 1. BRUNEEL An          | 42,28 | 29 05 99 |
| 2. VAN HOYWEGHEN Joyce | 27,37 | 23 04 11 |
| 3. DAEMS Silke         | 25,65 | 27 09 20 |
| 4. VAN EYNDHOVEN Els   | 14,75 | 11 05 13 |

**discus (1kg)**

|                       |       |          |
|-----------------------|-------|----------|
| 1. SUY Ellen          | 30,64 | 23 04 93 |
| 2. BRUNEEL An         | 30,52 | 30 05 99 |
| 3. DIERKX Els         | 29,82 | 18 05 96 |
| 4. AZZOUZ Yasmine     | 24,55 | 28 04 18 |
| 5. UYTENDALE Eva      | 22,93 | 10 05 14 |
| 6. DE BACKER Nele     | 21,72 | 30 10 82 |
| 7. REYNIERS Sally     | 21,24 | 23 04 93 |
| 8. DE BRUIJN Severine | 20,89 | 15 05 09 |
| 9. VAN OPSTAL Kristin | 20,62 | 31 05 96 |
| 10. GOOSSENS Kathleen | 20,34 | 15 09 89 |

## Juniors jongens:

### 100 meter

|                     |       |          |
|---------------------|-------|----------|
| 1. THYS Wim         | 10.89 | 18 05 96 |
| 2. AKENZUA Neil     | 11.04 | 26 06 11 |
| 3. BRIERS Kristof   | 11.07 | 04 09 04 |
| 4. NTI Anthony      | 11.23 | 05 06 11 |
| 5. VAN ASSCHE Peter | 11.32 | 11 05 97 |
| 6. CORNELIS Rudy    | 11.1  | 15 04 88 |
| DE HOON Stefan      | 11.1  | 18 06 93 |
| 8. BOONEN Jannes    | 11.27 | 31 06 15 |
| 9. NWOBODO David    | 11.42 | 26 07 96 |
| 10. MARIËN Jarne    | 11.46 | 07 05 23 |

### 300 meter

|                         |       |          |
|-------------------------|-------|----------|
| 1. BOONEN Jannes        | 34.81 | 19 09 15 |
| 2. AKENZUA Neil         | 35.19 | 20 04 12 |
| 3. LEUE Louie           | 35.25 | 05 08 18 |
| 4. THYS Wim             | 35.38 | 16 08 96 |
| 5. BOUCKAERT Jente      | 35.74 | 22 08 08 |
| 6. VAN ASSCHE Peter     | 36.25 | 25 04 97 |
| 7. DE HOON Stefan       | 36.39 | 03 10 92 |
| 8. V.MINNEBRUGGEN Egwin | 36.59 | 30 04 98 |
| 9. NWOBODO David        | 37.15 | 16 05 96 |
| 10. VEROFT Reidar       | 37.46 | 07 04 19 |

### 800 meter

|                     |         |          |
|---------------------|---------|----------|
| 1. BERTELS Brecht   | 1.48.54 | 07 07 12 |
| 2. BOUCKAERT Joren  | 1.49.20 | 26 05 12 |
| 3. LEUNCKENS Ward   | 1.49.69 | 01 06 19 |
| 4. DE WIT Ben       | 1.50.41 | 14 08 98 |
| 5. FRANS Dave       | 1.56.12 | 17 08 04 |
| 6. ROMBOUTS Koen    | 1.57.71 | 14 05 06 |
| 7. STRUYF Thomas    | 1.57.86 | 16 08 96 |
| 8. LOFGREN Bjarne   | 1.58.86 | 01 05 18 |
| 9. HENDRIX Flor     | 1.57.45 | 12 08 23 |
| 10. HORREVORST Kris | 1.59.41 | 03 08 90 |

### 1500 meter

|                      |         |          |
|----------------------|---------|----------|
| 1. LEUNCKENS Ward    | 3.48.56 | 24 08 19 |
| 2. BERTELS Brecht    | 3.49.30 | 28 07 12 |
| 3. VANROY Louis      | 3.58.85 | 18 09 21 |
| 4. FRANS Dave        | 4.02.99 | 11 08 04 |
| 5. HORREVORST Kris   | 4.03.6  | 23 08 91 |
| 6. DE SCHRYVER Jorre | 4.04.44 | 27 05 01 |
| 7. DE WIT Ben        | 4.06.41 | 24 07 98 |
| 8. DE CLERCQ Jan     | 4.08.9  | 26 08 87 |
| 9. STRUYF Thomas     | 4.09.08 | 20 09 96 |
| 10. LOFGREN Bjarne   | 4.09.09 | 13 05 18 |

### 2000 meter

|                          |         |          |
|--------------------------|---------|----------|
| 1. HENDRIX Ward          | 5.34.41 | 07 09 22 |
| 2. FRANS Dave            | 5.49.10 | 22 08 03 |
| 3. MAHADI SAID Abdufatha | 5.50.27 | 08 09 21 |
| 4. DE CLERCQ Jan         | 5.51.3  | 28 08 87 |
| 5. ROMBOUTS Tim          | 6.01.77 | 22 08 03 |
| 7. HORREVORST Kris       | 6.02.1  | 12 09 90 |
| 8. DILS Gunther          | 6.18.3  | 17 09 83 |
| 9. DEVOLDER Johan        | 6.23.3  | 21 07 84 |

### 200 meter

|                        |       |          |
|------------------------|-------|----------|
| 1. AKENZUA Neil        | 21.90 | 21 07 11 |
| 2. THYS Wim            | 21.99 | 15 09 96 |
| 3. BRIERS Kristof      | 22.41 | 21 08 04 |
| 4. VAN CRIEKINGE Ronny | 22.7  | 22 06 88 |
| 5. BOUCKAERT Jente     | 22.96 | 26 04 08 |
| 6. BOONEN Jannes       | 22.98 | 04 10 14 |
| 7. MARIËN Jarne        | 22.94 | 07 05 23 |
| 8. DE HOON Stefan      | 23.01 | 02 05 93 |
| 9. VAN ASSCHE Peter    | 23.01 | 31 06 97 |
| 10. LEUE Louie         | 23.03 | 12 08 18 |

### 400 meter

|                    |       |          |
|--------------------|-------|----------|
| 1. LEUE Louie      | 49.09 | 14 09 18 |
| BOUCKAERT Joren    | 49.09 | 01 05 12 |
| 3. BOONEN Jannes   | 49.12 | 05 09 15 |
| 4. BOUCKAERT Jente | 49.29 | 05 07 08 |
| 5. LEUNCKENS Ward  | 50.01 | 11 05 19 |
| 6. BERTELS Brecht  | 50.03 | 19 05 12 |
| 7. BRIERS Kristof  | 50.34 | 13 08 05 |
| 8. HENDRIX Flor    | 50.50 | 07 05 23 |
| 9. DE WIT Ben      | 50.72 | 26 04 98 |
| 10. ZAGORSKI Piotr | 51.03 | 24 04 22 |

### 1000 meter

|                      |         |          |
|----------------------|---------|----------|
| 1. DE WIT Ben        | 2.30.16 | 22 08 97 |
| 2. FRANS Dave        | 2.31.93 | 25 06 04 |
| 3. ROMBOUTS Koen     | 2.33.01 | 18 05 07 |
| 4. HENDRIX Ward      | 2.37.98 | 28 08 22 |
| 5. HORREVORST Kris   | 2.38.14 | 04 05 90 |
| 6. DE SCHRYVER Jorre | 2.38.81 | 17 08 01 |
| 7. VROLIX Daan       | 2.40.85 | 19 08 23 |
| 8. DE CLERCQ Jan     | 2.42.0  | 21 08 87 |
| 9. ROBBERECHT Peter  | 2.46.33 | 28 04 00 |
| 10. ROMBOUTS Tim     | 2.46.73 | 25 06 04 |

### 1 mijl

|                      |         |          |
|----------------------|---------|----------|
| 1. FRANS Dave        | 4.27.69 | 07 08 04 |
| 2. DE CLERCQ Jan     | 4.34.9  | 23 09 87 |
| 3. ROMBOUTS Tim      | 4.37.50 | 07 08 04 |
| 4. STRUYF Thomas     | 4.39.1  | 27 09 96 |
| 5. DE WEERDT Tim     | 4.52.07 | 20 05 05 |
| 6. DILS Gunther      | 4.52.6  | 14 07 85 |
| 7. DRIESSENS Mark    | 5.19.0  | 14 07 85 |
| 8. VERMEYLEN Koen    | 5.23.7  | 28 06 85 |
| 9. OP DE BEECK Peter | 5.31.2  | 15 07 83 |

### 2 mijl

|                 |          |          |
|-----------------|----------|----------|
| 1. ROMBOUTS Tim | 10.15.88 | 03 10 04 |
|-----------------|----------|----------|

### 150 meter

|                            |              |                 |
|----------------------------|--------------|-----------------|
| 1. <b>POT Mathis</b>       | <b>17.25</b> | <b>13 09 25</b> |
| 2. EYCKMANS Fedde          | 18.21        | 20 08 21        |
| 3. <b>DAELEMANS Wannes</b> | <b>18.24</b> | <b>13 09 25</b> |
| 4. <b>PEETERS Lander</b>   | <b>18.34</b> | <b>13 09 25</b> |

### 600 meter

|                   |         |          |
|-------------------|---------|----------|
| 1. HENDRIX Flor   | 1.22.94 | 08 07 23 |
| 2. LEUE Louie     | 1.25.32 | 06 10 18 |
| 3. LOFGREN Bjarne | 1.27.34 | 28 07 18 |
| 4. BICKER Jelle   | 1.36.94 | 30 06 21 |
| 5. STORMS Ruben   | 1.38.09 | 09 08 15 |
| 6. MEEUSSEN Dries | 1.47.57 | 09 08 15 |

**3000 meter**

|                    |         |          |
|--------------------|---------|----------|
| 1. LEUNCKENS Ward  | 8.24.70 | 07 07 19 |
| 2. VANROY Louis    | 8.50.27 | 23 08 20 |
| 3. DE CLERCQ Jan   | 8.54.2  | 09 09 87 |
| 4. HENDRIX Ward    | 8.56.08 | 01 05 22 |
| 5. HORREVORST Kris | 8.59.6  | 08 06 90 |
| 6. ROMBOUTS Tim    | 9.05.34 | 27 08 04 |
| 7. THYS Rob        | 9.11.25 | 14 08 97 |
| 8. FRANS Dave      | 9.20.21 | 27 08 04 |
| 9. VAN PUT Fabio   | 9.24.98 | 25 04 03 |
| 10. DE WEERDT Tim  | 9.29.48 | 30 08 05 |

**3000m steeple (0,914m)**

|                     |          |          |
|---------------------|----------|----------|
| 1. THYS Rob         | 10.10.47 | 15 09 96 |
| 2. VAN PUT Fabio    | 10.25.2  | 11 05 03 |
| 3. ROBBERECHT Peter | 11.15.51 | 14 05 00 |

**uurloop**

|                   |        |          |
|-------------------|--------|----------|
| 1. DILS Gunther   | 14.504 | 22 08 84 |
| 2. DRIESSENS Mark | 14.483 | 22 08 84 |

**110m horden (1,067m)**

|                       |       |          |
|-----------------------|-------|----------|
| 1. BOONEN Jannes      | 15.17 | 28 07 15 |
| 2. EYCKMANS Fedde     | 15.46 | 18 06 21 |
| 3. SOLY Sven          | 17.53 | 28 05 89 |
| 4. HOOGEWIJS Johnny   | 17.60 | 24 05 92 |
| 5. BELIS Steven       | 18.22 | 11 05 97 |
| 6. MEEUSEN Pieter     | 20.45 | 11 05 97 |
| 7. DELHEM Rik         | 20.91 | 14 05 06 |
| 8. LEEMANS Koen       | 21.2  | 21 07 83 |
| 9. V.MINNEBRUGGEN Tim | 22.89 | 14 05 95 |

**ver**

|                     |      |          |
|---------------------|------|----------|
| 1. DE HOON Stefan   | 7,00 | 22 07 93 |
| 2. BOONEN Jannes    | 6,97 | 05 07 15 |
| 3. BRIERS Kristof   | 6,75 | 04 09 04 |
| 4. BRACKE Roel      | 6,69 | 31 05 02 |
| 5. DRIEGHE Davy     | 6,48 | 17 05 97 |
| 6. BERTELS Thomas   | 6,44 | 16 05 10 |
| 7. HOOGEWIJS Johnny | 6,43 | 31 05 92 |
| 8. DE CONINCK Peter | 6,40 | 04 05 90 |
| 9. LOOTS Pascal     | 6,29 | 10 08 83 |
| 10. BEULEN Peter    | 6,26 | 19 06 92 |

**kogel (6kg)**

|                     |       |          |
|---------------------|-------|----------|
| 1. HAAZEN Stefaan   | 13,62 | 30 04 05 |
| 2. VAN HOOFF Stijn  | 12,88 | 28 06 02 |
| 3. BOONEN Jannes    | 12,71 | 31 05 15 |
| 4. DE CONINCK Peter | 12,54 | 18 08 90 |
| 5. BEULEN Peter     | 12,12 | 13 06 92 |
| 6. DE HOON Stefan   | 11,27 | 13 08 93 |
| 7. PONNET Hans      | 11,20 | 13 08 93 |
| 8. MEEUSSEN Dries   | 10,74 | 20 06 15 |
| 9. HOOGEWIJS Johnny | 10,71 | 29 06 91 |
| 10. DELHEM Jef      | 10,59 | 10 08 07 |

**hoog**

|                    |      |          |
|--------------------|------|----------|
| 1. DE HOON Stefan  | 2,00 | 26 09 92 |
| 2. BEULEN Peter    | 1,96 | 08 06 92 |
| 3. VAN WOUWE Tom   | 1,95 | 16 05 10 |
| BOONEN Jannes      | 1,95 | 26 04 14 |
| 5. VERDUYN Lennert | 1,95 | 01 08 21 |
| 6. LOOTS Pascal    | 1,85 | 01 05 83 |
| SELS Louis         | 1,85 | 15 05 11 |
| 8. VRIENS Arne     | 1,83 | 27 05 16 |
| 9. VERDONCK Jan    | 1,80 | 23 05 93 |
| BRACKE Roel        | 1,80 | 26 07 02 |

**5000 meter**

|                     |          |          |
|---------------------|----------|----------|
| 1. VANROY Louis     | 15.00.48 | 09 10 21 |
| 2. HENDRIX Ward     | 15.25.30 | 09 10 21 |
| 3. DE CLERCQ Jan    | 15.56.0  | 25 09 87 |
| 4. ROMBOUTS Tim     | 15.57.11 | 11 09 04 |
| 5. THYS Rob         | 16.01.8  | 27 09 96 |
| 6. HORREVORST Kris  | 16.51.2  | 22 06 90 |
| 7. KERREMANS Ben    | 17.24.24 | 10 09 10 |
| 8. DEVOLDER Johan   | 17.33.3  | 31 05 84 |
| 9. DE WACHTER Bruno | 18.37.4  | 02 08 91 |

**10000 meter**

|                    |          |          |
|--------------------|----------|----------|
| 1. HORREVORST Kris | 33.29.8  | 04 10 91 |
| 2. THYS Rob        | 34.16.12 | 26 09 97 |
| 3. DEVOLDER Johan  | 36.34.0  | 04 09 84 |

**400m horden (0,914m)**

|                          |              |                 |
|--------------------------|--------------|-----------------|
| 1. BOONEN Jannes         | 53.41        | 13 09 15        |
| 2. BOUCKAERT Joren       | 56.02        | 15 05 11        |
| 3. DRIEGHE Davy          | 57.57        | 11 05 97        |
| 4. PONNET Hans           | 57.7         | 29 08 93        |
| 5. <b>DE GREEF Mats</b>  | <b>58.37</b> | <b>02 08 25</b> |
| 6. VAN EYNDHOVEN Peter   | 60.25        | 13 05 12        |
| 7. VAN OOSTVELDT Oscar   | 60.86        | 24 04 22        |
| 8. THYS Rob              | 61.84        | 04 08 96        |
| 9. VERDUYN Arno          | 62.00        | 11 05 14        |
| 10. V.MINNEBRUGGEN Egwin | 62.62        | 11 05 97        |

**hinkstap**

|                         |       |          |
|-------------------------|-------|----------|
| 1. BOONEN Jannes        | 14,17 | 13 09 15 |
| 2. DE HOON Stefan       | 13,86 | 01 09 92 |
| 3. LOOTS Pascal         | 13,21 | 24 09 83 |
| 4. AKENZUA Neil         | 13,19 | 13 05 12 |
| 5. BRACKE Roel          | 13,12 | 12 05 02 |
| 6. EYCKMANS Fedde       | 13,09 | 23 05 21 |
| 7. VAN KOEVERINGE Alain | 12,35 | 29 04 90 |
| 8. HOOGEWIJS Johnny     | 12,34 | 31 07 92 |
| 9. JARVIS Tibo          | 12,18 | 18 05 23 |
| 10. SELS Louis          | 11,96 | 15 05 11 |

**discus (1,750kg)**

|                         |              |                 |
|-------------------------|--------------|-----------------|
| 1. HAAZEN Stefaan       | 41,52        | 24 06 05        |
| 2. VERDONCK Jan         | 39,76        | 04 05 93        |
| 3. BOONEN Jannes        | 37,17        | 04 10 14        |
| 4. VAN HOOFF Stijn      | 35,59        | 06 06 03        |
| 5. JARVIS Tibo          | 32,66        | 19 08 23        |
| 6. HOOGEWIJS Johnny     | 32,44        | 12 04 91        |
| 7. DE CONINCK Peter     | 32,38        | 07 09 90        |
| 8. BEULEN Peter         | 32,32        | 11 09 90        |
| 9. <b>DE GREEF Mats</b> | <b>28,58</b> | <b>27 04 25</b> |
| 10. DENECKERE Wouter    | 26,80        | 23 04 04        |

**kogel (7,26kg)**

|                  |       |          |
|------------------|-------|----------|
| 1. BROUWERS Piet | 10,67 | 08 05 22 |
|------------------|-------|----------|

**discus (2kg)**

|                  |       |          |
|------------------|-------|----------|
| 1. BROUWERS Piet | 26,96 | 08 05 22 |
|------------------|-------|----------|

**polsstok**

|                       |      |          |
|-----------------------|------|----------|
| 1. BOONEN Jannes      | 4,23 | 05 07 15 |
| 2. CRAEN Roel         | 4,06 | 05 08 01 |
| 3. VAN CAMPFORT Jesse | 3,80 | 13 05 12 |
| 4. BEULEN Peter       | 3,40 | 24 05 92 |
| 5. DELHEM Jef         | 3,20 | 13 05 07 |
| BROUX Sander          | 3,20 | 11 05 08 |
| 7. EYCKMANS Fedde     | 2,90 | 26 09 21 |

**speer (800g)**

|                     |       |          |
|---------------------|-------|----------|
| 1. BEULEN Peter     | 57,74 | 05 06 93 |
| 2. MEEUSEN Dries    | 56,93 | 23 08 15 |
| 3. BOONEN Jannes    | 53,28 | 24 05 15 |
| 4. DE CONINCK Peter | 51,02 | 27 05 90 |
| 5. PONNET Hans      | 42,46 | 09 07 93 |
| 6. WOUTERS Stijn    | 42,38 | 24 07 10 |
| 7. LOOTS Pascal     | 41,01 | 29 07 83 |
| 8. BRACKE Roel      | 39,58 | 03 05 02 |
| 9. EYCKMANS Fedde   | 38,54 | 28 08 22 |
| 10. HAAZEN Stefaan  | 37,20 | 18 09 05 |

**10-kamp**

|                     |       |          |
|---------------------|-------|----------|
| 1. BOONEN Jannes    | 7071p | 05 07 15 |
| 2. EYCKMANS Fedde   | 5147p | 26 09 21 |
| 2. HOOGEWIJS Johnny | 3045p | 29 06 91 |

**4 x 100 meter**

|                                                                          |       |          |
|--------------------------------------------------------------------------|-------|----------|
| 1. Peter VAN ROMPAEY, Hans PONNET, Peter BEULEN, Stefan DE HOON          | 45.14 | 18 08 93 |
| 2. Sven SOLY, Alain VAN KOEVERINGE, Bart VAN CRIEKINGE, Peter DE CONINCK | 46.47 | 29 08 90 |
| 3. Kris ADRIAENSENS, Mark DRIESSENS, Koen VERMEYLEN, Johan DEVOLDER      | 52.2  | 22 09 84 |

**4 x 400 meter**

|                                                                             |         |          |
|-----------------------------------------------------------------------------|---------|----------|
| 1. Egwin VAN MINNEBRUGGEN, Wouter VAN ASSCHE, Peter VAN ASSCHE, Ben DE WIT  | 3.24.10 | 06 09 98 |
| 2. Davy DRIEGHE, Peter VAN ASSCHE, Egwin VAN MINNEBRUGGEN, Ben DE WIT       | 3.25.55 | 07 09 97 |
| 3. Alain V. KOEVERINGE, Bart V.CRIEKINGE, Bruno DE WACHTER, Kris HORREVORST | 3.48.6  | 29 08 90 |

**4 x 800 meter**

|                                                                  |        |          |
|------------------------------------------------------------------|--------|----------|
| 1. Jan DE CLERCQ, Koen VERMEYLEN, Johan DEVOLDER, Mark DRIESSENS | 9.21.1 | 16 09 84 |
|------------------------------------------------------------------|--------|----------|

**hamer (6,250kg)**

|                   |       |          |
|-------------------|-------|----------|
| 1. HAAZEN Stefaan | 21,54 | 24 09 05 |
| 2. DE HOON Stefan | 21,10 | 01 09 92 |
| 3. BEULEN Peter   | 18,32 | 01 09 92 |

**5-kamp**

|                        |       |          |
|------------------------|-------|----------|
| 1. BOONEN Jannes       | 3409p | 04 10 14 |
| 2. ROMBOUTS Koen       | 2496p | 24 09 06 |
| 3. HAAZEN Stefaan      | 2411p | 19 09 04 |
| 4. FRANS Dave          | 2406p | 21 09 03 |
| 5. JARVIS Tibo         | 2187p | 17 09 23 |
| 6. DELHEM Rik          | 2131p | 24 09 06 |
| 7. ROMBOUTS Tim        | 2108p | 19 09 04 |
| 8. VAN THEEMSCHE Jolan | 1779p | 17 09 23 |

## Alle categorieën VROUWEN

### 100 meter

|                         |              |                 |            |
|-------------------------|--------------|-----------------|------------|
| 1. WINTERS Helena       | 12.08        | 18 05 24        | SCH        |
| 2. DANIELS Rienske (nl) | 12.22        | 03 09 00        | JUN        |
| GHARAFI Yasmine         | 12.22        | 01 05 12        |            |
| 4. <b>WILLEMYNS Zoë</b> | <b>12.25</b> | <b>29 06 25</b> | <b>JUN</b> |
| 5. NAGELS Rani          | 12.32        | 05 09 12        | SCH        |
| 6. SUY Ellen            | 12.34        | 25 05 91        | SCH        |
| 7. LEQUESNE Marijke     | 12.60        | 08 09 02        | CAD        |
| 8. <b>ENGELS Liv</b>    | <b>12.70</b> | <b>04 05 25</b> | <b>SCH</b> |
| 9. <b>DAEMS Silke</b>   | <b>12.72</b> | <b>17 08 25</b> |            |
| 10. ROELS Ilse          | 12.76        | 19 04 96        |            |

### 200 meter

|                         |              |                 |            |
|-------------------------|--------------|-----------------|------------|
| 1. NAGELS Rani          | 24.62        | 01 09 12        | SCH        |
| 2. DANIELS Rienske (nl) | 24.74        | 03 09 00        | JUN        |
| 3. GHARAFI Yasmine      | 24.88        | 26 05 12        |            |
| 4. WINTERS Helena       | 25.34        | 24 06 23        | CAD        |
| 5. <b>WILLEMYNS Zoë</b> | <b>25.03</b> | <b>07 06 25</b> | <b>JUN</b> |
| 6. <b>DAEMS Silke</b>   | <b>25.84</b> | <b>17 08 25</b> |            |
| 7. ROELS Ilse           | 26.05        | 01 06 97        |            |
| 8. <b>ENGELS Liv</b>    | <b>26.17</b> | <b>04 05 25</b> | <b>SCH</b> |
| 9. CEULEMANS Kristin    | 26.31        | 19 05 90        | CAD        |
| 10. DE PRINS Maud       | 26.34        | 19 05 90        | SCH        |

### 300 meter

|                         |       |          |     |
|-------------------------|-------|----------|-----|
| 1. DANIELS Rienske (nl) | 40.08 | 17 06 00 | JUN |
| 2. WINTERS Helena       | 40.21 | 20 05 24 | SCH |
| 3. NAGELS Rani          | 40.28 | 29 05 11 | SCH |
| 4. ROELS Ilse           | 41.88 | 16 08 96 |     |
| 5. DAEMS Silke          | 42.51 | 28 04 00 | JUN |
| 6. DE WIT Barbara       | 42.76 | 28 04 00 | CAD |
| 7. OFFERGELD Kim        | 43.00 | 08 08 97 | SCH |
| 8. DE GREEF Nina        | 43.14 | 20 05 24 | CAD |
| 9. WILLEMYNS Zoë        | 43.61 | 29 08 21 | CAD |
| 10. DRIES Evie          | 43.70 | 05 06 94 | CAD |

### 400 meter

|                       |              |                 |     |
|-----------------------|--------------|-----------------|-----|
| 1. NAGELS Rani        | 54.69        | 18 08 12        | SCH |
| 2. ROELS Ilse         | 58.99        | 05 05 96        |     |
| 3. DAEMS Silke        | 59.84        | 10 10 21        | JUN |
| 4. KEGELEERS Ninte    | 60.36        | 19 09 21        | CAD |
| 5. OFFERGELD Kim      | 61.00        | 26 04 97        | SCH |
| 6. WOUTERS Ine        | 61.33        | 02 09 06        | SCH |
| 7. DE GREEF Nina      | 61.46        | 12 05 24        | CAD |
| 8. DE WIT Barbara     | 61.70        | 20 08 00        | CAD |
| 9. GOOSSENS Katleen   | 61.7         | 08 09 89        | JUN |
| 10. <b>ENGELS Liv</b> | <b>62.41</b> | <b>18 05 25</b> |     |

### 800 meter

|                            |         |          |     |
|----------------------------|---------|----------|-----|
| 1. NAGELS Rani             | 2.08.27 | 02 06 12 | SCH |
| 2. OFFERGELD Kim           | 2.11.55 | 30 08 97 | SCH |
| 3. JASPERS Ina             | 2.12.49 | 20 08 99 |     |
| 4. BICKER Janne            | 2.15.55 | 27 05 23 |     |
| 5. GODDEN Elke             | 2.16.07 | 09 08 14 | JUN |
| 6. KEGELEERS Ninte         | 2.16.44 | 03 07 21 | CAD |
| 7. V.D. BROECK Katleen     | 2.17.6  | 12 08 90 | JUN |
| 8. FODDERIE Annelore       | 2.18.41 | 08 08 92 |     |
| 9. VANDENLINDENLOOF Margot | 2.18.17 | 01 05 17 |     |
| 10. VAN DE VEL Sara        | 2.19.95 | 17 05 12 | JUN |

### 1000 meter

|                               |         |          |     |
|-------------------------------|---------|----------|-----|
| 1. OFFERGELD Kim              | 2.49.96 | 22 08 97 | SCH |
| 2. NAGELS Rani                | 2.50.77 | 07 09 12 | SCH |
| 3. JASPERS Ina                | 2.54.01 | 15 08 99 |     |
| 4. BICKER Janne               | 2.57.76 | 08 08 24 |     |
| 5. GODDEN Elke                | 3.00.76 | 25 04 15 | JUN |
| 6. V.D. BROECK Katleen        | 3.01.10 | 25 08 89 | SCH |
| 7. VAN DE VEL Sara            | 3.03.00 | 16 09 11 | SCH |
| 8. VANDENLINDENLOOF Margot    | 3.05.35 | 25 08 13 | SCH |
| 9. VANDENLINDENLOOF Charlotte | 3.07.40 | 19 08 23 |     |
| 10. DEWICKERE Danielle        | 3.09.22 | 19 05 06 |     |

### 1500 meter

|                               |         |          |     |
|-------------------------------|---------|----------|-----|
| 1. OFFERGELD Kim              | 4.25.76 | 17 09 97 | SCH |
| 2. JASPERS Ina                | 4.29.63 | 17 07 99 |     |
| 3. GODDEN Elke                | 4.34.67 | 20 08 14 | JUN |
| 4. BICKER Janne               | 4.36.22 | 26 05 24 |     |
| 5. VAN DE VEL Sara            | 4.39.16 | 30 07 11 | SCH |
| 6. V.D. BROECK Katleen        | 4.42.1  | 08 08 90 | JUN |
| 7. PAUWELS Hilde              | 4.45.94 | 05 05 96 |     |
| 8. Vandenlindenloof Margot    | 4.48.36 | 20 08 16 |     |
| 9. Vandenlindenloof Charlotte | 4.51.00 | 12 05 24 |     |
| 10. FODDERIE Annelore         | 4.56.93 | 05 06 92 |     |

### 1 mijl

|                                |         |          |     |
|--------------------------------|---------|----------|-----|
| 1. JASPERS Ina                 | 4.54.41 | 24 07 99 |     |
| 2. GODDEN Elke                 | 5.11.59 | 22 08 13 | SCH |
| 3. BICKER Janne                | 5.17.44 | 21 08 24 |     |
| 4. VANDENLINDENLOOF Margot     | 5.18.05 | 09 07 16 | CAD |
| 5. V.D. BROECK Katleen         | 5.26.2  | 22 06 90 | JUN |
| 6. DE POOTER Christianne       | 5.27.19 | 09 06 95 |     |
| 7. FODDERIE Annelore           | 5.29.6  | 01 10 93 |     |
| 8. CHAULIAC Margot             | 5.33.07 | 10 08 10 | SCH |
| 9. DEWICKERE Danielle          | 5.42.49 | 20 05 05 | CAD |
| 10. VANDENLINDENLOOF Charlotte | 5.45.02 | 09 07 16 | SCH |

### 2000 meter

|                          |         |          |     |
|--------------------------|---------|----------|-----|
| 1. GODDEN Elke           | 6.27.41 | 21 08 15 | JUN |
| 2. V.D. BROECK Katleen   | 6.41.3  | 12 09 90 | JUN |
| 3. PAUWELS Hilde         | 6.48.4  | 08 09 95 |     |
| 4. FODDERIE Annelore     | 6.51.29 | 21 08 92 |     |
| 5. CHAULIAC Margot       | 6.55.03 | 14 07 17 |     |
| 6. BICKER Janne          | 6.58.74 | 24 09 17 | CAD |
| 7. DE POOTER Christianne | 7.07.23 | 21 07 95 |     |
| 8. VAN DE VEL Sara       | 7.07.90 | 12 09 09 | CAD |
| 9. BECKERS Elza          | 7.22.3  | 08 09 89 | MAS |
| 10. VAN DEN BROECK Ann   | 7.25.87 | 15 08 95 |     |

### 3000 meter

|                                      |                 |                 |     |
|--------------------------------------|-----------------|-----------------|-----|
| 1. JASPERS Ina                       | 9.36.31         | 28 08 99        |     |
| 2. BICKER Janne                      | 9.58.08         | 27 07 24        |     |
| 3. OFFERGELD Kim                     | 10.00.30        | 02 08 97        | SCH |
| 4. OFFERGELD Elke                    | 10.05.31        | 31 05 98        | SCH |
| 5. PAUWELS Hilde                     | 10.07.1         | 05 08 96        |     |
| 6. VAN DE VEL Sara                   | 10.14.06        | 28 04 12        | JUN |
| 7. GODDEN Elke                       | 10.14.61        | 09 05 15        | JUN |
| 8. V.D. BROECK Katleen               | 10.26.97        | 17 08 94        |     |
| 9. <b>VANDENLINDENLOOF Charlotte</b> | <b>10.31.78</b> | <b>18 05 25</b> |     |
| 10. CHAULIAC Margot                  | 10.44.40        | 10 05 14        |     |

**5000 meter**

|                          |          |          |     |
|--------------------------|----------|----------|-----|
| 1. GODDEN Elke           | 17.27.24 | 13 09 15 |     |
| 2. JASPERS Ina           | 17.29.02 | 11 09 99 |     |
| 3. VAN DE VEL Sara       | 17.33.47 | 02 06 12 | JUN |
| 4. PAUWELS Hilde         | 17.47.93 | 01 09 95 |     |
| 5. VAN REUSEL Marleen    | 18.28.32 | 14 06 03 | MAS |
| 6. V.D. BROECK Katleen   | 18.30.9  | 28 09 90 | JUN |
| 7. CHAULIAC Margot       | 18.59    | 01 05 14 |     |
| 8. DE POOTER Christianne | 19.23.42 | 01 09 95 |     |
| 9. DE BROUWERE Gerda     | 19.58.62 | 01 09 95 | MAS |
| 10. PAULUS Lieve         | 20.06.75 | 01 09 95 |     |

**3000m steeple (0,762m)**

|                     |          |          |     |
|---------------------|----------|----------|-----|
| 1. GODDEN Elke      | 11.13.42 | 23 05 14 | JUN |
| 2. VAN MENSEL Greet | 13.39.34 | 16 07 00 | JUN |

**100m horden (0,840m)**

|                        |              |                 |     |
|------------------------|--------------|-----------------|-----|
| 1. <b>DAEMS Silke</b>  | <b>15.29</b> | <b>10 05 25</b> |     |
| 2. DE PRIJCK Karen     | 15.73        | 29 05 14        |     |
| 3. VERSPAGEN Ilse      | 15.86        | 31 05 97        |     |
| 4. CEULEMANS Kristin   | 16.51        | 02 07 94        | JUN |
| 5. BUELENS Charlotte   | 17.41        | 09 05 15        | JUN |
| 6. DILS Renee          | 17.72        | 15 05 10        | JUN |
| 7. DE SCHRYVER Evelyne | 18.29        | 21 09 19        |     |
| 8. WUYTS Eva           | 18.3         | 04 05 97        | JUN |
| 9. VAN MENSEL Greet    | 18.69        | 07 09 02        |     |
| 10. DE PRINS Maud      | 18.76        | 16 05 93        |     |

**ver**

|                        |             |                 |            |
|------------------------|-------------|-----------------|------------|
| 1. WINTERS Helena      | 5,69        | 28 04 24        | SCH        |
| 2. DAEMS Silke         | 5,58        | 22 09 24        |            |
| 3. DE PRIJCK Karen     | 5,34        | 23 06 14        |            |
| 4. CEULEMANS Kristin   | 5,28        | 28 04 90        | CAD        |
| 5. DE WIT Barbara      | 5,21        | 09 09 00        | CAD        |
| 6. DILS Camille        | 5,08        | 20 06 10        | SCH        |
| 7. <b>KOZICKA Maya</b> | <b>5,06</b> | <b>19 04 25</b> | <b>CAD</b> |
| 8. ROELS Ilse          | 4,99        | 09 07 88        | CAD        |
| 9. DE VOEGHT Karen     | 4,98        | 22 04 89        | CAD        |
| 10. DE SCRYVER Evelyne | 4,96        | 29 08 20        |            |

**kogel (4kg)**

|                         |              |                 |     |
|-------------------------|--------------|-----------------|-----|
| 1. <b>DAEMS Silke</b>   | <b>11,38</b> | <b>25 06 25</b> |     |
| 2. DIERKX Els           | 10,66        | 18 04 97        | JUN |
| 3. BRUNEEL An           | 10,37        | 04 07 99        | JUN |
| 4. LOSTRIE Anne         | 10,26        | 19 04 96        | MAS |
| 5. BLOCK Martine        | 10,16        | 03 06 94        | MAS |
| 6. MERTENS Linda        | 10,05        | 01 05 94        |     |
| 7. SAGON Julie          | 9,82         | 12 05 12        | SCH |
| 8. DE SCHRYVER Evelyne  | 9,67         | 13 09 20        |     |
| 9. DE POOTER Christiane | 9,58         | 26 06 92        |     |
| 10. DE DECKERS Anne     | 8,80         | 15 08 86        | MAS |

**hoog**

|                      |      |          |     |
|----------------------|------|----------|-----|
| 1. DE PRIJCK Karen   | 1,68 | 25 05 14 |     |
| 2. DAEMS Silke       | 1,61 | 26 05 18 | SCH |
| 3. DE PRINS Maud     | 1,55 | 19 05 90 | SCH |
| DE WIT Barbara       | 1,55 | 06 05 01 | SCH |
| 5. DE VLEGELAER Jill | 1,53 | 22 06 19 | MIN |
| 6. PLINCKE INES      | 1,51 | 01 05 96 | PUP |
| WALCKIERS Annelies   | 1,50 | 18 06 16 |     |
| VAN ROMPAEY Michèle  | 1,50 | 19 05 90 | CAD |
| 9. WUYTS Eva         | 1,50 | 29 08 93 | CAD |
| 10. LOVENIERS Heidi  | 1,50 | 13 07 85 | JUN |

**10000 meter**

|                       |          |          |     |
|-----------------------|----------|----------|-----|
| 1. PAUWELS Hilde      | 38.16.93 | 29 04 95 |     |
| 2. VAN REUSEL Marleen | 38.53.08 | 03 07 02 | MAS |
| 3. DE BRUYN Simonne   | 41.03.12 | 16 09 05 | MAS |
| 4. DE BROUWERE Gerda  | 43.08.77 | 10 09 94 | MAS |
| 5. DE BACKER Lieve    | 43.10.24 | 22 09 00 | MAS |
| 6. DE MEYER Carolyn   | 46.15.73 | 12 09 09 | MAS |

**2 mijl**

|                          |          |          |     |
|--------------------------|----------|----------|-----|
| 1. CHAULIAC Margot       | 11.48.47 | 25 07 17 |     |
| 2. DE POOTER Christianne | 12.29.52 | 22 08 08 | MAS |

**2000m steeple (0,762m)**

|                       |         |          |     |
|-----------------------|---------|----------|-----|
| 1. GODDEN Elke        | 7.56.54 | 14 09 12 | SCH |
| 2. DEWICKERE Danielle | 8.12.41 | 26 06 08 | SCH |

**400m horden (0,762m)**

|                               |              |                 |            |
|-------------------------------|--------------|-----------------|------------|
| 1. ROELS Ilse                 | 64.17        | 02 06 96        |            |
| 2. <b>DE GREEF Nina</b>       | <b>66.39</b> | <b>18 05 25</b> | <b>SCH</b> |
| 3. <b>VAN DEN BUYS Jitske</b> | <b>70.16</b> | <b>04 05 25</b> | <b>SCH</b> |
| 4. VAN MENSEL Greet           | 70.72        | 08 08 99        | SCH        |
| 5. FONTAINE Anne              | 71.48        | 03 05 08        | SCH        |
| 6. BAETENS Sara               | 72.17        | 12 05 24        |            |
| 7. DILS Camille               | 74.35        | 09 05 09        | SCH        |
| 8. VANHOVE Kaat               | 74.50        | 20 04 24        |            |
| 9. DE SCHRIJVER Evelyne       | 74.89        | 20 06 15        |            |
| 10. VAN AERSCHOT Riet         | 75.41        | 07 05 23        | JUN        |

**hinkstap**

|                         |              |                 |     |
|-------------------------|--------------|-----------------|-----|
| 1. <b>DAEMS Silke</b>   | <b>12,07</b> | <b>27 04 25</b> |     |
| 2. DE SCHRYVER Evelyne  | 10,99        | 05 07 17        |     |
| 3. DRIES Evie           | 10,50        | 09 09 95        | CAD |
| 4. CEULEMANS Kristin    | 10,29        | 08 05 92        | SCH |
| 5. DE CEULAER Stephanie | 10,24        | 01 05 15        |     |
| 6. VAN DEN BUYS Jitske  | 10,11        | 31 08 24        | CAD |
| 7. VAN HOYWEGHEN Joyce  | 9,70         | 10 07 07        | CAD |
| 8. CEULEMANS Monique    | 9,42         | 02 06 00        | MAS |
| 9. DE BRUYN Severine    | 9,38         | 07 08 05        | CAD |
| 10. NUYTS Ann           | 9,20         | 08 05 92        | SCH |
| WUYTS Eva               | 9,20         | 23 06 95        | SCH |

**discus (1kg)**

|                      |       |          |     |
|----------------------|-------|----------|-----|
| 1. LOSTRIE Anne      | 33,29 | 07 06 98 | MAS |
| 2. SAGON Julie       | 33,23 | 03 09 11 | CAD |
| 3. BRUNEEL An        | 31,92 | 24 05 98 | SCH |
| 4. SUY Ellen         | 30,64 | 23 04 93 | JUN |
| 5. BLOCK Martine     | 30,50 | 15 06 94 | MAS |
| 6. DIERKX Els        | 29,82 | 18 05 96 | JUN |
| 7. MERTENS Linda     | 29,14 | 17 04 94 |     |
| 8. VERBIST Dominique | 28,92 | 15 05 91 | CAD |
| 9. BUYL Ilona        | 27,00 | 04 07 98 |     |
| 10. DE KEYSER Annick | 26,70 | 23 04 99 |     |

**speer (600g)**

|                        |       |          |     |
|------------------------|-------|----------|-----|
| 1. BRUNEEL An          | 42,28 | 29 05 99 | JUN |
| 2. BUYL Ilona          | 41,80 | 20 09 00 |     |
| 3. DE SCHRYVER Evelyne | 37,82 | 16 06 18 |     |
| 4. BORGERS Joke        | 32,10 | 03 07 16 |     |
| 5. WOUTERS Ine         | 31,25 | 04 06 06 | SCH |
| 6. VAN HOYWEGHEN Joyce | 29,55 | 27 06 10 | SCH |
| 7. DAEMS Silke         | 25,67 | 11 08 24 |     |
| 8. DE KEYSER Annick    | 24,08 | 23 04 99 |     |
| 9. VAN MENSEL Greet    | 23,53 | 24 04 98 | SCH |
| 10. LANDUYDT Ella      | 22,88 | 08 05 05 | SCH |

**150 meter**

|                               |              |                 |            |
|-------------------------------|--------------|-----------------|------------|
| 1. <b>WILLEMYNS Zoë</b>       | <b>18.33</b> | <b>29 06 25</b> | <b>JUN</b> |
| 2. DAEMS Silke                | 20.00        | 29 09 19        | SCH        |
| 3. DRIES Evie                 | 20.01        | 01 05 93        | MIN        |
| 4. <b>DE GREEF Nina</b>       | <b>20.01</b> | <b>13 09 25</b> | <b>SCH</b> |
| 5. <b>KOZICKA Maya</b>        | <b>20.31</b> | <b>13 09 25</b> | <b>CAD</b> |
| 6. <b>WIWA Faith</b>          | <b>20.46</b> | <b>13 09 25</b> |            |
| 7. LANDUYDT Ella              | 20.48        | 23 06 01        | MIN        |
| 8. SAGON Julie                | 20.56        | 27 09 09        | MIN        |
| 9. <b>VAN DEN BUYS Jitske</b> | <b>20.71</b> | <b>25 06 00</b> | <b>SCH</b> |
| 10. LEQUESNE Marijke          | 20.83        | 25 06 00        | MIN        |

**polssstok**

|                               |             |                 |            |
|-------------------------------|-------------|-----------------|------------|
| 1. KOCKELBERGH Ine            | 3,14        | 08 08 10        |            |
| 2. VAN EYNDHOVEN Els          | 2,95        | 29 09 12        | SCH        |
| 3. DE PRIJCK Karen            | 2,90        | 15 08 08        | CAD        |
| 4. MASELIS Iris               | 2,60        | 02 06 12        | SCH        |
| 5. SNIJDERS Loeka             | 2,22        | 19 07 15        | SCH        |
| 6. <b>VAN DEN BUYS Jitske</b> | <b>2,22</b> | <b>05 07 25</b> | <b>SCH</b> |
| 7. VAN HOYWEGHEN Joyce        | 2,13        | 21 08 08        | CAD        |
| 8. CAMMAERTS An               | 2,11        | 27 09 08        | MAS        |
| 9. BONGERS Yara               | 2,03        | 27 04 14        | CAD        |
| 10. <b>DE GREEF Nina</b>      | <b>2,02</b> | <b>05 07 25</b> | <b>CAD</b> |

**5-kamp**

|                       |       |          |
|-----------------------|-------|----------|
| 1. DAEMS Silke        | 3139p | 17 09 23 |
| 2. VAN MENSEL Greet   | 2220p | 06 10 02 |
| 3. VERBRUGGEN Rosanne | 1169p | 26 07 98 |

**7-kamp**

|                        |       |          |
|------------------------|-------|----------|
| 1. DAEMS Silke         | 4484p | 11 05 25 |
| 2. DE SCHRYVER Evelyne | 3496p | 27 09 20 |
| 3. VAN MENSEL Greet    | 3031p | 26 07 98 |

**600 meter**

|                               |                |                 |            |
|-------------------------------|----------------|-----------------|------------|
| 1. NAGELS Rani                | 1.31.16        | 05 07 12        | SCH        |
| 2. WOUTERS Ine                | 1.41,81        | 05 07 15        |            |
| 3. BICKER Janne               | 1.42.68        | 03 08 19        |            |
| 4. LUYCKX Tilly               | 1.45.75        | 03 07 14        | MAS        |
| 5. BAETENS Sara               | 1.47.56        | 03 08 19        | JUN        |
| 6. Vandenlindenloof Charlotte | 1.49.04        | 28 07 18        | JUN        |
| 7. BELLENS Laurien            | 1.49.19        | 03 07 14        |            |
| 8. <b>DE GREEF Nina</b>       | <b>1.49.41</b> | <b>27 06 25</b> | <b>SCH</b> |
| 9. VAN DE BUYS Jitske         | 1.49.50        | 14 07 24        | CAD        |

**uurloop**

|                     |        |          |     |
|---------------------|--------|----------|-----|
| 1. DE BRUYN Simonne | 14.510 | 16 09 05 | MAS |
| 2. DE BACKER Lieve  | 13.977 | 22 09 00 | MAS |

**200m horden (0,762m)**

|                         |       |          |     |
|-------------------------|-------|----------|-----|
| 1. DILS Camille         | 31.63 | 07 06 09 | SCH |
| 2. DE PRIJCK Karen      | 32,86 | 10 08 14 |     |
| 3. DILS Renee           | 34.15 | 14 10 07 | SCH |
| 4. DE SCHRYVER Evelyne  | 35,39 | 07 08 16 |     |
| 5. DE CEULAER Stephanie | 35,72 | 10 08 14 |     |
| 6. CAMMAERTS AN         | 36.15 | 28 05 12 | MAS |
| 7. BONGERS Yara         | 38,75 | 25 07 14 | CAD |

**gewichtwerpen**

|                     |      |          |
|---------------------|------|----------|
| 1. VERDUYN Isabelle | 8,20 | 15 10 16 |
|---------------------|------|----------|

**hamer (4kg)**

|                     |       |          |     |
|---------------------|-------|----------|-----|
| 1. VERDUYN Isabelle | 29,40 | 25 07 12 | JUN |
| 2. TEUGHEL Eline    | 15,69 | 19 09 10 | SCH |

#### 4 x 100 meter

|                                                                              |              |                 |     |
|------------------------------------------------------------------------------|--------------|-----------------|-----|
| 1. Liv ENGELS, Helena WINTERS, Nina DE GREEF, Zoë WILLEMYNS                  | 48.71        | 12 05 24        |     |
| 2. <b>Zoë WILLEMYNS, Helena WINTERS, Anaïs LANDTMETERS, Liv ENGELS</b>       | <b>48.72</b> | <b>18 05 25</b> |     |
| 3. <b>Jitske VAN DEN BUYS, Helena WINTERS, Anaïs LANDTMETERS, Liv ENGELS</b> | <b>49.97</b> | <b>04 05 25</b> | SCH |
| 4. Ellen SUY, Kristin CEULEMANS, Karen DE VOEGHT, Ilse ROELS                 | 50.21        | 17 09 89        | CAD |
| 5. Rosanne VERBRUGGEN, Helena WINTERS, Riet VAN AERSCHOT, Zoë WILLEMYNS      | 50.32        | 07 05 23        |     |
| 6. <b>Jitske VANDEN BUYS, Helena WINTERS, Nina DE GREEF, Liv ENGELS</b>      | <b>50.50</b> | <b>14 09 25</b> | SCH |
| 7. Ellen SUY, Kristin CEULEMANS, Ilse ROELS, Maud DE PRINS                   | 50.60        | 16 05 93        |     |
| 8. Charlotte COENEGRACHT, Julie SAGON, Camille DILS, Rani NAGELS             | 50.62        | 14 05 11        |     |
| 9. Charlotte COENEGRACHT, Yasmine GHARAFI, Camille DILS, Rani NAGELS         | 50.92        | 12 05 12        |     |
| 10. Ellen SUY, Maud DE PRINS, Karen DE VOEGHT, Ilse ROELS                    | 50.99        | 23 09 90        | SCH |

#### 4 x 200 meter

|                                                                            |                |                 |     |
|----------------------------------------------------------------------------|----------------|-----------------|-----|
| 1. <b>Helena WINTERS, Silke DAEMS, Nina DE GREEF, Zoë WILLEMYNS</b>        | <b>1.41.66</b> | <b>14 09 25</b> |     |
| 2. <b>Helena WINTERS, Silke DAEMS, Liv ENGELS, Zoë WILLEMYNS</b>           | <b>1.42.96</b> | <b>24 08 25</b> |     |
| 3. Helena WINTERS, Silke DAEMS, Riet VAN AERSCHOT, Zoë WILLEMYNS           | 1.46.10        | 26 08 23        |     |
| 4. Silke DAEMS, Lauren MATTHYSEN, Helena WINTERS, Zoë WILLEMYNS            | 1.46.97        | 27 08 22        |     |
| 5. Helena WINTERS, Liv ENGELS, Faith WIWA, Zoë WILLEMYNS                   | 1.49.07        | 24 08 24        |     |
| 6. Silke DAEMS, Rosanne VERBRUGGEN, Louise V LOOVEREN, Evelyne DE SCHRYVER | 1.52.13        | 02 09 18        |     |
| 7. Rosanne VERBRUGGEN, Louise WUYTS, Maya KOZICKA, Anaïs LANDTMETERS       | 1.56.09        | 24 08 24        |     |
| 8. Karen DE PRIJCK, Emma MARCKX, Evelyne De SCHRYVER, Stephanie DE CEULAER | 1.56.30        | 28 08 16        |     |
| 9. Karen DE PRIJCK, Emma MARCKX, Evelyne De SCHRYVER, Rosanne VERBRUGGEN   | 1.57.27        | 27 08 17        |     |
| 10. Jitske VANDENBUYS, Anaïs LANDTMETERS, Liv ENGELS, Nina DE GREEF        | 1.58.45        | 26 08 23        | CAD |

#### 4 x 400 meter

|                                                                             |                |                 |  |
|-----------------------------------------------------------------------------|----------------|-----------------|--|
| 1. Pauline LANDTMETERS, Nina DE GREEF, Jitske VAN DEN BUYS, Silke DAEMS     | 4.09.64        | 14 09 24        |  |
| 2. Charlotte VANDENLINDENLOOF, Janne BICKER, Roos HORREVORST, Sara BAETENS  | 4.19.82        | 28 08 21        |  |
| 3. <b>Maya KOZICKA, Silke DAEMS, Jitske VAN DEN BUYS, Nina DE GREEF</b>     | <b>4.19.83</b> | <b>24 08 25</b> |  |
| 4. Sara BAETENS, Janne BICKER, Evelyne HUYGHE, Charlotte VANDENLINDENLOOF   | 4.21.13        | 26 08 23        |  |
| 5. Annelore FODDERIE, Kathleen GOOSSENS, Janine MEIJER, Ilse ROELS          | 4.21.0         | 10 05 92        |  |
| 6. Annelore FODDERIE, Katleen V.D. BROECK, Valérie SANUA, Kathleen GOOSSENS | 4.21.82        | 08 05 94        |  |
| 7. Nadine BOERMANS, Kathleen GOOSSENS, Hilde PAUWELS, Ilse ROELS            | 4.23.74        | 05 05 96        |  |
| 8. Janne BICKER, Kaat VANHOVE, Sara BAETENS, Charlotte VANDENLINDENLOOF     | 4.25.31        | 27 08 22        |  |
| 9. Nadine BOERMANS, Kim OFFERGELD, Hilde PAUWELS, Kathleen GOOSSENS         | 4.25.46        | 04 05 97        |  |
| 10. Stephanie DE CEULAER, Tilly LUYCKX, Laurien BELLENS, Ine WOUTERS        | 4.26.58        | 30 08 15        |  |

#### 4 x 800 meter

|                                                                              |          |          |  |
|------------------------------------------------------------------------------|----------|----------|--|
| 1. Elke GODDEN, Ine WOUTERS, Sara VAN DE VEL, Rani NAGELS                    | 9.38.78  | 18 09 11 |  |
| 2. Annelore FODDERIE, Katl. V.D. BROECK, Ann V.D. BROECK, Kathleen GOOSSENS  | 9.46.15  | 18 08 93 |  |
| 3. Annelore FODDERIE, Katl. VAN DEN BROECK, Janine MEIJER, Kathleen GOOSSENS | 9.58.1   | 26 08 92 |  |
| 4. Ine WOUTERS, Laurien BELLENS, Janne BICKER, Margot VANDENLINDENLOOF       | 10.04.37 | 27 08 17 |  |
| 5. Christiane DE POOTER, Hilde PAUWELS, Ann VAN DEN BROECK, Ingrid PEETERS   | 10.06.03 | 30 08 95 |  |
| 6. Laurien BELLENS, Margot VANDENLINDENLOOF, Tilly LUYCKX, Ine Wouters       | 10.08.68 | 28 08 16 |  |
| 7. Tilly LUYCKX, Elke GODDEN, Margot VANDENLINDENLOOF, Margot Chauiac        | 10.08.68 | 18 08 13 |  |
| 8. Tilly LUYCKX, Ine WOUTERS, Margot CHAULIAC, Sara VAN DE VEL               | 10.10.12 | 22 08 10 |  |
| 9. Hilde PAUWELS, Ann VAN DEN BROECK, Lieve DE BACKER, Ingrid PEETERS        | 10.18.04 | 01 10 95 |  |
| 10. Katleen V.D. BROECK, Lieve DE BACKER, Ann V.D. BROECK, Kathleen GOOSSENS | 10.20.84 | 24 08 94 |  |

#### Zweedse aflossing (400-300-200-100)

|                                                                 |         |          |  |
|-----------------------------------------------------------------|---------|----------|--|
| 1. Kaat VANHOVE, Silke DAEMS, Evelyne DE SCHRYVER, Sara BAETENS | 2.34.18 | 07 07 19 |  |
|-----------------------------------------------------------------|---------|----------|--|

#### Mixed Relays 4x400

|                                                                                  |                |                 |  |
|----------------------------------------------------------------------------------|----------------|-----------------|--|
| 1. <b>Flor HENDRIX, Janne BICKER, Jannes BOONEN, Silke DAEMS</b>                 | <b>3.39.98</b> | <b>18 05 25</b> |  |
| 2. Flor HENDRIX, Jitske VANDENBUYS, Jannes BOONEN, Silke DAEMS                   | 3.42.46        | 07 05 23        |  |
| 3. Vincent VAN REETH, Silke DAEMS, Ninte KEGELEERS, Piotr ZAGORSKI               | 3.43.43        | 28 08 21        |  |
| 4. Fedde EYCKMANS, Silke DAEMS, Jitske VANDENBUYS, Ruben HELLEMANS               | 3.52.86        | 26 08 23        |  |
| 4. <b>Fedde EYCKMANS, Robrecht VAN BRACHT, Puline LANDTMETERS, Nina DE GREEF</b> | <b>3.56.00</b> | <b>24 08 25</b> |  |

#### Medley Relay

|                                                                            |         |          |  |
|----------------------------------------------------------------------------|---------|----------|--|
| 1. Roos HORREVORST, Kaat VANHOVE, Charlotte VANDENLINDENLOOF, Sara BAETENS | 2.35.21 | 30 06 23 |  |
|----------------------------------------------------------------------------|---------|----------|--|

## Alle categorieën MANNEN

### 100 meter

|                      |       |          |     |
|----------------------|-------|----------|-----|
| 1. THYS Wim          | 10.54 | 27 06 98 |     |
| 2. BRIERS Kristof    | 10.95 | 28 07 07 |     |
| 3. VAN ROMPAEY Peter | 11.00 | 16 08 98 |     |
| 4. BOONEN Jannes     | 11.01 | 28 05 16 |     |
| 5. AKENZUA Neil      | 11.02 | 04 09 10 | SCH |
| 6. NTI Anthony       | 11.05 | 28 04 12 |     |
| 7. SORTINO Jeremi    | 11.11 | 22 05 11 | SCH |
| 8. CORNELIS Rudy     | 11.13 | 13 09 87 | SCH |
| 9. OPHOFF Benoit     | 11.17 | 07 07 85 |     |
| 10. NWOBODO David    | 11.21 | 24 04 98 |     |

### 200 meter

|                      |       |          |     |
|----------------------|-------|----------|-----|
| 1. THYS Wim          | 21.53 | 30 08 98 |     |
| 2. BRIERS Kristof    | 21.87 | 07 07 07 |     |
| 3. AKENZUA Neil      | 21.90 | 21 07 11 | SCH |
| 4. VAN ROMPAEY Peter | 22.34 | 02 06 96 |     |
| 5. BOONEN Jannes     | 22.40 | 03 07 16 |     |
| 6. MARIËN Jarne      | 22.46 | 12 05 24 |     |
| 7. DE HOON Stefan    | 22.49 | 21 07 95 |     |
| 8. LEUE Louie        | 22.58 | 08 08 20 |     |
| 9. NWOBODO David     | 22.66 | 28 06 97 |     |
| 10. CORNELIS Rudi    | 22.5  | 02 09 87 | SCH |

### 300 meter

|                    |       |          |     |
|--------------------|-------|----------|-----|
| 1. BOONEN Jannes   | 34.48 | 01 05 17 |     |
| 2. AKENZUA Neil    | 34.87 | 18 09 10 | SCH |
| 3. KAHAN Nathan    | 34.93 | 15 08 95 |     |
| 4. BRIERS Kristof  | 35.03 | 10 08 07 |     |
| 5. LEUE Louie      | 35.25 | 05 08 18 | JUN |
| 6. THYS Wim        | 35.38 | 16 08 96 | JUN |
| 7. MARIËN Jarne    | 35.65 | 22 08 08 |     |
| 8. BOUCKAERT Jente | 35.74 | 22 08 08 | JUN |
| 9. SMET Wim        | 35.85 | 30 04 98 |     |
| 10. DE HOON Stefan | 35.95 | 03 06 94 |     |

### 400 meter

|                         |       |          |     |
|-------------------------|-------|----------|-----|
| 1. KAHAN Nathan         | 47.47 | 12 06 93 |     |
| 2. LEUE Louie           | 48.68 | 15 08 20 |     |
| 3. BOONEN Jannes        | 48.81 | 20 08 16 |     |
| 4. V.MINNEBRUGGEN Egwin | 48.83 | 02 06 02 |     |
| 5. BOUCKAERT Joren      | 49.09 | 01 05 12 | JUN |
| 6. BERTELS Brecht       | 49.18 | 15 08 11 | SCH |
| 7. DE WIT Ben           | 49.28 | 01 05 99 | JUN |
| 8. BOUCKAERT Jente      | 49.29 | 05 07 08 |     |
| 9. BRIERS Kristof       | 49.82 | 15 07 07 |     |
| 10. GOEVAERTS Roel      | 49.84 | 26 07 97 | SCH |

### 800 meter

|                       |         |          |     |
|-----------------------|---------|----------|-----|
| 1. KAHAN Nathan       | 1.44.87 | 22 08 97 |     |
| 2. GOEVAERTS Roel     | 1.47.94 | 14 08 97 |     |
| 3. BERTELS Brecht     | 1.48.54 | 07 07 12 | JUN |
| 4. BOUCKAERT Joren    | 1.49.20 | 26 05 12 | JUN |
| 5. LEUNCKENS Ward     | 1.49.69 | 01 06 19 | JUN |
| 6. DE WIT Ben         | 1.50.41 | 14 08 98 | JUN |
| 7. BRILLOUET Philippe | 1.52.78 | 23 07 00 |     |
| 8. HELLEMANS Kurt     | 1.53.24 | 26 07 91 |     |
| 9. OOMS Dirk          | 1.53.82 | 09 08 94 |     |
| 10. VANROY Louis      | 1.54.16 | 01 05 24 |     |

### 1000 meter

|                     |         |          |     |
|---------------------|---------|----------|-----|
| 1. GOEVAERTS Roel   | 2.23.20 | 09 08 97 |     |
| 2. VELDEMAN Guy     | 2.24.9  | 19 06 99 |     |
| 3. LOFGREN Walter   | 2.27.83 | 12 08 95 |     |
| 4. VAN TICHELT Dirk | 2.29.9  | 11 09 92 |     |
| 5. DE WIT Ben       | 2.30.16 | 22 08 97 | JUN |
| 6. LEUNCKENS Ward   | 2.30.23 | 01 09 17 | SCH |
| 7. RUTGEERTS Ken    | 2.30.42 | 20 08 93 |     |
| 8. SABBE Kris       | 2.31.28 | 28 04 00 |     |
| 9. OOMS Dirk        | 2.31.41 | 20 08 93 |     |
| 10. THYS Rob        | 2.31.59 | 22 06 03 |     |

### 1500 meter

|                        |                |                 |     |
|------------------------|----------------|-----------------|-----|
| 1. LEUNCKENS Ward      | 3.48.56        | 24 08 19        | JUN |
| 2. BERTELS Brecht      | 3.49.30        | 28 07 12        | JUN |
| 3. SABBE Kris          | 3.49.43        | 01 06 00        |     |
| 4. VELDEMAN Guy        | 3.49.48        | 02 05 99        |     |
| 5. <b>VANROY Louis</b> | <b>3.50.28</b> | <b>11 05 25</b> |     |
| 6. LOFGREN Walter      | 3.51.05        | 29 07 95        |     |
| 7. GOEVAERTS Roel      | 3.52.62        | 17 05 98        |     |
| 8. BRILLOUET Philippe  | 3.52.94        | 02 07 00        |     |
| 9. VAN TICHELT Dirk    | 3.56.48        | 24 05 92        |     |
| 10. VAN MEEL Patrick   | 3.56.50        | 06 06 97        |     |

### 1 mijl

|                        |         |          |     |
|------------------------|---------|----------|-----|
| 1. HELLEMANS Kurt      | 4.16.71 | 02 08 91 |     |
| 2. VAN MEEL Patrick    | 4.21.93 | 08 08 97 |     |
| 3. DE CLERCQ Jan       | 4.25.97 | 09 09 88 |     |
| 4. FRANS Dave          | 4.27.69 | 07 08 04 | JUN |
| 5. THONON Jeroen       | 4.30.24 | 20 05 05 |     |
| 6. Bjurström Tomas     | 4.32.23 | 20 08 22 | MAS |
| 7. VAN CAMPFORT Albert | 4.32.2  | 01 08 86 |     |
| 8. THYS Rob            | 4.33.34 | 10 08 07 |     |
| 9. ALGOET Francis      | 4.33.80 | 14 07 89 |     |
| 10.                    |         |          |     |

### 2000 meter

|                      |         |          |     |
|----------------------|---------|----------|-----|
| 1. VANROY Louis      | 5.23.78 | 19 08 23 |     |
| 2. LOFGREN Walter    | 5.25.67 | 09 06 96 |     |
| 3. SOETEWY Patrick   | 5.33.9  | 17 06 94 |     |
| 4. HENDRIX Ward      | 5.34.41 | 08 09 21 | JUN |
| 5. HELLEMANS Kurt    | 5.35.12 | 30 07 93 | JUN |
| 6. Bjurström Tomas   | 5.35.84 | 07 09 22 | MAS |
| 7. DE CLERCQ Jan     | 5.44.4  | 30 09 88 |     |
| 8. THYS Rob          | 5.44.54 | 10 09 14 | MAS |
| 9. BICKER Benny      | 5.44.7  | 23 06 95 |     |
| 10. BOCKLANDT Pierre | 5.45.1  | 18 09 85 |     |

### 3000 meter

|                        |                |                 |  |
|------------------------|----------------|-----------------|--|
| 1. VELDEMAN Guy        | 8.16.84        | 28 08 99        |  |
| 2. SABBE Kris          | 8.18.80        | 03 06 00        |  |
| 3. VAN MEEL Patrick    | 8.19.72        | 23 08 97        |  |
| 4. <b>VANROY Louis</b> | <b>8.23.66</b> | <b>07 06 25</b> |  |
| 5. LEUNCKENS Ward      | 8.24.70        | 07 07 19        |  |
| 6. HENDRIX Ward        | 8.27.35        | 11 07 23        |  |
| 7. LOFGREN Walter      | 8.27.38        | 15 06 97        |  |
| 8. BRILLOUET Philippe  | 8.29.38        | 14 05 00        |  |
| 9. VAN CAMPFORT Albert | 8.32.7         | 07 05 87        |  |
| 10. RUTGEERTS Ken      | 8.36.39        | 05 09 93        |  |

**5000 meter**

|                        |                 |                 |     |
|------------------------|-----------------|-----------------|-----|
| 1. SABBE Kris          | 14.10.22        | 05 08 00        |     |
| 2. VAN MEEL Patrick    | 14.38.10        | 05 09 97        |     |
| 3. LOFGREN Walter      | 14.41.14        | 28 06 97        |     |
| 4. <b>HENDRIX Ward</b> | <b>14.42.64</b> | <b>09 08 25</b> |     |
| 5. VELDEMAN Guy        | 14.52.83        | 16 09 99        |     |
| 6. BOCKLANDT Pierre    | 14.57.3         | 04 09 85        |     |
| 7. VANROY Louis        | 15.00.48        | 09 10 21        | JUN |
| 8. Manhansho Yohannes  | 15.00.95        | 07 05 23        |     |
| 9. SOETEWEEY Patrick   | 15.04.80        | 14 05 95        |     |
| 10. BICKER Benny       | 15.20.70        | 28 06 95        |     |

**110m horden (1,067m)**

|                          |              |                 |     |
|--------------------------|--------------|-----------------|-----|
| 1. BOONEN Jannes         | 14.60        | 30 07 23        |     |
| 2. <b>EYCKMANS Fedde</b> | <b>15.65</b> | <b>25 06 25</b> |     |
| 3. PONNET Hans           | 15.97        | 15 05 94        |     |
| 4. <b>CORNELIS Ben</b>   | <b>16.03</b> | <b>11 05 25</b> |     |
| 5. HAVERHALS Jan         | 16.29        | 16 05 99        |     |
| 6. BELIS Steven          | 16.73        | 06 05 95        | SCH |
| 7. SOLY Sven             | 17.53        | 28 05 89        | JUN |
| 8. HOOGEWIJS Johnny      | 17.60        | 24 05 92        | JUN |
| 9. MEEUSSEN Pieter       | 18.06        | 17 05 98        |     |
| 10. LEEMANS Koen         | 18.0         | 08 06 85        |     |

**2000m steeple (0,914m)**

|                      |         |          |     |
|----------------------|---------|----------|-----|
| 1. THYS Rob          | 5.57.47 | 27 08 06 |     |
| 2. VAN TICHELT Dirk  | 6.18.92 | 24 04 93 |     |
| 3. ROMBOUTS Koen     | 6.34.61 | 01 10 05 | SCH |
| 4. VAN PUT Fabio     | 6.47.11 | 09 09 01 | SCH |
| 5. BEULEN Peter      | 7.24.7  | 25 06 91 | SCH |
| 6. LIEKENS Frederick | 7.26.4  | 29 04 88 | SCH |
| 7. BOVRE Johan       | 7.32.18 | 23 05 99 | SCH |
| 8. DE WIT Ben        | 7.33.64 | 16 06 95 | SCH |
| 9. DE HOON Peter     | 8.09.2  | 25 06 91 | SCH |
| 10. VERHOEVEN Peter  | 8.34.98 | 29 07 92 | SCH |

**3000m steeple (0,914m)**

|                     |          |          |     |
|---------------------|----------|----------|-----|
| 1. THYS Rob         | 9.24.60  | 20 06 10 |     |
| 2. RUTGEERTS Ken    | 9.33.94  | 17 06 95 |     |
| 3. SABBE Kris       | 9.37.01  | 13 05 01 |     |
| 4. VAN TICHELT Dirk | 10.05.09 | 25 04 91 |     |
| 5. BOCKLANDT Pierre | 10.14.2  | 03 06 87 |     |
| 6. WUYTS Jonas      | 10.15.57 | 07 08 24 |     |
| 7. VAN PUT Fabio    | 10.25.2  | 11 05 03 | JUN |
| 8. ROBBERECHT Peter | 11.15.51 | 14 05 00 | JUN |
| 9. NIJS Patrick     | 11.38.3  | 29 07 83 |     |

**150 meter**

|                                 |              |                 |     |
|---------------------------------|--------------|-----------------|-----|
| 1. <b>MARIËN Jarne</b>          | <b>16.76</b> | <b>13 09 25</b> |     |
| 2. BOONEN Jannes                | 16.87        | 14 07 24        |     |
| 3. <b>POT Mathis</b>            | <b>17.25</b> | <b>13 09 25</b> |     |
| 4. <b>EYCKMANS Fedde</b>        | <b>17.48</b> | <b>29 06 25</b> |     |
| 5. <b>CORNELIS Ben</b>          | <b>17.85</b> | <b>13 09 25</b> |     |
| 6. <b>VAN REGENMORTELT Nand</b> | <b>17.86</b> | <b>13 09 25</b> |     |
| 7. <b>MAERVOET Wim</b>          | <b>17.93</b> | <b>13 09 25</b> | MAS |
| 8. VERDUYN Lennert              | 18.12        | 09 07 22        |     |
| 9. <b>DAELEMANS Wannes</b>      | <b>18.24</b> | <b>13 09 25</b> | JUN |
| 10. <b>PEETERS Lander</b>       | <b>18.34</b> | <b>13 09 25</b> | JUN |

**10000 meter**

|                        |          |          |     |
|------------------------|----------|----------|-----|
| 1. VELDEMAN Guy        | 31.10.10 | 10 09 99 |     |
| 2. VAN MEEL Patrick    | 31.15.43 | 26 09 97 |     |
| 3. VAN CAMPFORT Albert | 31.28.9  | 17 06 87 |     |
| 4. SOETEWEEY Patrick   | 31.39.67 | 16 09 94 |     |
| 5. PAUWELS Percy       | 31.54.58 | 30 06 95 |     |
| 6. NICQUE Dirk         | 32.03.86 | 26 09 97 |     |
| 7. HELLEMANS Kurt      | 32.17.02 | 09 09 94 |     |
| 8. BOCKLANDT Pierre    | 32.24.6  | 15 08 85 | MAS |
| 9. BLOMMAERTS Luc      | 32.39.8  | 04 10 91 |     |
| 10. TRUYTS Henri       | 33.01.1  | 01 07 87 |     |

**400m horden (0,914m)**

|                        |       |          |     |
|------------------------|-------|----------|-----|
| 1. BOONEN Jannes       | 53.23 | 08 07 18 |     |
| 2. BOUCKAERT Joren     | 56.02 | 15 05 11 | JUN |
| 3. PONNET Hans         | 56.95 | 15 05 94 |     |
| 4. THYS Rob            | 57.49 | 19 05 19 | MAS |
| 5. DRIEGHE Davy        | 57.57 | 11 05 97 | JUN |
| 6. EYCKMANS Fedde      | 58.97 | 28 06 23 |     |
| 7. GOEVAERTS Sige      | 60.01 | 12 05 96 |     |
| 8. VAN EYNDHOVEN Peter | 60.25 | 13 05 12 | JUN |
| 9. VAN OOSTVELDT Oscar | 60.86 | 25 04 22 | JUN |
| 10. LEEMANS Koen       | 60.7  | 30 05 86 |     |

**uurloop**

|                        |        |          |     |
|------------------------|--------|----------|-----|
| 1. VAN MEEL Patrick    | 18.258 | 20 09 01 |     |
| 2. VAN CAMPFORT Albert | 18.062 | 01 07 87 |     |
| 3. BOCKLANDT Pierre    | 17.559 | 05 10 85 |     |
| 4. DE PAUW Staf        | 17.241 | 01 08 90 | MAS |
| 5. SLAETS Kris         | 17.150 | 25 09 98 | MAS |
| 6. VAN KERCKHOVEN Jan  | 16.506 | 27 09 02 | MAS |
| 7. APIECIONEK Vicenty  | 16.387 | 12 07 96 | MAS |
| 8. MISTIAEN Albert     | 15.684 | 11 07 97 |     |
| 9. DE LOOSE Lucien     | 15.049 | 01 07 87 | MAS |
| 10. ALPAERTS Ludo      | 14.697 | 11.07.97 | MAS |

**2 miil**

|                 |          |          |     |
|-----------------|----------|----------|-----|
| 1. VELDEMAN Guy | 9.06.29  | 01 09 99 |     |
| 2. ROMBOUTS Tim | 10.15.88 | 03 10 04 | JUN |
| 3. BICKER Benny | 10.23.5  | 29 09 07 | MAS |

**600 meter**

|                     |         |          |     |
|---------------------|---------|----------|-----|
| 1. HENDRIX Flor     | 1.22.94 | 08 07 23 | JUN |
| 2. LEUE Louie       | 1.25.32 | 06 10 19 | JUN |
| 3. EYCKMANS Fedde   | 1.26.54 | 28 06 24 |     |
| 4. LOFGREN Bjarne   | 1.27.34 | 28 07 18 |     |
| 5. THIELMAN Marnix  | 1.29.31 | 03 06 18 | SCH |
| 6. BJURSTRÖM Tomas  | 1.29.3  | 28 06 24 | MAS |
| 7. BANZADIO Jacky   | 1.29.82 | 28 07 18 | MAS |
| 8. VROLIX Daan      | 1.29.8  | 28 06 24 |     |
| 9. RONDAS Tom       | 1.31.60 | 03 07 16 | MAS |
| 10. VERDUYN Lennert | 1.32.55 | 22 06 19 | SCH |

**hinkstap**

|                          |              |                 |     |
|--------------------------|--------------|-----------------|-----|
| 1. BOONEN Jannes         | 14,49        | 11 09 16        |     |
| 2. <b>EYCKMANS Fedde</b> | <b>13,96</b> | <b>20 07 25</b> |     |
| 3. DE HOON Stefan        | 13,86        | 01 09 92        | JUN |
| 4. AKENZUA Neil          | 13,53        | 20 08 10        | SCH |
| 5. BRACKE Roel           | 13,52        | 11 05 03        |     |
| 6. LOOTS Pascal          | 13,21        | 24 09 83        | JUN |
| 7. DOUCOURE Abdallah     | 13,00        | 26 08 90        | SCH |
| 8. GRAUS Igor            | 12,94        | 03 06 88        |     |
| 9. VALGAEREN Werther     | 12,84        | 15 08 07        | SCH |
| 10. BEULEN Peter         | 12,72        | 15 08 91        | SCH |

|                                                       |                                                            |                      |                 |                 |                                        |  |  |  |  |
|-------------------------------------------------------|------------------------------------------------------------|----------------------|-----------------|-----------------|----------------------------------------|--|--|--|--|
| <b><u>ver</u></b>                                     |                                                            |                      |                 |                 |                                        |  |  |  |  |
| 1.                                                    | BOONEN Jannes                                              | 7,21                 | 28 05 16        |                 |                                        |  |  |  |  |
| 2.                                                    | DE HOON Stefan                                             | 7,03                 | 25 06 94        |                 |                                        |  |  |  |  |
|                                                       | BRACKE Roel                                                | 7,03                 | 29 05 03        |                 |                                        |  |  |  |  |
| 4.                                                    | BRIERS Kristof                                             | 6,86                 | 08 09 02        | SCH             |                                        |  |  |  |  |
| 5.                                                    | BEULEN Peter                                               | 6,62                 | 04 08 95        |                 |                                        |  |  |  |  |
| 6.                                                    | PALINCKX David                                             | 6,54                 | 06 06 04        | SCH             |                                        |  |  |  |  |
| 7.                                                    | <b>CORNELIS Ben</b>                                        | <b>6,54</b>          | <b>10 05 25</b> |                 |                                        |  |  |  |  |
| 8.                                                    | DRIEGHE Davy                                               | 6,48                 | 17 05 97        | JUN             |                                        |  |  |  |  |
| 9.                                                    | EYCKMANS Fedde                                             | 6,48                 | 20 07 24        |                 |                                        |  |  |  |  |
| 10.                                                   | BERTELS Thomas                                             | 6,44                 | 16 05 10        | JUN             |                                        |  |  |  |  |
| <b><u>hoog</u></b>                                    |                                                            |                      |                 |                 |                                        |  |  |  |  |
| 1.                                                    | DE HOON Stefan                                             | 2,00                 | 26 09 92        | JUN             |                                        |  |  |  |  |
| 2.                                                    | BEULEN Peter                                               | 1,96                 | 08 06 92        | JUN             |                                        |  |  |  |  |
|                                                       | LEMMENS Koen                                               | 1,96                 | 29 05 99        |                 |                                        |  |  |  |  |
| 4.                                                    | VAN WOUWE Tom                                              | 1,95                 | 16 05 10        | JUN             |                                        |  |  |  |  |
|                                                       | BOONEN Jannes                                              | 1,95                 | 26 04 14        | SCH             |                                        |  |  |  |  |
|                                                       | VERDUYN Lennert                                            | 1,95                 | 01 08 21        | JUN             |                                        |  |  |  |  |
| 7.                                                    | VRIENS Arne                                                | 1,90                 | 13 09 20        |                 |                                        |  |  |  |  |
| 8.                                                    | LOOTS Pascal                                               | 1,85                 | 01 05 83        | JUN             |                                        |  |  |  |  |
|                                                       | VERDONCK Jan                                               | 1,85                 | 15 05 94        |                 |                                        |  |  |  |  |
|                                                       | SELS Louis                                                 | 1,85                 | 15 05 11        | JUN             |                                        |  |  |  |  |
| <b><u>kogel (7,260kg)</u></b>                         |                                                            |                      |                 |                 |                                        |  |  |  |  |
| 1.                                                    | BOONEN Jannes                                              | 14,08                | 22 07 23        |                 |                                        |  |  |  |  |
| 2.                                                    | GULDENTOPS Wim                                             | 12,33                | 10 08 07        |                 |                                        |  |  |  |  |
| 3.                                                    | HAAZEN Stefaan                                             | 12,06                | 13 05 07        |                 |                                        |  |  |  |  |
| 4.                                                    | VAN HEE Danny                                              | 11,99                | 19 05 06        | MAS             |                                        |  |  |  |  |
| 5.                                                    | V.D. BOSSCHE Bruno                                         | 11,87                | 09 06 96        | MAS             |                                        |  |  |  |  |
| 6.                                                    | VAN WALLENDIAEL Luc                                        | 11,86                | 21 05 89        |                 |                                        |  |  |  |  |
| 7.                                                    | VAN HOOFF Stijn                                            | 11,21                | 11 05 03        | JUN             |                                        |  |  |  |  |
| 8.                                                    | DE CONINCK Peter                                           | 10,93                | 04 10 91        |                 |                                        |  |  |  |  |
| 9.                                                    | DE HOON Stefan                                             | 10,72                | 29 04 95        |                 |                                        |  |  |  |  |
| 10.                                                   | PONNET Hans                                                | 10,69                | 06 07 96        |                 |                                        |  |  |  |  |
| <b><u>speer (800g)</u></b>                            |                                                            |                      |                 |                 |                                        |  |  |  |  |
| 1.                                                    | BEULEN Peter                                               | 63,40                | 16 06 95        |                 |                                        |  |  |  |  |
| 2.                                                    | MEEUSEN Dries                                              | 60,82                | 24 06 17        |                 |                                        |  |  |  |  |
| 3.                                                    | BOONEN Jannes                                              | 58,78                | 27 08 23        |                 |                                        |  |  |  |  |
| 4.                                                    | BUYL Ronald                                                | 55,89                | 14 08 98        |                 |                                        |  |  |  |  |
| 5.                                                    | VAN MENSEL Marc                                            | 55,47                | 13 06 15        | MAS             |                                        |  |  |  |  |
| 6.                                                    | DE CONINCK Peter                                           | 52,52                | 24 05 92        |                 |                                        |  |  |  |  |
| 7.                                                    | GOEVAERTS Sige                                             | 45,96                | 11 05 97        |                 |                                        |  |  |  |  |
| 8.                                                    | STIENEN Henri                                              | 44,64                | 21 00 02        |                 |                                        |  |  |  |  |
| 9.                                                    | WILLEMSSENS Eric                                           | 43,90                | 08 06 97        | MAS             |                                        |  |  |  |  |
| 10.                                                   | VAN HEE Danny                                              | 43,77                | 11 06 06        | MAS             |                                        |  |  |  |  |
| <b><u>5-kamp (ver, speer, 200, discus, 1500m)</u></b> |                                                            |                      |                 |                 |                                        |  |  |  |  |
| 1.                                                    | THONON Jeroen                                              | 2557p                | 21 09 03        |                 |                                        |  |  |  |  |
| 2.                                                    | STIENEN Henri*                                             | 2552p                | 21 09 03        |                 |                                        |  |  |  |  |
| 3.                                                    | PONNET Hans                                                | 2460p                | 29 09 96        |                 |                                        |  |  |  |  |
| 4.                                                    | VERREPT Nick                                               | 2421p                | 21 09 03        |                 |                                        |  |  |  |  |
| 5.                                                    | FRANS Dave                                                 | 2373p                | 03 10 10        |                 |                                        |  |  |  |  |
| 6.                                                    | THYS Rob                                                   | 2321p                | 03 10 10        |                 |                                        |  |  |  |  |
| 7.                                                    | LEEMANS Koen                                               | 2313p                | 09 04 88        |                 |                                        |  |  |  |  |
| 8.                                                    | VAN HEE Danny                                              | 2172p                | 21 07 05        |                 |                                        |  |  |  |  |
| 9.                                                    | BREUGELMANS Roel                                           | 2169p                | 21 09 03        |                 |                                        |  |  |  |  |
| 10.                                                   | RONDAS Tom                                                 | 2095p                | 21 09 03        |                 |                                        |  |  |  |  |
| <b><u>4 x 100 meter</u></b>                           |                                                            |                      |                 |                 |                                        |  |  |  |  |
| 1.                                                    | Wim SMET, Peter VAN ASSCHE, Wim THYS, Peter VAN ROMPAEY    | 43.04                | 26 08 98        |                 |                                        |  |  |  |  |
| 2.                                                    | Anthony NTI, Jeremi SORTINO, Anton TANGHE, Neil AKENZUA    | 43.42                | 15 05 11        |                 |                                        |  |  |  |  |
| 3.                                                    | Peter VAN ROMPAEY, David NWOBODO, Stefan DE HOON, Wim THYS | 43.47                | 12 05 96        |                 |                                        |  |  |  |  |
|                                                       | Peter VAN ROMPAEY, Nick VERREPT, Patrick DIERCKX, Wim THYS | 43.69                | 13 05 01        |                 |                                        |  |  |  |  |
| 5.                                                    | Anthony NTI, Thomas BERTELS, Anton TANGHE, Neil AKENZUA    | 43.69                | 31 05 09        | SCH             |                                        |  |  |  |  |
|                                                       |                                                            |                      |                 |                 |                                        |  |  |  |  |
|                                                       |                                                            |                      |                 |                 | <b><u>polsstok</u></b>                 |  |  |  |  |
|                                                       | 1.                                                         | <b>CORNELIS Ben</b>  | <b>4,50</b>     | <b>10 05 25</b> |                                        |  |  |  |  |
|                                                       | 2.                                                         | BOONEN Jannes        | 4,31            | 23 07 16        |                                        |  |  |  |  |
|                                                       | 3.                                                         | CRAEN Roel           | 4,06            | 05 08 01        | JUN                                    |  |  |  |  |
|                                                       | 4.                                                         | SELS Ben             | 4,00            | 28 05 10        |                                        |  |  |  |  |
|                                                       | 5.                                                         | VAN CAMPFORT Jesse   | 3,82            | 28 04 13        |                                        |  |  |  |  |
|                                                       | 6.                                                         | VAN RIEL Luc         | 3,80            | 14 05 95        |                                        |  |  |  |  |
|                                                       | 7.                                                         | COENEGRACHT Bob      | 3,75            | 18 08 07        | SCH                                    |  |  |  |  |
|                                                       | 8.                                                         | ZWINNEN Patrick      | 3,70            | 25 06 97        |                                        |  |  |  |  |
|                                                       | 9.                                                         | RAMSDONCK Toon       | 3,70            | 26 09 09        | SCH                                    |  |  |  |  |
|                                                       | 10.                                                        | DESMET Milan         | 3,60            | 01 08 21        | CAD                                    |  |  |  |  |
|                                                       |                                                            |                      |                 |                 | <b><u>discus (2kg)</u></b>             |  |  |  |  |
|                                                       | 1.                                                         | V.D. BOSSCHE Bruno   | 42,18           | 22 06 94        |                                        |  |  |  |  |
|                                                       | 2.                                                         | <b>BOONEN Jannes</b> | <b>42,01</b>    | <b>29 06 25</b> |                                        |  |  |  |  |
|                                                       | 3.                                                         | HAAZEN Stefaan       | 37,93           | 28 08 22        |                                        |  |  |  |  |
|                                                       | 4.                                                         | BEULEN Peter         | 33,24           | 11 07 98        |                                        |  |  |  |  |
|                                                       | 5.                                                         | VAN WALLENDIAEL Luc  | 32,36           | 12 05 91        |                                        |  |  |  |  |
|                                                       | 6.                                                         | DRIES John           | 32,06           | 20 09 91        |                                        |  |  |  |  |
|                                                       | 7.                                                         | VAN HOOFF Stijn      | 31,85           | 12 05 02        |                                        |  |  |  |  |
|                                                       | 8.                                                         | <b>CORNELIS Ben</b>  | <b>31,68</b>    | <b>11 05 25</b> |                                        |  |  |  |  |
|                                                       | 9.                                                         | GULDENTOPS Wim       | 31,64           | 16 10 10        |                                        |  |  |  |  |
|                                                       | 10.                                                        | DE CONINCK Peter     | 31,28           | 20 09 91        |                                        |  |  |  |  |
|                                                       |                                                            |                      |                 |                 | <b><u>hamer (7,260kg)</u></b>          |  |  |  |  |
|                                                       | 1.                                                         | GULDENTOPS Wim       | 43,83           | 17 08 07        |                                        |  |  |  |  |
|                                                       | 2.                                                         | VAN WALLENDIAEL Luc  | 41,34           | 28 05 89        |                                        |  |  |  |  |
|                                                       | 3.                                                         | GRAUS Igor           | 19,96           | 20 09 87        |                                        |  |  |  |  |
|                                                       | 4.                                                         | STIENEN Henri        | 18,08           | 18 09 11        | MAS                                    |  |  |  |  |
|                                                       | 5.                                                         | OPHOFF Benoit        | 16,16           | 18 08 84        |                                        |  |  |  |  |
|                                                       |                                                            | JANSSSENS Bert       | 16,16           | 02 10 94        |                                        |  |  |  |  |
|                                                       |                                                            |                      |                 |                 | <b><u>Gewichtwerpen (15,880kg)</u></b> |  |  |  |  |
|                                                       | 1.                                                         | GULDENTOPS Wim       | 13,18           | 08 10 11        | MAS                                    |  |  |  |  |
|                                                       | 2.                                                         | STIENEN Henri        | 6,42            | 19 10 08        | MAS                                    |  |  |  |  |
|                                                       |                                                            |                      |                 |                 | <b><u>5-kamp (Werp)</u></b>            |  |  |  |  |
|                                                       | 1.                                                         | GULDENTOPS Wim       | 2352p           | 08 10 11        | MAS                                    |  |  |  |  |
|                                                       | 2.                                                         | STIENEN Henri        | 1679p           | 19 10 08        | MAS                                    |  |  |  |  |
|                                                       |                                                            |                      |                 |                 | <b><u>10-kamp</u></b>                  |  |  |  |  |
|                                                       | 1.                                                         | BOONEN Jannes        | 7558p           | 27 08 23        |                                        |  |  |  |  |
|                                                       | 2.                                                         | <b>CORNELIS Ben</b>  | <b>6265p</b>    | <b>11 05 25</b> |                                        |  |  |  |  |
|                                                       | 3.                                                         | VERRIJT Vic          | 3202p           | 20 09 81        |                                        |  |  |  |  |
|                                                       |                                                            |                      |                 |                 | <b><u>200m horden (0,76m)</u></b>      |  |  |  |  |
|                                                       | 1.                                                         | THYS Rob             | 29.53           | 05 08 16        | MAS                                    |  |  |  |  |
|                                                       | 2.                                                         | SCHEERDER Kobe       | 30.06           | 10 08 14        | CAD                                    |  |  |  |  |
|                                                       | 3.                                                         | VAN EYNDHOVEN Peter  | 30.24           | 12 10 08        | CAD                                    |  |  |  |  |
|                                                       | 4.                                                         | PREAUX Maxim         | 30.32           | 10 08 14        | CAD                                    |  |  |  |  |
|                                                       | 5.                                                         | MEEUSEN Dries        | 30.74           | 21 05 10        | CAD                                    |  |  |  |  |
|                                                       | 6.                                                         | BOONEN Jannes        | 31.05           | 21 05 10        | CAD                                    |  |  |  |  |
|                                                       | 7.                                                         | HAVERHALS Jan        | 32.69           | 23 07 13        | MAS                                    |  |  |  |  |

|                                                                           |              |                 |     |
|---------------------------------------------------------------------------|--------------|-----------------|-----|
| 6. Anthony NTI, Jeremi SORTINO, Samir BOUASSAM, Moham. Abdelgani BENYOSEF | 43.6         | 13 05 12        |     |
| 7. Peter VAN ROMPAEY, Patrick DIERCKX, Wim THYS, Stefan DE HOON           | 43.98        | 30 08 95        |     |
| 8. Jeremi SORTINO, Peter VAN EYNDHOVEN, Joren BOUCKAERT, Neil AKENZUA     | 44.01        | 09 05 10        | SCH |
| 9. Peter VAN ROMPAEY, David NWOBODO, Roel VAN MINNEBRUGGEN, Wim THYS      | 44.08        | 28 08 96        |     |
| 10. <b>Fedde EYCKMANS, Jarne MARIËN, Mats DE GREEF, Ben CORNELIS</b>      | <b>44.24</b> | <b>18 05 25</b> |     |

#### 4 x 200 meter

|                                                                         |         |          |     |
|-------------------------------------------------------------------------|---------|----------|-----|
| 1. Wim SMET, Peter VAN ASSCHE, Wim THYS, Peter VAN ROMPAEY              | 1.29.67 | 26 08 98 |     |
| 2. Peter VAN ROMPAEY, Patrick DIERCKX, Wim THYS, Stefan DE HOON         | 1.32.68 | 30 08 95 |     |
| 3. Tom GODDEN, Vincent VAN REETH, Dries MEEUSEN, Jannes BOONEN          | 1.33.28 | 22 09 13 |     |
| 4. Anthony NTI, Thomas BERTELS, Anton TANGHE, Neil AKENZUA              | 1.33.79 | 23 08 09 | SCH |
| 5. Peter DE CONINCK, Bart WALLEBROECK, Patrick DIERCKX, Rudy GODTS      | 1.35.16 | 29 08 90 | SCH |
| 6. Peter VAN ASSCHE, Egwin VAN MINNEBRUGGEN, Steven BELIS, Davy DRIEGHE | 1.35.55 | 28 08 96 |     |
| 7. Rudy GODTS, Patrick DIERCKX, Mark CEUPPENS, Benoît OPHOFF            | 1.35.6  | 06 09 86 |     |
| 8. Tibo JARVIS, Nand VAN REGENMORTEL, Doran PLATTEAU, Jarne MARIËN      | 1.38.49 | 26 08 23 |     |
| 9. Johan VAN ROY, Pascal LOOTS, Serge VAN DE RIJCK, Benoît OPHOFF       | 1.38.9  | 12 04 84 | MAS |
| 10. Dries HORREVORST, Fedde EYCKMANS, Joe JACOBS, Piet BROUWERS         | 1.40.93 | 25 08 19 | SCH |

#### 4 x 400 meter

|                                                                            |         |          |     |
|----------------------------------------------------------------------------|---------|----------|-----|
| 1. Egwin VAN MINNEBRUGGEN, Nick VERREPT, Ben DE WIT, Nathan KAHAN          | 3.21.10 | 12 05 02 |     |
| 2. Nathan KAHAN, Roel GOEVAERTS, Geoffry DE BLESER, Ben DE WIT             | 3.22.00 | 14 05 00 |     |
| 3. Jannes Boonen, Bjarne LOFGREN, Louie LEUE, Ward LEUNCKENS               | 3.22.30 | 13 05 18 |     |
| 4. David NWOBODO, Wouter VAN ASSCHE, Roel GOEVAERTS, Nathan KAHAN          | 3.23.08 | 11 05 97 |     |
| 5. Egwin VAN MINNEBRUGGEN, Wouter VAN ASSCHE, Peter VAN ASSCHE, Ben DE WIT | 3.24.10 | 06 09 98 | JUN |
| 6. David NWOBODO, Ben DE WIT, Egwin VAN MINNEBRUGGEN, Roel GOEVAERTS       | 3.25.08 | 17 05 98 |     |
| 7. Brecht BERTELS, Peter VAN EYNDHOVEN, Koen ROMBOUTS, Joren BOUCKAERT     | 3.25.23 | 16 05 10 |     |
| 8. Neil AKENZUA, Peter VAN EYNDHOVEN, Brecht BERTELS, BOUCKAERT Joren      | 3.25.40 | 14 05 12 |     |
| 9. Davy DRIEGHE, Peter VAN ASSCHE, Egwin VAN MINNEBRUGGEN, Ben DE WIT      | 3.25.55 | 07 09 97 | JUN |
| 10. Bram VAN DEN BROECK, Jente BOUCKAERT, Koen ROMBOUTS, Dave FRANS        | 3.25.64 | 13 05 07 |     |

#### 4 x 800 meter

|                                                                           |         |          |     |
|---------------------------------------------------------------------------|---------|----------|-----|
| 1. Thomas STRUYF, Ben DE WIT, Nathan KAHAN, Roel GOEVAERTS                | 7.37.65 | 22 09 96 |     |
| 2. Patrick VAN MEEL, Ben DE WIT, Nathan KAHAN, Roel GOEVAERTS             | 7.42.46 | 20 09 98 |     |
| 3. Walter LOFGREN, Dirk OOMS, Roel GOEVAERTS, Nathan KAHAN                | 7.43.83 | 30 08 95 |     |
| 4. Kurt HELLEMANS, Dirk VAN TICHEL, Nathan KAHAN, Dirk OOMS               | 7.44.12 | 20 09 92 |     |
| 5. Dirk VAN TICHEL, Nathan KAHAN, Walter LOFGREN, Roel GOEVAERTS          | 7.44.66 | 01 10 95 |     |
| 6. Kris HORREVORST, Dirk VAN TICHEL, Dirk OOMS, Roel GOEVAERTS            | 7.45.22 | 25 09 94 |     |
| 7. Kris HORREVORST, Ken RUTGEERTS, Dirk OOMS, Roel GOEVAERTS              | 7.48.74 | 24 08 94 |     |
| 8. Thomas STRUYF, Patrick VAN MEEL, Ben DE WIT, Nathan KAHAN              | 7.54.46 | 27 08 97 |     |
| 9. Steve MATTHYSENS, Peter VAN EYNDHOVEN, Joren BOUCKAERT, Brecht BERTELS | 7.57.88 | 19 09 10 | SCH |
| 10. Dave FRANS, Rien COERTJES, Koen ROMBOUTS, Rob THYS                    | 8.12.19 | 27 08 03 |     |

#### 4 x 1500 meter

|                                                                            |                 |                 |  |
|----------------------------------------------------------------------------|-----------------|-----------------|--|
| 1. Benny BICKER, Jeroen THONON, David GOEVAERTS, Jorre DE SCHRIJVER        | 16.41.71        | 22 08 01        |  |
| 2. Louis VANROY, Abdufatah MAHADI, Tomas BJURSTROM, Ward HENDRIX           | 16.43.68        | 28 08 21        |  |
| 3. Kris HORREVORST, Albert VAN CAMPFORT, Jan DE CLERCQ, Staf DE PAUW       | 16.58.12        | 28 08 91        |  |
| 4. Rob THYS, Ben DE WIT, Tom RONDAS, Jeroen THONON                         | 17.08.56        | 28 08 02        |  |
| 5. <b>Jonas WUYTS, Constant HUISZON, Ward HENDRIX, Louis VANROY</b>        | <b>17.23.68</b> | <b>24 08 25</b> |  |
| 6. Jonas WUYTS, Kevin KENNIS, Ward HENDRIX, Louis VANROY                   | 17.29.81        | 24 08 24        |  |
| 7. Jonas WUYTS, Kevin KENNIS, Ilya DECLERCQ, Louis VANROY                  | 17.46.51        | 26 08 23        |  |
| 8. Ward HENDRIX, Louis VANROY, Ruben STORMS, Tomas Bjurström               | 18.01.94        | 27 08 22        |  |
| 9. Kris HORREVORST, Albert VAN CAMPFORT, Albert MISTIAEN, Bruno DE WACHTER | 18.07.12        | 26 08 92        |  |
| 10. Rien COERTJES, Joost THEUWISSEN, Thibaut TIMMERMANS, Tim DE WEERDT     | 18.38.05        | 23 08 09        |  |

#### Medley Relay

|                                                           |         |          |  |
|-----------------------------------------------------------|---------|----------|--|
| 1. Ruben STORMS, Jonas WUYTS, Jelle BICKER, Jack GOETHALS | 2.19.34 | 30 06 23 |  |
|-----------------------------------------------------------|---------|----------|--|

## **Snelwandelen piste**

### 5000m

NICQUE Dirk 20.44.3 30 05 97  
Dordrecht NL

### 15000m

NICQUE Dirk 1.04.30 06 04 97  
Tilburg NL

### 25000m

NICQUE Dirk 1.58.32,5 14 06 98  
Rotterdam

### 35000m

NICQUE Dirk 2.48.01,9 14 06 98  
Rotterdam

### 45000m

NICQUE Dirk 3.39.23,9 14 06 98  
Rotterdam

### 1 uur

NICQUE Dirk 13.810 17 03 96  
Rotterdam NL

### 10000m

NICQUE Dirk 41.33.1 26 01 97  
Zaandam NL

### 20000m

NICQUE Dirk 1.25.32,4 06 04 97  
Tilburg NL

### 30000m

NICQUE Dirk 2.22.51,8 14 06 98  
Rotterdam

### 40000m

NICQUE Dirk 3.13.28,6 14 06 98  
Rotterdam

### 50000m

NICQUE Dirk 4.05.54,8 14 06 98  
Rotterdam

### 2 uur

NICQUE Dirk 25.833 27 07 96  
Spijkenisse NL

## **Snelwandelen weg**

### 20km

NICQUE Dirk 1.26.15,5 05 04 98  
AV Attila

### 35km

NICQUE Dirk 2.43.41 23 08 97  
Yverdon ZWI

### 30km

NICQUE Dirk 2.22.34 29 06 96  
Barendrecht NL

### 50km

NICQUE Dirk 3.59.12 25 05 97  
Naumburg DUI

## **Mindervaliden**

### kogel (5kg)

JANSSENS Bert 10,96 21 08 02

### discus (1,5kg)

JANSSENS Bert 29,88 00 09 98

## **Masters VROUWEN**

### **100 meter**

|                             |              |                 |
|-----------------------------|--------------|-----------------|
| 1. DE DECKERS An            | 13.47        | 07 09 86        |
| 2. LOSTRIE Anne             | 13.94        | 25 05 95        |
| 3. CEULEMANS Monique        | 14.11        | 24 08 97        |
| 4. BRUSTEN Patricia         | 14.19        | 31 05 96        |
| 5. <b>BASTIAENS Valerie</b> | <b>14.40</b> | <b>21 06 25</b> |
| 6. CAMMAERTS An             | 14.57        | 14 06 09        |
| 7. BOYDENS Hilde            | 14.58        | 22 09 12        |
| 8. BOERMANS Nadine          | 14.62        | 29 08 02        |
| 9. LUYCKX Tilly             | 14.65        | 23 08 14        |
| 10. VANDENBESSELAER Mon.    | 14.9         | 20 05 94        |

### **300 meter**

|                    |       |          |
|--------------------|-------|----------|
| 1. BOERMANS Nadine | 46.55 | 23 05 03 |
| 2. LUYCKX Tilly    | 47.70 | 31 05 15 |
| 3. BOYDENS Hilde   | 49.92 | 25 08 13 |
| 4. CAMMAERTS An    | 50.24 | 15 05 09 |
| 5. VOS San         | 51.57 | 30 04 10 |

### **800 meter**

|                          |         |          |
|--------------------------|---------|----------|
| 1. LUYCKX Tilly          | 2.24.13 | 20 06 15 |
| 2. BOERMANS Nadine       | 2.33.16 | 14 08 98 |
| 3. DE BACKER Lieve       | 2.33.34 | 05 06 98 |
| 4. DE POOTER Christianne | 2.37.16 | 06 06 04 |
| 5. DE BROUWERE Gerda     | 2.37.82 | 08 05 92 |
| 6. BECKERS Elza          | 2.38.37 | 15 09 89 |
| 7. VOS Sandra            | 2.42.62 | 08 06 08 |
| 8. VERMEEREN Marlies     | 2.42.94 | 28 05 22 |
| 9. DE MEYER Carolyn      | 2.44.28 | 11 06 06 |
| 10. BOYDENS Hilde        | 2.48.33 | 25 07 12 |

### **1500 meter**

|                          |         |          |
|--------------------------|---------|----------|
| 1. VAN REUSEL Marleen    | 5.04.81 | 09 06 02 |
| 2. DE POOTER Christianne | 5.13.80 | 08 06 08 |
| 3. DE BACKER Lieve       | 5.14.82 | 24 07 98 |
| 4. DE BROUWERE Gerda     | 5.17.7  | 22 05 92 |
| 5. BECKERS Elza          | 5.19.1  | 22 09 89 |
| 6. LUYCKX Tilly          | 5.25.19 | 27 05 12 |
| 7. DE BRUYN Simonne      | 5.31.05 | 28 04 00 |
| 8. DE MEYER Carolyn      | 5.34.63 | 10 06 07 |
| 9. VOS San               | 5.36.88 | 03 06 12 |
| 10. JOLY Vanessa         | 5.45.50 | 11 06 17 |

### **2000 meter**

|                          |         |          |
|--------------------------|---------|----------|
| 1. DE POOTER Christianne | 7.21.01 | 29 08 12 |
| 2. BECKERS Elza          | 7.22.3  | 08 09 89 |
| 3. VOS San               | 7.46.30 | 27 07 11 |
| 4. DE BROUWERE Gerda     | 8.06.34 | 21 08 92 |
| 5. BERGER Carine         | 9.11.28 | 05 06 98 |

### **5000 meter**

|                          |          |          |
|--------------------------|----------|----------|
| 1. VAN REUSEL Marleen    | 18.28.32 | 14 06 03 |
| 2. DE POOTER Christianne | 19.39.37 | 12 06 11 |
| 3. DE BRUYN Simonne      | 19.46.67 | 10 09 05 |
| 4. DE BROUWERE Gerda     | 19.58.62 | 01 09 95 |
| 5. DE BACKER Lieve       | 20.07.14 | 02 06 00 |
| 6. BECKERS Elza          | 20.53.3  | 04 10 91 |

### **hinkstap**

|                      |      |          |
|----------------------|------|----------|
| 1. CEULEMANS Monique | 9.42 | 02 06 00 |
|----------------------|------|----------|

### **150 meter**

|                          |              |                 |
|--------------------------|--------------|-----------------|
| 1. <b>FRANSEN Claire</b> | <b>24.53</b> | <b>13 09 25</b> |
|--------------------------|--------------|-----------------|

### **200 meter**

|                      |       |          |
|----------------------|-------|----------|
| 1. ROELS Ilse        | 28.84 | 14 06 09 |
| 2. BOERMANS Nadine   | 28.88 | 13 06 99 |
| 3. LUYCKX Tilly      | 29.44 | 02 07 15 |
| 4. CEULEMANS Monique | 29.70 | 25 07 97 |
| 5. CAMMAERTS An      | 30.09 | 25 09 10 |
| 6. LOSTRIE Anne      | 29.9  | 13 05 95 |
| 7. BOYDENS Hilde     | 30.41 | 22 09 12 |
| 8. BECKERS Elza      | 35.5  | 28 05 94 |
| 9. PEIJ Christine    | 35.79 | 04 06 23 |
| 10. VAN ROMPAEY Lisa | 36.45 | 02 06 19 |

### **400 meter**

|                    |       |          |
|--------------------|-------|----------|
| 1. LUYCKX Tilly    | 63.88 | 15 06 14 |
| 2. BOERMANS Nadine | 64.91 | 18 05 02 |
| 3. DE BACKER Lieve | 69.83 | 15 09 95 |
| 4. VOS San         | 73.41 | 19 05 10 |

### **600 meter**

|                 |         |          |
|-----------------|---------|----------|
| 1. LUYCKX Tilly | 1.47.29 | 20 07 14 |
|-----------------|---------|----------|

### **1000 meter**

|                      |         |          |
|----------------------|---------|----------|
| 1. LUYCKX Tilly      | 3.11.17 | 23 06 15 |
| 2. DE BROUWERE Gerda | 3.24.71 | 31 05 91 |
| 3. BECKERS Elza      | 3.26.63 | 02 06 89 |
| 4. DE BACKER Lieve   | 3.27.15 | 02 06 95 |
| 5. VOS Sandra        | 3.43.13 | 18 05 07 |
| 6. BERGER Carine     | 3.47.95 | 22 06 03 |

### **1 mijl**

|                      |         |          |
|----------------------|---------|----------|
| 1. DE BROUWERE Gerda | 5.46.98 | 02 08 91 |
| 2. DE BACKER Lieve   | 5.47.95 | 04 06 99 |
| 3. BECKERS Elza      | 5.52.7  | 02 08 89 |
| 4. BERGER Carine     | 6.43.05 | 25 06 99 |

### **2 mijl**

|                          |          |          |
|--------------------------|----------|----------|
| 1. DE POOTER Christianne | 12.29.52 | 22 08 08 |
|--------------------------|----------|----------|

### **3000 meter**

|                          |          |          |
|--------------------------|----------|----------|
| 1. VAN REUSEL Marleen    | 10.53.51 | 28 04 02 |
| 2. DE BROUWERE Gerda     | 11.16.2  | 10 06 95 |
| 3. DE POOTER Christianne | 11.21.28 | 20 04 01 |
| 4. DE BRUYN Simonne      | 11.25.13 | 09 06 02 |
| 5. VERMEEREN Marlies     | 11.25.48 | 08 05 22 |
| 6. BECKERS Elza          | 11.31.15 | 03 09 89 |
| 7. DE BACKER Lieve       | 11.33.3  | 28 05 00 |
| 8. DE MEYER Carolyn      | 12.05.13 | 03 06 12 |
| 9. BASTIJNS Nele         | 12.45.69 | 11 06 17 |
| 10. CATTEEUW Kelly       | 13.21.19 | 02 06 19 |

### **10000 meter**

|                       |          |          |
|-----------------------|----------|----------|
| 1. VAN REUSEL Marleen | 38.53.08 | 03 07 02 |
| 2. DE BRUYN Simonne   | 41.03.12 | 16 09 05 |
| 3. DE BROUWERE Gerda  | 43.08.77 | 10 09 94 |
| 4. DE BACKER Lieve    | 43.10.24 | 22 09 00 |
| 5. DE MEYER Carolyn   | 46.15.73 | 12 09 09 |

### **uurloop**

|                     |        |          |
|---------------------|--------|----------|
| 1. DE BRUYN Simonne | 14.510 | 16 09 05 |
| 2. DE BACKER Lieve  | 13.977 | 22 09 00 |

|                                                                          |              |                 |                                                                          |              |                 |
|--------------------------------------------------------------------------|--------------|-----------------|--------------------------------------------------------------------------|--------------|-----------------|
| <b><u>ver</u></b>                                                        |              |                 | <b><u>100m horden</u></b>                                                |              |                 |
| 1. LOSTRIE Anne                                                          | 4,77         | 16 05 96        | 1. CAMMAERTS An                                                          | 20.26        | 23 04 16        |
| 2. CEULEMANS Monique                                                     | 4,75         | 25 05 01        | 2. LOSTRIE Anne                                                          | 20.79        | 08 05 94        |
| 3. <b>BASTIAENS Valerie</b>                                              | <b>4,52</b>  | <b>21 09 25</b> | <b><u>80m horden (0,762)</u></b>                                         |              |                 |
| 4. DE DECKERS Anne                                                       | 4,44         | 22 09 86        | 1. <b>BASTIAENS Valerie</b>                                              | <b>15.10</b> | <b>27 09 25</b> |
| 5. CAMMAERTS An                                                          | 3,97         | 15 06 14        | 2. CAMMAERTS An                                                          | 15.39        | 27 05 18        |
| 6. LEEMANS Elke                                                          | 3,95         | 08 06 08        | <b><u>200m horden (0,762)</u></b>                                        |              |                 |
| 7. BRUSTEN Patricia                                                      | 3,93         | 24 05 96        | 1. CAMMAERTS An                                                          | 36.15        | 28 05 12        |
| 8. <b>FRANSEN Claire</b>                                                 | <b>3,76</b>  | <b>21 09 25</b> | <b><u>400m horden (0,762)</u></b>                                        |              |                 |
| 9. DE BACKER Lieve                                                       | 3,72         | 09 06 02        | 1. CAMMAERTS An                                                          | 80.87        | 22 09 12        |
| 10. SEVENS Gudrun                                                        | 3,65         | 01 09 96        | <b><u>polsstok</u></b>                                                   |              |                 |
| <b><u>hoog</u></b>                                                       |              |                 | 1. CAMMAERTS An                                                          | 2,11         | 27 09 08        |
| 1. <b>BASTIAENS Valerie</b>                                              | <b>1,52</b>  | <b>10 05 25</b> | <b><u>Hinkstap</u></b>                                                   |              |                 |
| 2. CEULEMANS Monique                                                     | 1,47         | 25 06 96        | 1. <b>BASTIAENS Valerie</b>                                              | <b>9,12</b>  | <b>27 09 25</b> |
| 3. LOSTRIE Anne                                                          | 1,45         | 19 06 94        | <b><u>kogel (3kg)</u></b>                                                |              |                 |
| 4. DE DECKERS Anne                                                       | 1,30         | 01 08 86        | 1. CAMMAERTS An                                                          | 7,98         | 07 10 18        |
| 5. CAMMAERTS An                                                          | 1,28         | 09 06 13        | <b><u>discus (1kg)</u></b>                                               |              |                 |
| 6. FRANCKX Lieve                                                         | 1,25         | 12 05 99        | 1. LOSTRIE Anne                                                          | 33,29        | 07 06 98        |
| <b><u>kogel (4kg)</u></b>                                                |              |                 | 2. BLOCK Martine                                                         | 31,04        | 04 07 99        |
| 1. LOSTRIE Anne                                                          | 10,26        | 19 04 96        | 3. DE KEYSER Annick                                                      | 25,65        | 18 06 00        |
| 2. BLOCK Martine                                                         | 10,16        | 03 06 94        | 4. DE POOTER Christianne                                                 | 22,40        | 27 04 01        |
| 3. DE DECKERS Anne                                                       | 8,80         | 15 08 86        | 5. CEULEMANS Monique                                                     | 22,36        | 21 04 00        |
| 4. DE POOTER Christiane                                                  | 8,11         | 08 05 05        | 6. CAMMAERTS An                                                          | 21,53        | 12 06 16        |
| 5. CEULEMANS Monique                                                     | 7,76         | 27 09 96        | 7. VANDENBESSELAER Mon.                                                  | 19,30        | 25 06 96        |
| 6. DE KEYSER Annick                                                      | 7,71         | 23 04 04        | 8. DE DECKERS Anne                                                       | 17,82        | 12 07 86        |
| 7. DE NEF Sabine                                                         | 7,65         | 18 06 00        | 9. DU BOIS DE NEVELE Brig.                                               | 15,46        | 17 08 01        |
| 8. <b>BASTIAENS Valerie</b>                                              | <b>7,38</b>  | <b>27 09 25</b> | 10. VAN GEEL Katleen                                                     | 15,19        | 31 05 02        |
| 9. CAMMAERTS An                                                          | 7,08         | 12 05 18        | <b><u>3-kamp</u></b>                                                     |              |                 |
| 10. VANDENBESSELAER Mon.                                                 | 7,06         | 20 05 94        | 1. CAMMAERTS An                                                          | 1621p        | 05 07 15        |
| <b><u>speer (600g)</u></b>                                               |              |                 | <b><u>speer (500g)</u></b>                                               |              |                 |
| 1. DE POOTER Christianne                                                 | 19,46        | 10 05 08        | 1. <b>CAMMAERTS An</b>                                                   | <b>12,80</b> | <b>06 08 25</b> |
| 2. DONNE Kristin                                                         | 15,79        | 09 06 13        | <b><u>5-kamp</u></b>                                                     |              |                 |
| 3. LEEMANS Elke                                                          | 15,73        | 28 05 06        | 1. <b>BASTIAENS Valerie</b>                                              | <b>2747p</b> | <b>10 05 25</b> |
| 4. DU BOIS DE NEVELE Bri.                                                | 14,60        | 27 04 01        | 2. CAMMAERTS An                                                          | 2240p        | 27 05 18        |
| 5. <b>CAMMAERTS An</b>                                                   | <b>12,95</b> | <b>15 06 25</b> | <b><u>4 x 100 meter</u></b>                                              |              |                 |
| 6. TIMMERMANS Annick                                                     | 11,69        | 05 06 16        | 1. Anne LOSTRIE, Monique CEULEMANS, Lieve DE BACKER, Nadine BOERMANS     | 55.93        | 14 06 98        |
| 7. BERGER Carine                                                         | 10,77        | 10 06 07        | 2. Anne LOSTRIE, Monique CEULEMANS, Lieve DE BACKER, Patricia BRUSTEN    | 57.30        | 10 06 95        |
| 8. BOERMANS Nadine                                                       | 10,56        | 09 05 04        | 3. Ilse ROELS, San VOS, Tilly LUYCKX, An CAMMAERTS                       | 58.58        | 05 06 11        |
| <b><u>4 x 200 meter</u></b>                                              |              |                 | 4. An CAMMAERTS, San VOS, Nadine BOERMANS, Ilse ROELS                    | 58.66        | 06 06 10        |
| 1. Anne LOSTRIE, Monique CEULEMANS, Lieve DE BACKER, Nadine BOERMANS     | 2.00.27      | 26 08 98        | 5. Anne LOSTRIE, Martine BLOCK, Monique VANDENBESSELAER, Lieve DE BACKER | 58.8         | 28 05 94        |
| 2. Nadine BOERMANS, Lieve DE BACKER, Carine BERGER, Monique CEULEMANS    | 2.08.27      | 25 08 99        | 6. Hilde Boydens, An CAMMAERTS, Carolyn DE MEYER, Tilly LUYCKX           | 59.23        | 07 06 15        |
| <b><u>4 x 800 meter</u></b>                                              |              |                 | 7. Nadine BOERMANS, Carine BERGER, Lieve DE BACKER, Monique CEULEMANS    | 59.91        | 13 06 99        |
| 1. Lieve DE BACKER, Nadine BOERMANS, Marleen VAN REUSEL, Chris DE POOTER | 10.45.99     | 22 08 01        | 8. Hilde Boydens, An CAMMAERTS, Nathalie Rammeloo, Tilly LUYCKX          | 60.60        | 05 06 16        |
| 2. Christianne DE POOTER, Hilde BOYDENS, Carolyn DE MEYER, Tilly LUYCKX  | 11.00.78     | 19 08 12        | 9. Anne LOSTRIE, Monique CEULEMANS                                       | 60.67        | 01 09 96        |
| 3. Christianne DE POOTER, Carolyn DE MEYER, Tilly LUYCKX, San VOS        | 11.07.52     | 18 09 11        | 10. Hilde BOYDENS, An CAMMAERTS, Vanessa JOLY, Tilly LUYCKX              | 61.84        | 11 06 17        |

## **Masters MANNEN**

### **100 meter**

|                        |              |                 |
|------------------------|--------------|-----------------|
| 1. <b>MAERVOET Wim</b> | <b>11.65</b> | <b>21 09 25</b> |
| 2. SUY René            | 12.30        | 20 06 93        |
| 3. THYS Rob            | 12.33        | 02 06 19        |
| 4. DE WIT Bert         | 12.36        | 08 06 97        |
| 5. VAN ALSTEIN Marc    | 12.38        | 04 06 89        |
| 6. COP Jerome          | 12.41        | 29 05 94        |
| 7. MICHIELS René       | 12.2         | 22 05 92        |
| 8. BANZADIO Jacky      | 12.45        | 05 08 18        |
| 9. VAN REETH Wim       | 12.54        | 21 07 11        |
| 10. WILLEMSSENS Eric   | 12.55        | 19 06 94        |

### **200 meter**

|                           |              |                 |
|---------------------------|--------------|-----------------|
| 1. <b>MAERVOET Wim</b>    | <b>24.20</b> | <b>21 09 25</b> |
| 2. THYS Rob               | 24.86        | 24 06 18        |
| 4. BANZADIO Jacky         | 25.08        | 22 04 17        |
| DE WIT Bert               | 25.08        | 24 05 99        |
| 5. VAN REETH Wim          | 25.32        | 26 06 11        |
| 6. VAN ALSTEIN Marc       | 25.1         | 28 08 88        |
| 7. STIENEN Henri          | 25.78        | 30 08 08        |
| 8. <b>BJURSTRÖM Tomas</b> | <b>25.81</b> | <b>06 08 25</b> |
| 9. COP Jerome             | 25.88        | 30 07 93        |
| 10. KAHAN Jozef           | 26.06        | 21 07 91        |

### **300 meter**

|                    |       |          |
|--------------------|-------|----------|
| 1. THYS Rob        | 38.98 | 30 06 19 |
| 2. BANZADIO Jacky  | 39.12 | 01 05 18 |
| 3. MICHIELS René   | 38.9  | 15 05 92 |
| 4. KAHAN Jozef     | 40.62 | 31 05 91 |
| RONDAS Tom         | 40.62 | 02 08 15 |
| 6. VAN REETH Wim   | 40.88 | 19 06 10 |
| 7. FRANCK Ivo      | 41.13 | 09 06 12 |
| 8. COP Jerome      | 41.5  | 14 04 95 |
| 9. MEEUSEN Danny   | 42.01 | 19 05 06 |
| 10. DRIEGHE Ernest | 41.9  | 30 09 94 |

### **400 meter**

|                           |              |                 |
|---------------------------|--------------|-----------------|
| 1. THYS Rob               | 53.11        | 02 06 19        |
| 2. MICHIELS René          | 53.84        | 24 05 92        |
| 3. BANZADIO Jacky         | 54.06        | 11 06 17        |
| 4. COP Jerome             | 55.38        | 15 05 94        |
| 5. KAHAN Jozef            | 55.45        | 01 09 91        |
| 6. VAN REETH Wim          | 56.36        | 05 06 11        |
| 7. RONDAS Tom             | 56.52        | 11 07 15        |
| 8. <b>BJURSTRÖM Tomas</b> | <b>56.74</b> | <b>16 08 25</b> |
| 9. GOVAERTS Johan         | 56.92        | 21 07 96        |
| 10. DE PAUW Staf          | 57.10        | 15 05 89        |

### **800 meter**

|                           |                |                 |
|---------------------------|----------------|-----------------|
| 1. THYS Rob               | 2.01.50        | 01 05 15        |
| 2. DE PAUW Staf           | 2.03.2         | 16 06 89        |
| 3. GOVAERTS Johan         | 2.04.67        | 26 06 96        |
| 4. <b>BJURSTRÖM Tomas</b> | <b>2.04.71</b> | <b>27 04 25</b> |
| 5. VAN CAMPFORT Albert    | 2.05.91        | 26 07 92        |
| 6. MICHIELS René          | 2.06.8         | 04 07 92        |
| 7. ENKELS Paul            | 2.07.04        | 16 06 02        |
| 8. RONDAS Tom             | 2.08.53        | 27 09 15        |
| 9. SLAETS Kris            | 2.08.73        | 24 06 98        |
| 10. MISTIAEN Albert       | 2.09.25        | 23 04 99        |

### **1000 meter**

|                        |         |          |
|------------------------|---------|----------|
| 1. THYS Rob            | 2.38.90 | 06 08 14 |
| 2. DE PAUW Staf        | 2.41.4  | 24 08 88 |
| 3. VAN CAMPFORT Albert | 2.45.65 | 01 08 90 |
| 4. RONDAS Tom          | 2.47.00 | 06 09 15 |
| 5. ENKELS Paul         | 2.47.83 | 01 05 02 |
| 6. GELDOLF Fred        | 2.50.15 | 13 08 93 |
| 7. STIENEN Henri       | 2.50.54 | 10 04 06 |
| 8. BANZADIO Jacky      | 2.53.06 | 26 07 16 |
| 9. MICHIELS René       | 2.53.13 | 26 06 92 |
| 10. JORDENS Raymond    | 2.54.64 | 24 06 88 |

### **1500 meter**

|                        |         |          |
|------------------------|---------|----------|
| 1. Bjurström Tomas     | 4.07.34 | 30 07 22 |
| 2. THYS Rob            | 4.10.16 | 20 08 14 |
| 3. VAN CAMPFORT Albert | 4.12.8  | 07 08 92 |
| 4. DE PAUW Staf        | 4.14.65 | 22 08 89 |
| 5. GOVAERTS Johan      | 4.19.00 | 19 07 96 |
| 6. SLAETS Kris         | 4.19.03 | 26 07 98 |
| 7. MISTIAEN Albert     | 4.19.34 | 13 06 99 |
| 8. ENKELS Paul         | 4.25.98 | 15 09 02 |
| 9. DE SCHRIJVER Jorre  | 4.25.99 | 02 06 19 |
| 10. GELDOLF Fred       | 4.31.77 | 23 04 93 |

### **1 mijl**

|                        |         |          |
|------------------------|---------|----------|
| 1. Bjurström Tomas     | 4.32.23 | 20 08 22 |
| 2. THYS Rob            | 4.34.80 | 02 08 14 |
| 3. DE PAUW Staf        | 4.40.2  | 14 09 88 |
| 4. SLAETS Kris         | 4.41.52 | 29 07 98 |
| 5. VAN CAMPFORT Albert | 4.58.43 | 10 07 92 |
| 6. VAN ROSSUM Luc      | 5.00.59 | 14 07 89 |
| 7. BICKER Benny        | 5.07.02 | 10 08 07 |
| 8. VAN DEN BROECK Leo  | 5.08.6  | 07 07 89 |
| 9. DE CLERCQ Norbert   | 5.09.4  | 14 07 89 |
| 10. MARCKX René        | 5.13.8  | 20 09 91 |

### **2000 meter**

|                        |         |          |
|------------------------|---------|----------|
| 1. Bjurström Tomas     | 5.35.84 | 07 09 22 |
| 2. THYS Rob            | 5.44.54 | 10 09 14 |
| 3. DE PAUW Staf        | 5.54.9  | 18 08 89 |
| 4. VAN CAMPFORT Albert | 5.55.2  | 30 08 91 |
| 5. SLAETS Kris         | 6.01.43 | 05 06 98 |
| 6. GOVAERTS Johan      | 6.06.0  | 23 06 95 |
| 7. GELDOLF Fred        | 6.16.21 | 30 07 93 |
| 8. STIENEN Henri       | 6.27.3  | 03 05 06 |
| 9. APIECIONEK Vicenty  | 6.33.7  | 29 07 94 |
| 10. DE CLERCQ Norbert  | 6.37.2  | 04 07 92 |

### **3000 meter**

|                        |         |          |
|------------------------|---------|----------|
| 1. VAN CAMPFORT Albert | 8.47.4  | 11 09 92 |
| 2. DE PAUW Staf        | 9.05.3  | 13 09 89 |
| 3. SLAETS Kris         | 9.07.44 | 13 06 99 |
| 4. TRUYTS Henri        | 9.19.2  | 17 05 89 |
| 5. GOVAERTS Johan      | 9.28.98 | 20 08 94 |
| 6. LOFGREN Walter      | 9.31.87 | 14 05 06 |
| 7. THYS Rob            | 9.39.12 | 11 05 14 |
| 8. ENGELS Karel        | 9.42.0  | 18 08 89 |
| 9. CASIER Gino         | 9.46.28 | 08 06 08 |
| 10. MATTHYNS Luc       | 9.47.29 | 25 04 03 |

**5000 meter**

|                        |          |          |
|------------------------|----------|----------|
| 1. VAN CAMPFORT Albert | 15.46.6  | 30 06 91 |
| 2. DE PAUW Staf        | 15.53.3  | 20 09 89 |
| 3. SLAETS Kris         | 15.54.50 | 24 05 98 |
| 4. APIECIONEK Vicenty  | 16.34.74 | 07 06 92 |
| 5. GOVAERTS Johan      | 16.35.57 | 01 09 95 |
| 6. LOFGREN Walter      | 16.37.59 | 10 06 07 |
| 7. ENGELS Karel        | 16.49.4  | 17 06 90 |
| 8. BICKER Benny        | 16.55.46 | 22 09 07 |
| 9. CASIER Gino         | 16.57.11 | 09 06 13 |
| 10. GELDOLF Fred       | 17.00.3  | 29 09 95 |

**110m horden (1,067m)**

|                  |       |          |
|------------------|-------|----------|
| 1. HAVERHALS Jan | 18.76 | 15 05 05 |
|------------------|-------|----------|

**110m horden (0,99m)**

|             |       |          |
|-------------|-------|----------|
| 1. THYS Rob | 16.57 | 16 06 19 |
|-------------|-------|----------|

**100m horden (0,91m)**

|                  |       |          |
|------------------|-------|----------|
| 1. HAVERHALS Jan | 15.99 | 13 06 15 |
| 2. EYCKMANS Gert | 17.42 | 07 06 24 |

**100m horden (0,84m)**

|                  |       |          |
|------------------|-------|----------|
| 1. HAVERHALS Jan | 18.37 | 12 08 23 |
|------------------|-------|----------|

**uurloop**

|                       |        |          |
|-----------------------|--------|----------|
| 1. DE PAUW Staf       | 17.241 | 01 08 90 |
| 2. SLAETS Kris        | 17.150 | 25 09 98 |
| 3. VAN KERCKHOVEN Jan | 16.506 | 27 09 02 |
| 4. APIECIONEK Vicenty | 16.387 | 12 07 96 |
| 5. DE LOOSE Lucien    | 15.049 | 01 07 87 |
| 6. ALPAERTS Ludo      | 14.697 | 11.07.97 |
| 7. VANLEENE Paul      | 13.602 | 12 07 96 |
| 8. DRIEGHE Ernest     | 13.561 | 25 09 98 |
| 9. MARCKX René        | 13.461 | 12 07 96 |
| 10. VERSCHAEREN Ward  | 12.731 | 04 07 90 |

**ver**

|                      |      |          |
|----------------------|------|----------|
| 1. SUY René          | 5,93 | 07 06 92 |
| 2. EYCKMANS Gert     | 5,56 | 10 06 23 |
| 3. THYS Rob          | 5,54 | 22 09 19 |
| 4. VAN HEE Danny     | 5,45 | 21 04 06 |
| 5. COP Jerome        | 5,41 | 05 06 95 |
| 6. MEEUSEN Danny     | 5,41 | 11 06 06 |
| 7. HAVERHALS Jan     | 5,39 | 08 06 03 |
| 8. VAN ALSTEIN Marc  | 5,32 | 28 08 88 |
| 9. BAZZADIO Jacky    | 5,26 | 12 07 25 |
| 10. WILLEMSSENS Eric | 5,20 | 24 07 94 |

**hoog**

|                      |      |          |
|----------------------|------|----------|
| 1. HAVERHALS Jan     | 1,75 | 16 05 04 |
| 2. VAN HEE Danny     | 1,70 | 14 05 06 |
| 3. EYCKMANS Gert     | 1,61 | 11 06 23 |
| 4. STIENEN Henri     | 1,60 | 27 09 08 |
| 5. DRIES John        | 1,58 | 05 09 93 |
| 6. VERWAEST Dirk     | 1,54 | 10 06 01 |
| 7. DE CEULAER Wouter | 1,51 | 08 06 14 |
| 8. THYS Rob          | 1,51 | 10 06 18 |
| 9. VAN ROSSUM Luc    | 1,48 | 04 06 89 |
| 10. DRIEGHE Ernest   | 1,48 | 29 05 94 |

**polsstok**

|                    |      |          |
|--------------------|------|----------|
| 1. ZWINNEN Patrick | 3,40 | 15 05 05 |
| 2. EYCKMANS Gert   | 1,80 | 26 05 24 |

**10000 meter**

|                        |          |          |
|------------------------|----------|----------|
| 1. VAN CAMPFORT Albert | 32.22.2  | 02 10 92 |
| 2. DE PAUW Staf        | 33.14.25 | 01 09 91 |
| 3. SLAETS Kris         | 33.35.97 | 20 06 98 |
| 4. ENGELS Karel        | 34.50.32 | 10 06 90 |
| 5. APIECIONEK Vicenty  | 35.09.53 | 16 09 94 |
| 6. GOVAERTS Johan      | 35.13.61 | 26 09 97 |
| 7. DE PAUW Rudy        | 35.53.57 | 26 09 97 |
| 8. BICKER Benny        | 35.59.26 | 04 05 13 |
| 9. DE CLERCQ Norbert   | 36.15.8  | 04 10 91 |
| 10. VERRIJDT Frans     | 36.29.27 | 10 06 90 |

**150m**

|                    |       |          |
|--------------------|-------|----------|
| 1. MAERVOET Wim    | 17.93 | 13 09 25 |
| 2. BAZZADIO Jacky  | 19.34 | 13 09 25 |
| 3. EYCKMANS Gert   | 20.05 | 14 07 24 |
| 4. BJURSTRÖM Tomas | 20.58 | 13 09 25 |
| 5. BAELE Lieven    | 21.18 | 13 09 25 |
| 6. STIENEN Henri   | 21.92 | 27 08 23 |

**600m**

|                    |         |          |
|--------------------|---------|----------|
| 1. BJURSTRÖM Tomas | 1.29.3  | 28 07 18 |
| 2. BAZZADIO Jacky  | 1.29.82 | 28 07 18 |
| 3. RONDAS Tom      | 1.31.60 | 03 07 16 |

**200m horden (0,762m)**

|                  |       |          |
|------------------|-------|----------|
| 1. THYS Rob      | 29,53 | 05 08 16 |
| 2. HAVERHALS Jan | 32,69 | 26 07 13 |

**400m horden (0,91m)**

|                   |       |          |
|-------------------|-------|----------|
| 1. THYS Rob       | 57.49 | 19 05 19 |
| 2. GOVAERTS Johan | 70.19 | 14 04 96 |

**400m horden (0,84m)**

|                  |       |          |
|------------------|-------|----------|
| 1. EYCKMANS Gert | 67.63 | 12 06 22 |
|------------------|-------|----------|

**2 mijl**

|                 |         |          |
|-----------------|---------|----------|
| 1. BICKER Benny | 10.23.5 | 29 09 07 |
|-----------------|---------|----------|

**3000m steeple (0,91m)**

|             |         |          |
|-------------|---------|----------|
| 1. THYS Rob | 9.55.65 | 23 05 14 |
|-------------|---------|----------|

**hinkstap**

|                  |       |          |
|------------------|-------|----------|
| 1. THYS Rob      | 11,7  | 16 06 18 |
| 2. STIENEN Henri | 11,06 | 02 06 07 |
| 3. EYCKMANS Gert | 10,71 | 21 06 25 |
| 4. SUY René      | 10,15 | 22 08 92 |

**kogel(5kg)**

|                         |       |          |
|-------------------------|-------|----------|
| 1. VANDEN BOSSCHE Bruno | 10,49 | 11 06 16 |
|-------------------------|-------|----------|

**kogel(6kg)**

|                         |       |          |
|-------------------------|-------|----------|
| 1. VANDEN BOSSCHE Bruno | 11,00 | 26 09 09 |
| 2. STIENEN Henri        | 9,49  | 15 05 22 |
| 3. EYCKMANS Gert        | 7,82  | 26 05 24 |

**discus(1kg)**

|                         |       |          |
|-------------------------|-------|----------|
| 1. VANDEN BOSSCHE Bruno | 39,56 | 05 08 18 |
|-------------------------|-------|----------|

**discus(1,5kg)**

|                         |       |          |
|-------------------------|-------|----------|
| 1. VANDEN BOSSCHE Bruno | 38,35 | 08 08 10 |
| 2. STIENEN Henri        | 31,49 | 29 08 21 |
| 3. EYCKMANS Gert        | 27,80 | 20 05 24 |

**discus(1kg)**

|                         |       |          |
|-------------------------|-------|----------|
| 1. VANDEN BOSSCHE Bruno | 33,50 | 20 08 23 |
|-------------------------|-------|----------|

|                                                                           |                             |                 |                                                                       |                             |                 |
|---------------------------------------------------------------------------|-----------------------------|-----------------|-----------------------------------------------------------------------|-----------------------------|-----------------|
| <b><u>kogel (7,260kg)</u></b>                                             |                             |                 | <b><u>discus(2kg)</u></b>                                             |                             |                 |
| 1. GULDENTOPS Wim                                                         | 12,11                       | 08 10 11        | 1. VANDEN BOSSCHE Bruno                                               | 42,02                       | 18 04 97        |
| 3. VAN HEE Danny                                                          | 11,99                       | 19 05 06        | 2. DRIES John                                                         | 31,20                       | 03 07 93        |
| 4. VANDEN BOSSCHE Bruno                                                   | 11,87                       | 09 06 96        | 3. VAN HEE Danny                                                      | 29,55                       | 19 05 06        |
| 5. DRIES John                                                             | 9,75                        | 02 07 93        | 4. STIENEN Henri                                                      | 27,68                       | 06 08 11        |
| 6. STIENEN Henri                                                          | 9,59                        | 30 09 07        | 5. GULDENTOPS Wim                                                     | 23,89                       | 08 10 11        |
| 7. GRAUS Igor                                                             | 9,29                        | 28 06 02        | 6. THYS Rob                                                           | 23,31                       | 19 08 23        |
| 8. WILLEMSSENS Eric                                                       | 9,28                        | 14 05 95        | 7. FABRI Paul                                                         | 22,04                       | 21 05 89        |
| 9. DE CEULAER Wouter                                                      | 9,06                        | 15 05 16        | 8. DE CEULAER Wouter                                                  | 21,83                       | 10 05 15        |
| 10. SUY René                                                              | 8,95                        | 06 09 91        | 9. WILLEMSSENS Eric                                                   | 21,70                       | 29 07 95        |
|                                                                           |                             |                 | 10. VAN DEN BOSCH Freddy                                              | 21,13                       | 08 06 03        |
| <b><u>speer (800g)</u></b>                                                |                             |                 | <b><u>speer (700g)</u></b>                                            |                             |                 |
| 1. VAN MENSEL Marc                                                        | 55,47                       | 13 06 15        | 1. STIENEN Henri                                                      | 36,02                       | 25 09 21        |
| 2. WILLEMSSENS Eric                                                       | 43,90                       | 08 06 97        | 2. EYCKMANS Gert                                                      | 28,64                       | 10 08 24        |
| 3. VAN HEE Danny                                                          | 43,77                       | 11 06 06        | <b><u>hamer (7,260kg)</u></b>                                         |                             |                 |
| 4. STIENEN Henri                                                          | 42,01                       | 11 05 08        | 1. GULDENTOPS Wim                                                     | 42,79                       | 17 09 11        |
| 5. DRIES John                                                             | 40,16                       | 02 04 93        | 2. STIENEN Henri                                                      | 18,08                       | 18 09 11        |
| 6. DE CONICNK Peter                                                       | 37,18                       | 13 05 12        | <b><u>hamer (6kg)</u></b>                                             |                             |                 |
| 7. DE PAUW Staf                                                           | 34,42                       | 28 08 88        | 1. STIENEN Henri                                                      | 20,43                       | 04 07 21        |
| 8. FABRI Paul                                                             | 33,28                       | 17 06 90        | <b><u>gewichtwerpen (15,88kg)</u></b>                                 |                             |                 |
| 9. GULDENTOPS Wim                                                         | 30,49                       | 08 10 11        | 1. GULDENTOPS Wim                                                     | 13,18                       | 08 10 11        |
| 10. <b>BJURSTROM Tomas</b>                                                | <b>29,94</b>                | <b>18 05 25</b> | 2. STIENEN Henri                                                      | 6,42                        | 19 10 08        |
| <b><u>5-kamp (M35-M45)</u></b>                                            |                             |                 | <b><u>gewichtwerpen (11,34kg)</u></b>                                 |                             |                 |
| 1. STIENEN Henri                                                          | 2393p                       | 03 06 07        | 1. STIENEN Henri                                                      | 8,83                        | 16 04 22        |
| 2. WILLEMSSENS Eric                                                       | 1793p                       | 29 07 95        | <b><u>werp 5-kamp</u></b>                                             |                             |                 |
| 3. DRIEGHE Ernest                                                         | 1772p                       | 29 07 95        | 1. GULDENTOPS Wim                                                     | 2352p                       | 08 10 11        |
| <b><u>5-kamp (M50+)</u></b>                                               |                             |                 | 2. STIENEN Henri                                                      | 2032p                       | 04 07 21        |
| 1. EYCKMANS Gert                                                          | 2971p                       | 10 08 24        | <b><u>10-kamp (M50+)</u></b>                                          |                             |                 |
| 2. STIENEN Henri                                                          | 2500p                       | 02 07 23        | 1. EYCKMANS Gert                                                      | 5713p                       | 20 05 24        |
| <b><u>4 x 100 meter</u></b>                                               |                             |                 | <b><u>4 x 100 meter</u></b>                                           |                             |                 |
| 1. <b>Jacky BANZADIO, Tomas BJURSTRÖM, Daniel CHOUKROUN, Wim MAERVOET</b> | <b>48.23</b>                | <b>24 08 25</b> | 1. Tom RONDAS, Wim VAN REETH, Jacky BANZADIO, Rob THYS                | 1.43.20                     | 27 08 17        |
| 2. Wim VAN REETH, Tom RONDAS, Rob THYS, Jacky BANZADIO                    | 48.60                       | 12 09 20        | 2. René SUY, Ernest DRIEGHE, Gaston CORNELIS, Eric WILLEMSSENS        | 1.46.61                     | 30 08 95        |
| 3. Jacky BANZADIO, Wim MAERVOET, Tomas BJURSTRÖM, Mattieu TOEBOSCH        | 50.09                       | 24 08 24        | 3. Henri STIENEN, Alex MASELIS, Danny MEEUSEN, Erik MERCKX            | 1.51.08                     | 24 08 08        |
| René SUY, Ernest DRIEGHE, Gaston CORNELIS, Eric WILLEMSSENS               | 50.32                       | 25 06 94        | <b><u>4 x 200 meter</u></b>                                           |                             |                 |
| <b><u>4 x 200 meter</u></b>                                               |                             |                 | 1. Tom RONDAS, Wim VAN REETH, Jacky BANZADIO, Rob THYS                | 3.46.34                     | 11 06 17        |
| 1. Tom RONDAS, Wim VAN REETH, Jacky BANZADIO, Rob THYS                    | 3.52.48                     | <b>15 06 25</b> | 2. Jacky BANZADIO, Tomas BJURSTRÖM, Gert EYCKMANS, Rob THYS           | 3.54.10                     | 02 06 24        |
| 2. <b>Jacky BANZADIO, Tomas BJURSTRÖM, Daniel CHOUKROUN, Wim MAERVOET</b> | 3.54.5                      | 17 06 90        | 3. Jacky BANZADIO, Tomas BJURSTRÖM, Gert EYCKMANS, Rob THYS           | 3.54.9                      | 02 06 91        |
| 3. Jacky BANZADIO, Tomas BJURSTRÖM, Gert EYCKMANS, Rob THYS               | 3.54.99                     | 07 06 92        | 4. Leo VAN DEN BROECK, Marc VAN ALSTEIN, Luc VAN ROSSUM, Staf DE PAUW | 3.55.06                     | 02 06 19        |
| 4. Leo VAN DEN BROECK, Marc VAN ALSTEIN, Luc VAN ROSSUM, Staf DE PAUW     | 3.58.38                     | 14 06 09        | 5. Albert VAN CAMPFORT, Francois LAEREMANS, Staf DE PAUW, Jozef KAHAN | 3.58.75                     | 28 05 22        |
| 5. Albert VAN CAMPFORT, Francois LAEREMANS, Staf DE PAUW, Jozef KAHAN     | 3.58.79                     | 25 08 19        | 6. Jozef KAHAN, Fred GELDOF, Paul VANLEENE, René MICHIELS             | <b><u>4 x 400 meter</u></b> |                 |
| 6. Jozef KAHAN, Fred GELDOF, Paul VANLEENE, René MICHIELS                 | <b><u>4 x 400 meter</u></b> |                 | 1. Tom RONDAS, Wim VAN REETH, Jacky BANZADIO, Rob THYS                | 3.46.34                     | 11 06 17        |
| 7. Jacky BANZADIO, Tom RONDAS, Gert EYCKMANS, Rob THYS                    | 3.46.34                     | 11 06 17        | 2. Jacky BANZADIO, Tomas BJURSTRÖM, Gert EYCKMANS, Rob THYS           | 3.52.48                     | <b>15 06 25</b> |
| 8. Ivo FRANCK, Wim VAN REETH, Joost THEUWISSEN, Henri STIENEN             | 3.54.10                     | 02 06 24        | 3. Jacky BANZADIO, Tomas BJURSTRÖM, Gert EYCKMANS, Rob THYS           | 3.54.5                      | 17 06 90        |
| 9. Gert EYCKMANS, Rob THYS, Jacky BANZADIO, Wim VAN REETH                 | 3.54.9                      | 02 06 91        | 4. Leo VAN DEN BROECK, Marc VAN ALSTEIN, Luc VAN ROSSUM, Staf DE PAUW | 3.54.99                     | 07 06 92        |
| 10. Gert EYCKMANS, Tom RONDAS, Jacky BANZADIO, Jorre DE SCHRIJVER         | 3.55.06                     | 02 06 19        | 5. Albert VAN CAMPFORT, Francois LAEREMANS, Staf DE PAUW, Jozef KAHAN | 3.54.99                     | 07 06 92        |
| <b><u>4 x 800 meter</u></b>                                               |                             |                 | 6. Jozef KAHAN, Fred GELDOF, Paul VANLEENE, René MICHIELS             | 3.55.06                     | 02 06 19        |
| 1. BANZADIO Jacky, Benny BICKER, Tom RONDAS, Rob THYS                     | 9.00.27                     | 08 09 19        | 7. Jacky BANZADIO, Tom RONDAS, Gert EYCKMANS, Rob THYS                | 3.58.38                     | 14 06 09        |
| 2. Bart BERVOETS, Benny BICKER, Tom RONDAS, Rob THYS                      | 9.24.57                     | 28 08 16        | 8. Ivo FRANCK, Wim VAN REETH, Joost THEUWISSEN, Henri STIENEN         | 3.58.75                     | 28 05 22        |
| 3. Benny BICKER, Danny MEEUSEN, Alex MASELIS, Henri STIENEN               | 10.02.04                    | 24 08 08        | 9. Gert EYCKMANS, Rob THYS, Jacky BANZADIO, Wim VAN REETH             | 3.58.79                     | 25 08 19        |
| <b><u>4 x 1500 meter</u></b>                                              |                             |                 | <b><u>4 x 800 meter</u></b>                                           |                             |                 |
| 1. Benny BICKER, Walter LOFGREN, Joost THEUWISSEN, Tom RONDAS             | 18.49.41                    | 30 08 15        | 1. BANZADIO Jacky, Benny BICKER, Tom RONDAS, Rob THYS                 | 9.00.27                     | 08 09 19        |
| 2. Benny BICKER, Danny MEEUSEN, Walter LOFGREN, Henri STIENEN             | 19.08.02                    | 19 08 07        | 2. Bart BERVOETS, Benny BICKER, Tom RONDAS, Rob THYS                  | 9.24.57                     | 28 08 16        |
|                                                                           |                             |                 | 3. Benny BICKER, Danny MEEUSEN, Alex MASELIS, Henri STIENEN           | 10.02.04                    | 24 08 08        |

